

::: Useful Information...



Apprenticeships

♦ www.apprenticeships.gov.uk

- ♦ www.gov.uk/jobsearch
- ♦ www.indeed.co.uk

16 - 19 and not in Education,

Employment or Training?

(NYCC Children and families support workers)

♦ Selby Tel: 01609 532343

FRANK (Support with Drugs)

◆ Tel: 03001 236 600 or text: 82111 Website: www.talktofrank.com

Childline

♦ Tel: 0800 1111 - www.childline.org.uk NSPCC

♦ Tel: 08088 005 000 Email: help@nspcc.org.uk Website: www.nspcc.org.uk

IDAS (Independent Domestic Abuse Service)

- ♦ www.idas.org.uk
- ♦ Domestic Abuse Helpline: 03000 110 110
- ♦ Rape Support Line: 0300 111 0777

Sexual Health

♦ Yorsexualhealth www.yorsexualhealth.org.uk

Housing

♦ www.selby.gov.uk

Are you a Young Carer?

♦ For information and advice Tel: 01423 799135 or email- neyc@actionforchildren.org.uk

Libraries (www.northyorks.gov.uk/ article/23969/Local-libraries)

- ♦ Selby
- Barlby
- Sherburn
- ◆ Tadcaster

Sports and Leisure

♦ For general Information and guidance contact Selby Leisure Centre on 01757 213758 or Emailleisureenquiries@wlct.org

North Yorkshire Music Action Zone

- ♦ Make Music Happen www.nymaz.org.uk North Yorkshire Sport
- ♦ www.northyorkshiresport.co.uk
- ♦ A way to report crime anonymously www.fearless.org

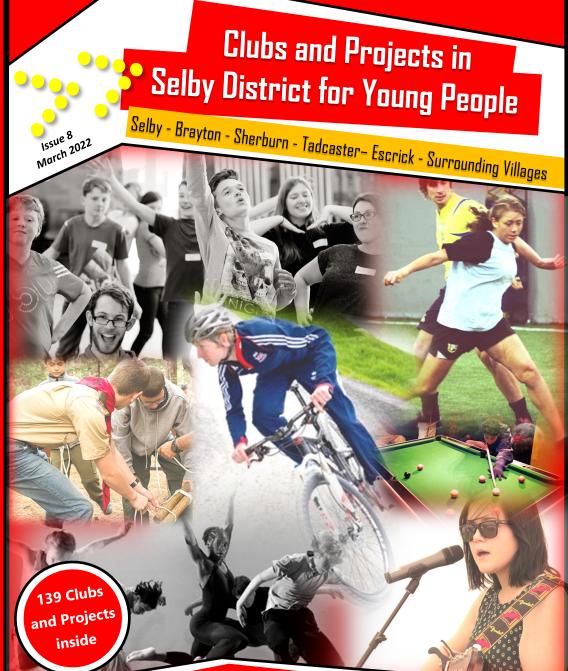


This booklet has been produced by:

North Yorkshire Youth Carlton Lodge Carlton Miniott YO7 4NJ Tel: 01845 522 145 e-mail: info@nyy.org.uk







Please note that age limits vary and there may be costs to take part in activities publicised. All information provided in this leaflet is secondary research and may not be completely accurate. Restrictions may be in place due to Covid-19

::: A - Z of Activities



Archery

◆ Selby Archery Club - Runs on the grounds of Selby R.U.F.C. (Sandhill Lane)- for 8+ years olds-www.selbyarchers.org.uk— Email— Len.Dunn@talktalk.net Call: Len 01405 860142

Army Cadets

◆ Selby Army Cadets - Runs every Monday and Wednesday at Cadet Centre, (Armoury Road) 7:30pm-9:30pm for 12-18 year olds www.armycadets.com

