



Apprenticeships

♦ www.apprenticeships.gov.ukJobs

- ♦ www.gov.uk/jobsearch
- ♦ www.indeed.co.uk

Drugs, Advice and Guidance

◆ FRANK -Call: 03001 236 600 or text: 82111 Website: www.talktofrank.com Childline

♦ Call: 0800 1111 - www.childline.org.uk

Northern Lights Counselling

www.northernlightscounselling.co.uk Tel:01723 364685

Fearless / Crime Stoppers

 Report crime anonymously www.fearless.org

NSPCC

◆ *Call: 08088 005 000 www.nspcc.org.uk* **IDAS**

♦ Independent Domestic Abuse Service Helpline: 03000110110

www.idas.org.uk

IDAS Rape Support Line: 0300 111 0777

Housing

- ◆ Ryedale Housing Association Ryedale House, Old Malton Rd, Malton YO17 7HH
- SASH Help for 16-25YRs who find themselves homeless, www.sash-uk.org.uk
- Stonham Home Stay -Scarborough & Ryedale homeless prevention service, www.stonhamhomestay.org.uk

<u>Libraries</u> (www.northyorks.gov.uk/ article/23969/Local-libraries)

- ♦ Kirkbymoorside
- ♦ Malton
- ♦ Helmsley
- ♦ Pickering
- ♦ Norton Hive

Music projects

North Yorkshire Music Action Zone www.nymaz.org.uk

Sports

 North Yorkshire Sport - sports groups directory -

www.northyorkshiresport.co.uk

Outdoor Centres

◆ Carlton Lodge Activity Centre -Carlton Miniott, Thirsk, YO7 4NJ Tel: 01845 522 145, www.carltonlodge.org.uk

Sexual Health

- ◆ Barnardos Prouder Communities www.barnardos.org.uk/what-we-do/ supporting-young-people/LGBTQ
- Human Kind- Free, confidential support for alcohol, drugs, housing or mental health www.humankindcharity.org.uk
- YorSexualHealth Confidential sexual health service. www.yorsexualhealth.org.uk

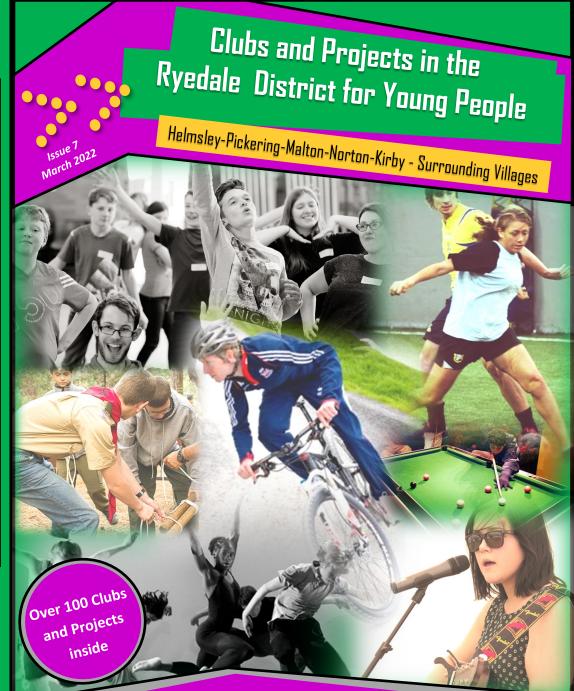
Young Carers

 Carers Plus Yorkshire - Supporting unpaid family carers.
 www.carersplus.net
 01723 850155

This booklet has been produced by:

North Yorkshire Youth Carlton Lodge Activity Cenre Carlton Miniott Thirsk YO7 4NJ Tel: 01845 522 145 e-mail: info@nyy.org.uk





Please note that age limits vary and there may be costs take part in activities publicised. All information provided in this leaflet is secondary research and may not be completely accurate. For any updates please email ian@nyy.org.uk

By becoming a Volunteer you could...

Help others and change lives for

- the betterHelp a cause close to your heart
- Do something positive in your spare time
- Meet new people and make new friends
- Make your community a better place
- Learn new skills
- Share your skills with others
- Put what you are doing on your personal statement or CV
- Use your experience to get a job
- Give something back
- Receive recognition and praise, locally, nationally and internationally.

There are some fantastic volunteering opportunities out there for a range of ages so please get involved now!

Volunteering Websites

- Vinspired www.vinsired.com/volunteer
- Community First Yorkshire —
 www.communityfirstyorkshire.org.uk/volunteering
- Volunteering Matters www.volunteeringmatters.org.uk

Please email Ian@nyy.org.uk if you would like to:

- Provide a volunteering opportunity for a young person
- If you know of an adult (aged 18+) who would be interested in volunteering in a local youth project, Buddy Network or starting their own group.



