

Useful Information...



Apprenticeships

- ◆ www.apprenticeships.gov.uk

Jobs

- ◆ www.gov.uk/jobsearch
- ◆ www.indeed.co.uk

Drugs, Advice and Guidance

- ◆ FRANK - Call: 03001 236 600 or text: 82111 Website: www.talktofrank.com

Childline

- ◆ Call: 0800 1111 - www.childline.org.uk

Counselling

- ◆ Northern Lights Counselling - www.northernlightscounselling.co.uk Tel: 01723 364685

Fearless / Crime Stoppers

- ◆ Report crime anonymously - www.fearless.org

NSPCC

- ◆ Call: 08088 005 000 www.nspcc.org.uk

IDAS

- ◆ Independent Domestic Abuse Service Helpline: 03000110110 www.idas.org.uk
IDAS Rape Support Line: 0300 111 0777

Housing

- ◆ Ryedale Housing Association - Ryedale House, Old Malton Rd, Malton YO17 7HH
- ◆ SASH - Help for 16-25YRs who find themselves homeless, www.sash-uk.org.uk
- ◆ Stonham Home Stay - Scarborough & Ryedale homeless prevention service, www.stonhamhomestay.org.uk

Libraries (www.northyorks.gov.uk/article/23969/Local-libraries)

- ◆ Kirkbymoorside
- ◆ Malton
- ◆ Helmsley
- ◆ Pickering
- ◆ Norton Hive

◆ **Mental Health**

Scarborough, Whitby and Ryedale Mind - Signposting, counselling & services to support mental ill health in Scarborough, Whitby and Ryedale Tel: 01723 339838 www.swrmind.org.uk

Music projects

- ◆ North Yorkshire Music Action Zone www.nymaz.org.uk

Sports

- ◆ North Yorkshire Sport - sports groups directory - www.northyorkshiresport.co.uk

Outdoor Centres

- ◆ Carlton Lodge Activity Centre - Carlton Miniott, Thirsk, YO7 4NJ Tel: 01845 522 145, www.carltonlodge.org.uk

Sexual Health

- ◆ Barnardos - Prouder Communities - www.barnardos.org.uk/what-we-do/supporting-young-people/LGBTQ
- ◆ Human Kind- Free, confidential support for alcohol, drugs, housing or mental health www.humankindcharity.org.uk
- ◆ YorSexualHealth - Confidential sexual health service. www.yorsexualhealth.org.uk

Young Carers

- ◆ Carers Plus Yorkshire - Supporting unpaid family carers. www.carersplus.net

This booklet has been produced by:

North Yorkshire Youth
Carlton Lodge Activity Centre
Carlton Miniott
Thirsk
YO7 4NJ
Tel: 01845 522 145



Clubs and Projects in the Ryedale District for Young People

Sep 2024

Helmsley-Pickering-Malton-Norton-Kirby - Surrounding Villages



Over 100 Clubs and Projects inside

Please note that age limits vary and there may be costs to take part in activities publicised. All information provided in this leaflet is secondary research and may not be completely accurate.

By becoming a Volunteer you could...

- ◆ Help others and change lives for the better
- ◆ Help a cause close to your heart
- ◆ Do something positive in your spare time
- ◆ Meet new people and make new friends
- ◆ Make your community a better place
- ◆ Learn new skills
- ◆ Share your skills with others
- ◆ Put what you are doing on your personal statement or CV
- ◆ Use your experience to get a job
- ◆ Give something back
- ◆ Receive recognition and praise, locally, nationally and internationally.



There are some fantastic volunteering opportunities out there for a range of ages so please get involved now!

Volunteering Websites

- ◆ Vinspired – www.vinspired.com/volunteer
- ◆ Community First Yorkshire – www.communityfirstyorkshire.org.uk/volunteering
- ◆ Volunteering Matters – www.volunteeringmatters.org.uk

Please email Ian@nyy.org.uk if you would like to :

- ◆ Provide a volunteering opportunity for a young person
- ◆ If you know of an adult (aged 18+) who would be interested in volunteering in a local youth project, Buddy Network or starting their own group.

Voluntary Youth Clubs / Projects

(For more information contact North Yorkshire Youth on 01845 522 145)

Pickering Youth Group

Fridays 6.300pm - 8.00pm

for ages 11 - 16

at Pickering Memorial Hall

Helmsley Youth Club

Wednesdays

6:30pm - 8:00pm

Helmsley Sports Club

Ages 11-15

Carers Plus—Young Carers

at 120—Eastfield

Various sessions after school and evening

Staxton & Willerby Youth Group

Thursday 6:30pm - 8.00pm

for ages 10 - 16

at the Village Hall, Wains Lane



Norton Youth Club



A - Z of Activities



Music

Games

Food

Arts & Crafts

Support

Chill

Tuesdays

6.30-8.30pm

St Peter's Church House, Norton, Malton.