Badminton

- ◆ Selby Jubilee Badminton Club Runs every Thursday at Brayton High School (Sports Hall) - 7:30pm-10:00pm www.selbyjubilee.net-
 - Email: info@selbyjubilee.net Call: Tim- 07846257394
- ◆ Tadcaster 86 Badminton Club Runs every Thursday at Tadcaster Leisure Centre-8:00pm-10:00pm-www.tadcaster86badminton.co.uk Email: info@tadcaster86badminton.co.uk Call: Andrew 07775585650

Boxing

◆ Selby Boxing Academy - Runs every Tuesday, Thursday and Saturday at The Autoland Building (Canal Road) - 5:30pm-6:30pm for 5-16 year olds −6:30pm-7:30pm for 14+ year olds - Saturdays 9:30am-11:30am (No under 10's on a Saturday)

Call: Mickey 07790867797

Cheerleadina

◆ Abbey Warrior Cheerleaders - Runs every Saturday at Brayton Community Centre for 7+ year olds.

Choirs

- ◆ The Abbey Belles Chorus Runs every Tuesday at Standering Hall (entrance via Audus Street) 7:30pm-10:00pm for 14+ year olds www.abbeybelles.co.uk Email- nathaliep2010@gmail.com Call: Nathalie 01757 213901
- ◆ Hemingbirds-Ladies Only Choir Runs every Tuesday at The Crown Inn Hemingbrough-7:30pm-9:30pm for 16+ year olds— Email-hemingbirds@gmail.com

Cricket

- ◆ Bolton Percy Cricket Club -www.boltonpercy.play-cricket.com Call: Michael 01904 744693
- ♦ Burn Cricket Club Call: Richard 01302 707040
- ◆ Burton Salmon Cricket Club www.burtonsalmon.play-cricket.com Call: John 01977 684444
- ◆ Carlton Towers Cricket Club www.carlotontowers.play-cricket.com Call: Stephen 01405 862121
- ◆ Cawood Cricket Club Call: Alison 01757 269317
- ◆ Church Fenton Cricket Club Call: Beryl 01937 557414



CLICK CLEVER CLICK SAFE



Welcome to the Click Clever Click Safe campaign, brought to you by the UK Council for Child Internet Safety.

Internet safety advice for YOUNG PEOPLE



ZIP IT
Keep your personal stuff private and think about what you say and do online



BLOCK IT
Block people who send
nasty messages and
don't open unknown
links and attachments



FLAG IT
Flag up with someone
you trust if anything
upsets you or if
someone asks to
meet you online.

The internet is a great way to see more, learn more and have lots of fun.

To help you enjoy it safely, you should follow the Click Clever, Click Safe Code.







Voluntary Youth Clubs/Projects

- ◆ Barlby and Osgodby Youth Club Runs every Wednesday at Osgodby Institute -6:00pm-7:15pm for 8-11 year olds (Primary) and 7:30pm-9:00pm for 11-16 year olds (Secondary) Email: bee-able@hotmail.com
- ◆ Spectrum Youth Ability Group -Runs every Monday at The Barn (Manor Farm, Tadcaster)
 -7:00pm-9:00pm for 14-25 year olds Email: spectrumyouthgroup@aol.com

North Yorkshire Youth (www.nyy.org.uk)

- ◆ Sherburn Juniors Youth Club 7:00pm-9:00pm for years 7 & 8 Email: charlotte@nyy.org.uk Tel: Charlotte 07825659425
- ◆ Tadcaster Youth Club Runs every Wednesday at The Barn (Tadcaster) 6:30pm-8:00pm for 11-16 year olds www.weyp.org.uk Email charlotte@nyy.org.uk Tel: Charlotte 07825659425

North Yorkshire County Council - Youth Provision

- ◆ Selby South Youth Club Runs every Thursday at The Church on the crossroads (Salvation Army Hall-BarwicK Parade) 5:45pm-7:15pm for 11-13 year olds, Email: selbynorthcc@northyorks.gov.uk
- ◆ Sherburn Seniors Youth Club Runs every Wednesday- 7:00pm-8:30pm for 14-19 year olds Tel: 01609 534720









For healthy minds in North Yorkshire

The Go-To website is the home of wellbeing and mental health for young people in North Yorkshire.