>> Voluntary Youth Clubs / Projects

(For more information contact North Yorkshire Youth on 01845 522 145)

Ebberston and Allerston Youth Group

Wednesday,7:00-9:00pm

for ages 11-19

Allerston Village Hall

Huttons Ambo Youth Group

First Monday of the month

7:00pm - 8:30pm

for ages 7 - 18

at Huttons Ambo Village Hall

Sherifff Hutton

Thursday—fortnightly 6:30pm - 8:00pm for Yr6 pupils up - 19rs old at Sheriff Hutton Village Hall

Kirkbymoorside Youth Club

Friday 6:30pm - 8.00pm

for ages 10 - 18

at The Moor Rooms, Kirkbymoorside







Music Clubs

◆ Ryedale School of Music - www.ryedlae-musiclessons.co.uk

Netball

◆ Pickering Netball Club - bgrady@ladylumleys.freeserve.co.uk

Outdoor Clubs

◆ Peat Rigg Outdoor Training Centre - www.peatrigg.org

Rugby

♦ Malton and Norton RUFC - www.pitchero.com/clubs/maltonandnorton/

<u>Scouts and Explorers</u> (To find your local scout group North Yorkshire Scouts - www.nys.org.uk Tel:01845 523858 Email: office@nys.org.uk

- **♦** Helmsley
- ♦ Kirkbymoorside
- Malton
- Norton
- ♦ Pickering
- **♦** Rillington

Swimming Pools

- ♦ Norton 01653 693407
- ♦ Pickering-01751 473351
- ♦ Helmsley 01439 408010
- ◆ Ampleforth 01439 766740

<u>Tennis</u>

- ♦ Ryedale Tennis Club Mrs O'Donnel Tel: 01751 473101
- ◆ Pickering Tennis Club Mr Grady—Tel: 01751 473101
- ◆ Sheriff Hutton Tennis Club Mrs Johnson— Tel: 01347 878626 Email: josephinejohnson6@gmail.com
- ♦ Kirkbymoorside Tennis Club 01751433357 Email: wardie08@hotmail.co.uk
- ◆ Malton Tennis Club secretary@maltontennis.co.uk

Theatre / Performing Arts

- ♦ Malton Stage Coach www.stagecoach.co.uk/malton
- ♦ Kirkham Henry Performing Arts Centre Malton— www.kirkhamhenry.co.uk
- ◆ Ryedale Youth Theatre www.ryedale youththeatre.co.uk
- ◆ FUSE Theatre A youth theatre group providing opportunities for disabled and non-disabled young people to work together on workshops and performances—Every Wednesday, 6.00-7.30pm for 11-19 year olds at Ryedale Children and Families Hub, Malton Road, Pickering.

::::• A - Z of Activities



Air Cadets

♦ Ryedale Squadron - Air Training Cops. Joint Cadet Centre, Langton Road, Norton, North Yorkshire, YO17 9AE —Tel 07855002620

Angling Clubs

- ♦ Ryedale Junior Anling Club Call Mr Crafton 01653696785— Email: rjacfishing@tiscali.net
- ♦ Malton And Norton Angling Club Call Mr Fox 01653 600338, www.facebook.com/ Maltonnortonanglingclub

Army Cadets

Malton– www.armycadets.com/county/yorkshire-north-and-west-acf/ Badminton

- ♦ Pickering Badminton Club www.pickeringbadminton.co.uk
- ♦ Slingsby Badminton Club www.slingsbyvillage.co.uk/clubs-societies

Bike Park

♦ Newbridge Bike Park (Pickering) - www.newbridgepark.co.uk

Canoeing

 Malton and Norton Canoeing Club - www.maltonandnortoncanoeingclub.wordpress.com/ contacts

Cricket - (www.ryedale.co.uk/ryedale/sport/cricket/cricket.html)

- ♦ Hovingham Cricket Club -www.facebook.com/HovinghamCC
- ♦ Ebberston Cricket Club Call Mr Winspear Tel: 01723 507978
- ♦ Heslerton Cricket Club Call Mr Nutt, Tel: 01723 859616
- ♦ Wykham Cricket Club www.wykehamcc.co.uk
- ♦ Kirkbymoorside Cricket Club www.pitchero.com/clubs/kirkbymoorsidecricketclub
- ♦ Malton and Old Malton Cricket Club www.maltonandoldmaltoncricketclub.co.uk
- ♦ Nawton Grange Cricket Club— Call Mr Collier on 10439 771212
- ♦ Pickering Cricket Club www.pitchero.co./clubs/pickeringcricket club
- ♦ Sheriff Hutton Bridge Cricket Club www.sheriffhuttonbridge.play-cricket.com
- ♦ Thortnon-le-Dale www.thorntondale.cc.co.uk
- ◆ Thixendale Cricket Club –Call Ms England on 01653 658215
- ♦ Westow Cricket Club www.westow cricketclub.co.uk
- ♦ Ryedale Cricket Development Group —Call Mr Chatton on 01653 600666,