Open to school year 7+

50p entry

Air Cadets

- ◆ Ryedale Squadron - Air Training Cops. Joint Cadet Centre, Langton Road, Norton, North Yorkshire, YO17 9AE -Tel 07855002620

Angling Clubs

- ◆ Ryedale Junior Angling Club - Call Mr Crafton 01653696785- Email: rjacfishing@tiscali.net
- ◆ Malton And Norton Angling Club - Call Mr Fox 01653 600338, www.facebook.com/Maltonnortonanglingclub

Army Cadets

- ◆ Malton- www.armycadets.com/county/yorkshire-north-and-west-acf/

Badminton

- ◆ Pickering Badminton Club - www.pickeringbadminton.co.uk
- ◆ Slingsby Badminton Club - www.slingsbyvillage.co.uk/clubs-societies

Canoeing

- ◆ Malton and Norton Canoeing Club - www.maltonandnortoncanoeingclub.wordpress.com/contacts

Cricket - (www.ryedale.co.uk/ryedale/sport/cricket/cricket.html)

- ◆ Hovingham Cricket Club - www.facebook.com/HovinghamCC
- ◆ Ebberton Cricket Club - ebberton.play-cricket.com/Teams
- ◆ Wykham Cricket Club - www.wykehamcc.co.uk
- ◆ Kirkbymoorside Cricket Club - www.pitchero.com/clubs/kirkbymoorsidecricketclub
- ◆ Malton and Old Malton Cricket Club - www.maltonandoldmaltoncricketclub.co.uk
- ◆ Nawton Grange Cricket Club - www.nawtongrange.play-cricket.com
- ◆ Pickering Cricket Club - www.pitchero.co./clubs/pickeringcricket club
- ◆ Sheriff Hutton Bridge Cricket Club - www.sheriffhuttonbridge.play-cricket.com
- ◆ Thorton-le-Dale - www.thixendalecc.play-cricket.com/home
- ◆ Westow Cricket Club - www.westow cricketclub.co.uk
- ◆ Ryedale Cricket Development Group - www.ryedale.play-cricket.com/home
- ◆ Duncombe Park Junior Cricket Club - www.duncombepark.play-cricket.com/Teams

Cycling & Cycle Sports

- ◆ Dalby Forest - www.forestryengland.uk/dalby-forest
 - ◆ Malton Wheelers RC - www.maltonwheelers.weebly.com
 - ◆ Northern Ride - Malton- www.northernride.com Email: ash@northernride.com
 - ◆ Newbridge Bike Park (Pickering) - www.newbridgepark.co.uk
- The Howardian Hills and the North York Moors - www.ryedale.gov.uk/discover-ryedale/walking-and-cycling/cycling/

Dance

- ◆ Dance Expression - Malton - www.danceexpression.co.uk
- ◆ Kirkham Henry Performing Arts Centre - Malton- www.kirkhamhenry.co.uk

Football - (ryedale.co.uk/sport/football.html)

- ◆ Brooklyn Junior Football Club - www.brooklynfootballclub.co.uk
- ◆ Helmsley Junior Football Club - www.duncombeparkfc.co.uk/sipg/1028
- ◆ Kirkbymoorside FC - www.facebook.com/kirkbymoorsidefc
- ◆ Old Malton FC - www.facebook.com/OldMaltonStMarysFC/
- ◆ Pickering Town Junior Community FC www.pickeringtownfc.teamexpert.co.uk
- ◆ Sheriff Hutton Football Club - strensalltigers.co.uk/find-us/sheriff-hutton
- ◆ West Heslerton FC

Girl Guides (Including Brownies and Rainbows)

(Website: www.girlguidingnortheast.org.uk)

- ◆ Helmsley
- ◆ Malton
- ◆ Norton
- ◆ Rillington
- ◆ Sherburn

Golf

- ◆ Ampleforth Golf Club - www.ampleforth.co.uk
- ◆ Ganton Golf Club - www.gantongolfclub.com
- ◆ Kirkbymoorside - www.kirkbymoorsidegolf.co.uk
- ◆ Malton and Norton Golf Club - www.maltonandnortongolfclub.co.uk
- ◆ Sandburn Hall Golf Club - www.sandburnhall.co.uk

Gymnastics

- ◆ Dance Expression - Malton - www.danceexpression.co.uk

Horse Riding

- ◆ Friars Hill Riding Stables Sinnington - Tel: 01752 432758
- ◆ Helmsley Riding School- Helmsley, York, YO62 5AT Tel: 01439 770355