We're here to signpost young people, parents, carers and professionals to the right help and support.

Visit www.thegoto.org.uk



By becoming a volunteer you could...

· *

- Help others and change lives for the better
- Help a cause close to your heart
- Do something positive in your spare time
- Meet new people and make new friends
- Make your community a better place
- Learn new skills
- Share your skills with others
- Put what you are doing on your personal statement or CV
- Get free training
- Use your experience to get a job
- Give something back
- Receive recognition and praise, locally, nationally and internationally



Useful Links:

- Vinspired-www.vinspired.com/volunteer
 - ◆ Do It-www.do-it.org
- Selby District Volunteer Centrewww.selbydistrictavs.org.uk



St John's Ambulance

- ◆ Selby St Johns Ambulance for 7+ year olds Email: north-east-volunteering@sja.org.uk, Tel: 01924268672
- ◆ Sherburn St Johns Ambulance for 7+ year olds Email: north-east-volunteering@sja.org.uk Tel: 01924268672

Swimming

- Selby Tiger Sharks Swimming Club www.selbytigersharks.org Email: stevethorn@skv.com
- ♦ Tadcaster Swim Squad www.tadcasterpool.org.uk-Email: info@tadcasterpool.org.uk
- ◆ Selby Leisure Centre www.wlct.org

Tennis

- ◆ Cawood Tennis Club Tel: 01757 268416
- ♦ Escrick Tennis Club Email: keithfbrown@hotmail.co.uk or jill@smowton.net
- ♦ Riccall Tennis Club- www.riccalltennisclub.co.uk
- ◆ Selby Tennis Club www.selbytennisclub.com
- ♦ Sherburn Tennis Club Tel: 01977 683639 or 01977 672630
- ♦ Wistow Tennis Club www.wistowtennis.co.uk
- ◆ Appleton Roebuck Email: quentin.howat@gmail.com

Theatre/Drama

◆ Jorvik Academy of Performing Arts- Runs Mondays at Jorvik Theatre & Arts Centre, Ousegate, Selby for 7+ years old- 4:30pm-9:00pm (Timings dependant on Age) Email: jorvikacademy@yahoo.co.uk

Triathlon

◆ Yorkshire Vikings Triathlon Team - Runs 5 days a week for 7+ year olds (must be able to swim 100m) Email: sport@yorkshirevikings.org

Walking

♦ Selby Walking Club - Call: Ruth 01757 630446

Young Farmers

◆ Selby Young Farmers - Runs every Thursday (usually) at Scalm Park Golf Club (Wistow) for 10-26 year olds Call: Georgina Saxon 07810780865







Here to support voluntary youth clubs and projects...





North Yorkshire Youth (NYY) offer support and advice to set up, develop and sustain community youth clubs and projects across North

Yorkshire. If you are interested in making a difference in your community and working with local young people then we'd love to hear from you.

For more information please contact:

Charlotte Keable

Youth Development Worker

Selby District charlotte@nyy.org.uk 07825 659 425

- ♦ Fairburn Cricket Club www.fairburncc.org.uk Call: Andrew 01977 517947
- ◆ Hemingbrough Cricket Club www.hemingborough.play-cricket.com Call: Dave 01757 288570
- ♦ Hensall Cricket Club Tel: David 01405 869106
- ◆ Hillam and Monk Fryston Cricket Club www.hillamandmonkfrystoncc.co.uk Tel: 01977685227
- ◆ Saxton Cricket Club www.saxtoncc.co.uk-Email: contactus@saxtoncc.co.uk
 Call: John 01937 557239
- ◆ Selby Cricket Club www.selbycc.co.uk-Email-michael.pearce48@hotmail.co.uk Call: Michael 01757 228747
- ◆ Sherburn Eversley Cricket Club www.secc.play-cricket.com Tel: 01977 682886
- ◆ South Milford Cricket Club www.southmilford.eclipse.co.uk Email: bob@middleton34.freeserve.co.uk Call: Bob 01132 863066
- ◆ Tadcaster Magnet Cricket Club www.tadcastermagnet.play-cricket.com Call: Peter 01937 836156
- ♦ Whitley Bridge Cricket Club Tel: 01977 661648
- ♦ Wistow Cricket Club Tel: 01757 268607