Email: chrischatton@ryedale.gov.uk

♦ Duncombe Park Junior Cricket Club −Call Mr P Silk Tel:01439 770128

Cycling

- ♦ Malton Wheelers RC www.maltonwheelers.weebly.com
- ♦ Northern Ride -Malton-www.northernride.com Email: ash@northernride.com Dance
- ♦ Dance Expression Malton www.danceexpression.co.uk
- ♦ Kirkham Henry Performing Arts Centre Malton— www.kirkhamhenry.co.uk
- ♦ Sarah Ashworths School of Dance www.sarah-louiseashworthschoolofdance.co.uk

Football - (ryedale.co.uk/sport/football.html)

Pickering Town Junior Community FC - Email: Stephan Chapman -Club Secretaty, Pickeringsec@aol.com www.pickeringtownfc.teamexpert.co.uk

- ★ Kirkbymoorside FC Contact Mr Alexander on 017751 431162 Email: angus.alexander@tesco.net
- ◆ Brooklyn Junior Football Club Contact Mr C Lloyd, Tel: 10653 693682 info@brooklynjfc.co.uk
- Malton &Norton FC
- ♦ Gillamoor & Norton FC
- Old Malton St Marys FC
- West Heslerton FC
- ♦ Sheriff Hutton Ladies Team (14 years old +)
- Old Malton FC
- Sheriff Hutton Football Club

Girl Guides (Including Brownies and Rainbows)

(Website: www.girlguidingnortheast.org.uk)

- **♦** Helmsley
- Malton
- **♦** Norton
- ♦ Rillington
- ♦ Sherburn

Golf

- ♦ Ampleforth Golf Club www.ampleforth.co.uk
- ♦ Ganton Golf Club www.gantongolfclub.com
- ♦ Kirkbymoorside –www.kirkbymoorsidegolf.co.uk
- ♦ Malton and Norton Golf Club www.maltonandnortongolfclub.co.uk
- ♦ Sandburn Hall Golf Club www.sandburnhall.co.uk

Gymnastics

Dance Expression - Malton - www.danceexpression.co.uk

Horse Riding

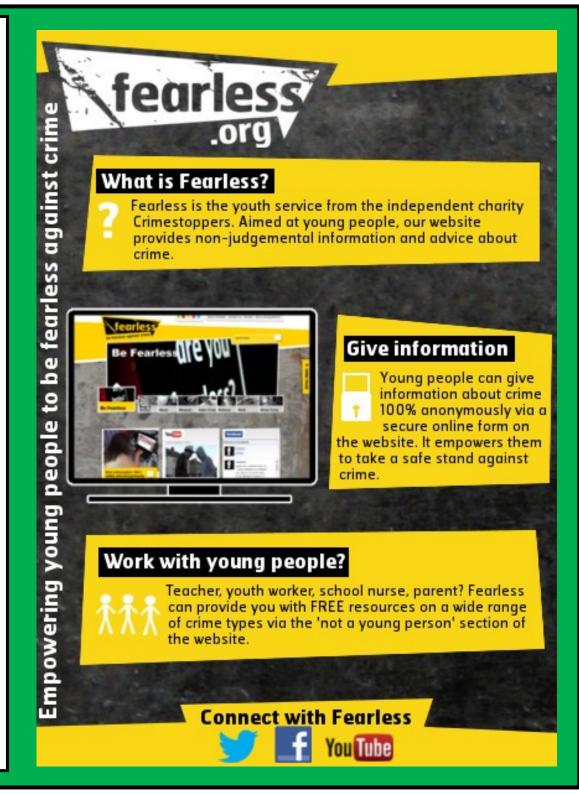
- ♦ Friars Hill Riding Stables Sinnington Tel: 01752 432758
- ♦ Helmsley Riding School- Helmsley, York, YO62 5AT Tel: 01439 770355

Leisure, Sports and Fitness Centres

- ♦ Malton Community Fitness Centre www.maltonsport.org
- ♦ Pickering Leisure Centre www.everyoneactive.com/centre/ryedale-sport-centre
- ♦ Ryedale Swim and Fitness Centre Pickering—www.everyoneactive.com
- ♦ St Albans Sports Centre Ampleforth www.sac.ampleforth.org.uk

Martial Arts

- ♦ Budo-Kan-Karate-Do www.budo-kan-karate-do.co.uk
- ♦ United Martial Arts Malton www.united-martialarts.co.uk
- ♦ **Dojo & Self Defence** Malton— www.dojo.co.uk/malton





The Calendar features 12 winning photographs taken by young people from across North Yorkshire.

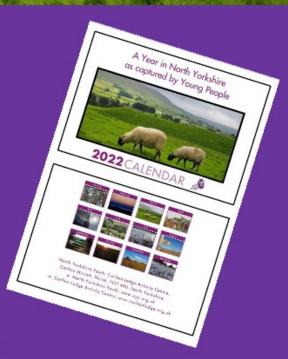
There is a seasonal photo for each month, it will brighten up your wall and make a great Christmas gift.

£10.59 including postage, (proceeds will fund the project next year)

> To order please contact Annalisa on:

> > 01845 522145

or email: annalisa@nyy.org.uk







to hear from you.





JOIN US ON FACEBOOK



FOLLOW US ON TWITTER