Leisure, Sports and Fitness Centres

- ◆ Malton Community Fitness Centre - www.maltonsport.org
- ◆ Pickering Leisure Centre - www.everyoneactive.com/centre/ryedale-sport-centre
- ◆ Ryedale Swim and Fitness Centre - Pickering—www.everyoneactive.com
- ◆ St Albans Sports Centre - Ampleforth - www.sac.ampleforth.org.uk

Martial Arts

- ◆ Budo-Kan-Karate-Do - www.budo-kan-karate-do.co.uk
- ◆ United Martial Arts - Malton - www.united-martialarts.co.uk
- ◆ Dojo & Self Defence - Malton— www.dojo.co.uk/malton



Empowering young people to be fearless against crime

fearless .org

What is Fearless?

? Fearless is the youth service from the independent charity Crimestoppers. Aimed at young people, our website provides non-judgemental information and advice about crime.



Give information

🔒 Young people can give information about crime 100% anonymously via a secure online form on the website. It empowers them to take a safe stand against crime.

Work with young people?



Teacher, youth worker, school nurse, parent? Fearless can provide you with FREE resources on a wide range of crime types via the 'not a young person' section of the website.

Connect with Fearless



YouTube

Music Clubs

- ◆ Ryedale School of Music - www.ryedlae-musiclessons.co.uk

Netball

- ◆ Pickering Netball Club - bgrady@ladylumleys.freeserve.co.uk

Outdoor Clubs

- ◆ Peat Rigg Outdoor Training Centre - www.peatrigg.org

Rugby

- ◆ Malton and Norton RUFC - www.pitchero.com/clubs/maltonandnorton/

Scouts and Explorers (To find your local scout group **North Yorkshire Scouts** - www.nys.org.uk Tel:01845 523858 Email: office@nys.org.uk)

- ◆ Helmsley
- ◆ Kirkbymoorside
- ◆ Malton
- ◆ Norton
- ◆ Pickering
- ◆ Rillington

Swimming Pools

- ◆ Norton - 01653 693407
- ◆ Pickering - 01751 473351
- ◆ Helmsley - 01439 408010
- ◆ Ampleforth - 01439 766740

Tennis

- ◆ Helmsley Tennis Club - www.facebook.com/helmsleytennis/
- ◆ Kirkbymoorside Tennis Club - www.clubspark.lta.org.uk/KirkbymoorsideTennisClub
- ◆ Ryedale Tennis Club - www.ryedalesportsclub.org.uk/tennis/
- ◆ Sheriff Hutton Tennis Club - www.sheriffhutton.co.uk/sports-club
- ◆ Malton Tennis Club - www.clubspark.lta.org.uk/MaltonLawnTennisClub/

Theatre / Performing Arts

- ◆ Malton Stage Coach - www.stagecoach.co.uk/malton
- ◆ Kirkham Henry Performing Arts Centre - Malton - www.kirkhamhenry.co.uk
- ◆ Ryedale Youth Theatre - www.ryedaleyouththeatre.co.uk
- ◆ FUSE Theatre - A youth theatre group providing opportunities for disabled and non-disabled young people to work together on workshops and performances - www.ruralarts.org/about-us/news/2020/10/fuse-re-launched-across-north-yorkshire/

Here to support
voluntary youth
clubs and projects...

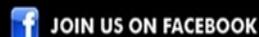


North Yorkshire Youth (NY) offer support and advice to set up, develop and sustain community youth clubs and projects across North Yorkshire. If you are interested in making a difference in your community and working with local young people then we'd love to hear from you.

For more information please contact:
Charlotte Keable
Youth Development Worker
Selby District
charlotte@nyy.org.uk
07825 659 425



RYEDALE YOUTH THEATRE



JOIN US ON FACEBOOK



FOLLOW US ON TWITTER



Join your local youth voice group

up to age 18 (25 for SEND)

Young Inspectors
Have you ever used a service for young people and thought it could be better? Help us by joining the NYCC Young Inspectors programme!

Flying High
Do you struggle to access services? Want to connect with other young people with SEND? Make a positive change and join our SEND group!

Youth Executive
Want to take a deeper role in advocating the issues and needs of young people in your local area? Be part of the NYCC Youth Executive!

Local Youth Council
Are you seeing issues in your local area? Want to make an impact on your community's services? Influence it by joining your Youth Council group!

Interested? Contact:
vip@northyorks.gov.uk
07973 762 347

[@northyorkshireyouthvoice](https://www.facebook.com/northyorkshireyouthvoice)