Cycling

- ◆ Selby Cycling Club -www.selbycycling.co.uk Email: p.nicholson35@btinternet.com
- ♦ Monk Fryston Cycling Club www.monkfryston.cc

Dance

- ◆ Chelles Dance Academy All Dance Styles— Classes offered in Selby, Riccall, Kelfield, Hemingbrough Tel: 07952912318
- ◆ Miss Hannahs School of Dance Musical Theatre, Tap, Ballet, Disco, Ball Room and Latin Runs Monday-Saturdays Classes offered in Chapel Haddlesey, Carlton, Snaith, Monk Fryston and Selby for Ages 4+ year olds (Timings may differ dependant on age) www.misshannahs.co.uk Email: hannahhowcroft@hotmail.co.uk Tel: 07707929393

<u>Diving (Scuba)</u>

◆ Selby Sub Aqua Club -Runs every Tuesday at Selby Railway Club- 8:30pm for 14+ year olds- www.selbyscuba.co.uk Email: selbysubaquaclub@gmail.com Tel: 07828691911

<u>Football</u>

- ♦ Barlby Raiders- for ages 8+ www.barlbyraiders.co.uk Email:info@barlbyraiders.co.uk
- ♦ Brayton Belles WFC -for ages under 10's + -www.braytonbelles.co.uk
- ◆ **Brayton FC Juniors** www.pitchero.com/clubs/braytonfc Email: braytonfc32@aol.com or stephencurry@talktalk.net
- ♦ Camblesforth Colts Junior FC Tel: Tracey 01405 860739 or Adrian 01405 869545
- ◆ Cawood Football Club www.pitchero.com/clubs/cawoodfc/
- ◆ Cliffe Football Club www.cliffefc.com
- ◆ Drax Sports and Social Football Club www.draxfc.synthasite.com or www.draxfc.co.uk
- ♦ Hambleton FC Email: Graeme-parker@sky.com

- ♦ Hambleton Lions FC- www.hambletonlions.co.uk
- ♦ Hemingbrough United-www.hemingbroughunited.t83.net Email: hemingbroughunited@live.com
- ♦ Hensall & Kellington FC-www.pitchero.com/clubc/hensallandkellingtonathletic Email: andye@googlemail.com
- ♦ Hounds FC www.houndsfc.com
- ◆ Monk Fryston united FC www.clubwebsite.co.uk/monkfrystonunited
- ♦ Phoenix FC www.phoenixsportsclub.org
- ♦ Riccall United Football Club for 7+ year olds—www.riccallunited.com-Emailliambradley@riccallunited.com Call: Liam 07738370244
- ♦ Selby Olympia Call: Mr Lindsay Adamson 01757 706768
- ◆ Selby RSSC Football Club -www.clubwebsite.co.uk/selbyrssc
- ◆ Selby Town FC-www.pitchero.com/clubs/selbytown Email: toonarkley@yahoo.co.uk
- ♦ Sherburn White Rose Junior FC Call: Gary 01977 682109
- ◆ **South Milford Juniors FC** *Email:* smjfc@dsl.pipex.co.uk
- **♦ Tadcaster Albion FC** www.tadalbion.com
- ◆ **Tadcaster Magnets** www.pitchero.com/clubs/tadcastermagnetsfc/ Email: rich.leedsfan@ntlworld.com
- ◆ Unicorn FC Email: joanne.hopwood@yahoo.co.uk
- ♦ Whitley Wolves Junior FC (Girls & Boys) www.whitleywolves.co.uk

<u>Gliding</u>

♦ Burn Gliding Club - www.burnglidingclub.co.uk Email: burngc@gmail.com Girl Guiding

(Website: girlguidingnortheast.org.uk)-Guiding Present in the following villages-

- ♦ Barlby
- **♦** Barwick Parade
- **♦** Bravton
- ♦ Cawood
- Hambleton
- **♦** Hemingbrough
- ♦ Kellington
- **♦ Monk Fryston**
- ♦ Riccall
- ♦ Selby
- ♦ Sherburn
- ♦ Skipwith
- **♦ Thorpe Wiloughby**
- **♦ Monk Fryston**
- ♦ Wistow



7pm to 9pm at The Barn Youth Centre, St Josephs Street, Tadcaster, LS24 9HA

Spectrum Youth Group is aimed at young people aged 14 - 25 who have additional needs. These can be categorised as physical / emotional / learning disabilities, people on the Autistic spectrum or simply young people who need a more supportive and inclusive social group.

Spectrum aims to help to fill the gap in opportunities for young people with disabilities to develop friendships and reduce social isolation that many experience.

Spectrum will be open to all young people who have a need.

If you know anyone who you think would benefit from this new venture and would like more details please email us at:

spectrumyouthgroup@aol.co.uk

Music Clubs

- ◆ The Ukes of Hazzard (Ukulele Group) Runs every Wednesday 7:00pm-8:00pm & Friday 6:30pm-7:00pm www.themusicroomsselby.co.uk Email: info@themusicroomsselby.co.uk
- ♦ Beginner Guitar Groups R uns every Tuesday and Thursday 4:00pm www.themusicroomsselby.co.uk Email: info@themusicroomsselby.co.uk

Netball

- ◆ Church Fenton Flyers Runs every Sunday at MUGA in Sherburn 7:30pm-9:00pm-Email: ocelynpatel@me.com
- ♦ **Hemingbrough Hawks** www.pitchero.com/clubs/hemingbroughhawksnetballclub/ Email: info@hemingbroughhawks.co.uk
- ◆ Sherburn Netball Club Runs every Monday 7:30pm-9:00pm for 14+ year olds at The Fairway MUGA Email: bevhathaway@hotmail.com

Rugby League

- ◆ **Brotherton Bulldogs** Email— brothertonbulldogs@gmail.com
- ◆ Selby Warriors— for 12+ year olds- www.pitchero.com/clubs/selbywarriors Email: d-sowden@sky.com or c.hazell@raptoruk.co.uk
- ♦ Sherburn Bears ARLFC Tel: 1977 680407 or 07979 542860

Rugby Union

◆ Selby Rugby Union Football Club - (Training and matches vary days and times dependant on age) Email-rugbydev.selbyrufc@btinternet.com Call: Richard-01757 703608 or 07712574113

Running

- ◆ Selby Striders Running Club -runs every Tuesday and Thursday from Selby RUFC (Sandhill Lane) at 6:30pm www.selbystriders.org.uk
- ◆ *Tadcaster Harriers Running Club* Runs every Tuesday from Tadcaster Leisure centre at 6:45pm www.tadcasterharriers.org.uk Email: swindenmark@sky.com

Scouts and Explorers

(For more information Tel: 01845 523 858 email: office@nys.org.uk - Website: www.nys.org.uk or Email: Julie (District Commissioner) jafarley66@hotmail.co.uk) Scouts is for 10-14 year olds.

- ♦ 1st Osgodby Scouts
- ♦ 1st Riccall Scouts
- ♦ 1st Selby Abbey Scouts
- ♦ 6th Selby Brayton
- ♦ 9th Selby Kellington
- ♦ 14th Selby Thorpe Willoughby
- ♦ 15th Selby Brotherton
- ◆ Explorer Unit-14-18years old
- ♦ Young Leaders— 14-18year olds
- ♦ Scout and Guide Band- 8+ year old





The Calendar features
12 winning photographs taken
by young people from across
North Yorkshire.

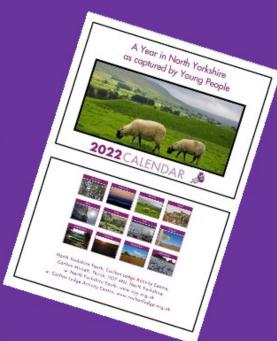
There is a seasonal photo for each month, it will brighten up your wall and make a great Christmas gift.

£10.59 including postage, (proceeds will fund the project next year)

To order please contact Annalisa on:

01845 522145

or email: annalisa@nyy.org.uk



Golf

- ◆ Drax Golf Club www.golftoday.co.uk- www.draxgolfclub.com Email-draxgolfclub@btinternet.com Tel: 01757 617228
- ◆ Scalm Park www.golftoday.co.uk-www.scalmparkleisure.co.uk Email-scalmparkonline@hotmail.co.uk Tel:01757 210 846
- ◆ Scarthingwell www.golftoday.co.uk www.scarthingwellgolfcourse.co.uk Tel: 01937 557878
- Selby Golf Club www.golftoday.co.uk-www.selbygolfclub.co.uk-Emailsecretary@selbygolfclub.co.uk Tel: 01757 228622

Gymnastics

- ◆ Selby Swans Gymnastics Academy Runs every Monday and Tuesday at Bowl and Fun, Mondays- 5:00pm-8:30pm, Tuesdays- 5:30pm-8:30pm (Timings differ for ages and abilities) Message Selby Swans Gymnastic Academy on Facebook or Tel: Stacey Nixon 07940251613
- ◆ Sherburn Gymnastics Club -Runs every Monday, Tuesday and Thursday at Sherburn High School 5:30pm-8:00pm (Timings differ for ages and abilities)-www.sherburn-gymnastics.org.uk Email: scgc@hotmail.com Call: Amanda 07866315157

Hockey

- ◆ Selby Hockey Club Runs every Tuesday (Term Time Only) at Selby Leisure Centre fwww.pitchero.com/selbyladieshockey Email: selbyhockey@yahoo.co.uk
- ◆ Tadcaster Hockey Club www.pitchero.com/clubs/tadcastermagnets1 Email: stacey@cromwellpolythene.co.uk

Horse Riding

♦ Angel Riding Centre – Email: angellivery@live.co.uk or Tel: 07833500333

Leisure & Fitness

- ◆ DW Gym 3 Lakes Retail Park, Call: 01757 212433
- ◆ Selby Leisure Centre www.selbyleisurecentre.org- Email: leisureenquiries@wlct.org
 Call: 01757 213758
- ◆ Selby Gym Call: 01757 701593
- ◆ Serendipity Ladies Health and Fitness www.serendipityladiesfitness.co.uk Call: 01757 290299
- ◆ Tadcaster Leisure Centre www.selbyleisurecentre.org-Email- leisureenquiries@wlct.org-Tel: 01937 834375

Martial Arts

- ◆ GKR Karate- Runs every Thursday at Standering Hall(Selby)- 6:30pm-8:00pm for 5+ year olds- Tel: 07800529929
- ◆ Lifestyle Martial Arts Runs every Monday, Wednesday and Friday at Brayton Community Centre 6:00pm-8:00pm (Timings differ on each day) for 5+ year olds Email: stevepenistonelma@hotmail.com Call: Steve Penistone 07872441257
- ♦ Mura Budo Kan Karate Runs at Wistow Jubilee Hall (Wistow) www.murakarate.co.uk Email - mura.karate@btopenworld.com Tell: 01757 210380
- ♦ Selby Taw Kwon Do Club— at Brayton Community Centre, Tel: 07919 894675
- ◆ Shotokan Karate— Runs every Monday and Thursday at Selby Community Centre (Scott Road)- 6:00pm-7:30pm for 5+ year olds