



### Apprenticeships

♦ www.apprenticeships.gov.uk

### <u>Jobs</u>

- ♦ www.gov.uk/jobsearch
- ♦ www.indeed.co.uk

### **Drugs, Advice and Guidance**

◆ FRANK -Call: 03001 236 600 or text: 82111 Website: www.talktofrank.com

### <u>Childline</u>

• Call: 0800 1111 - www.childline.org.uk

### Counselling

◆ Northern Lights Counselling www.northernlightscounselling.co.uk Tel:01723 364685

### **NSPCC**

◆ Call: 08088 005 000 www.nspcc.org.uk IDAS

◆ Independent Domestic Abuse Service Helpline: 03000110110 www.idas.org.uk IDAS Rape Support Line: 0300 111 0777

### Housing

- ◆ **Beyond Housing** *Scarborough www.beyondhousing.co.uk*
- Foundation homeless prevention service, www.foundation.org/team/ foundation-Scarborough
- SASH Help for 16-25YRs who find themselves homeless, www.sashuk.org.uk
- ◆ **Stonham Home Stay** -Scarborough & Ryedale homeless prevention service, www.stonhamhomestay.org.uk

This booklet has been produced by:

North Yorkshire Youth Carlton Lodge Activity Centre Carlton Miniott Thirsk YO7 4NJ Tel: 01845 522 145 e-mail: info@nyy.org.uk



<u>Libraries</u> (www.northyorks.gov.uk/ article/23969/Local-libraries)

- ♦ Ayton
- **♦** Eastfield
- ♦ Filey
- ♦ Scalby
- ♦ Scarborough
- ♦ Whitby

### **Mental Health**

Signposting, counselling & services to support mental ill health in Scarborough, Whitby and Ryedale

Tel: 01723 339838 www.swrmind.org.uk

### Fearless / Crime Stoppers

 Report crime anonymously www.fearless.org

### **Outdoor Centres**

◆ Carlton Lodge Activity Centre -Carlton Miniott, Thirsk, YO7 4NJ Tel: 01845 522 145, www.carltonlodge.org.uk

### Sports

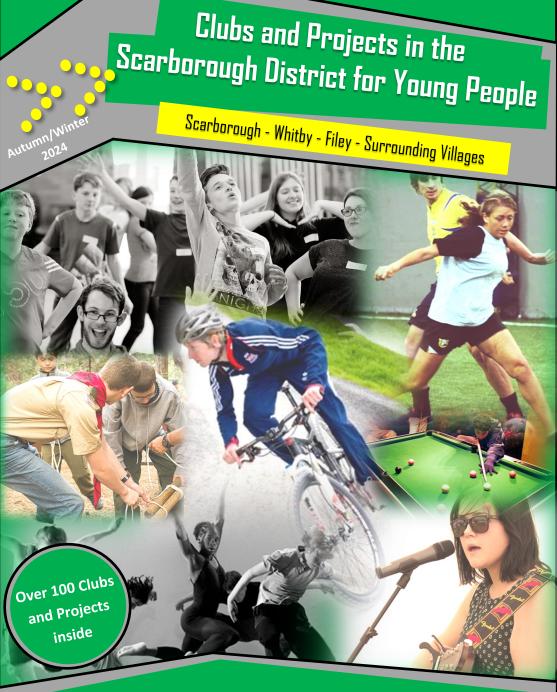
 North Yorkshire Sport - sports groups directory www.northyorkshiresport.co.uk

### **Sexual Health**

- Barnardos Prouder Communities www.barnardos.org.uk/what-we-do/ supporting-young-people/LGBTQ
- Human Kind- Free, confidential support for alcohol, drugs, housing or mental health www.humankindcharity.org.uk
- YorSexualHealth Confidential sexual health service. www.yorsexualhealth.org.uk

### **Young Carers**

 Carers Plus Yorkshire - Supporting unpaid family carers 01723 850155 www.carersplus.net



Please note that age limits vary and there may be costs to take part in activities publicised. All information provided in this leaflet is secondary research and may not be completely accurate.



### **Volunteering Websites**

- Vinspired www.vinsired.com/volunteer
- Community First Yorkshire (VINY)
  www.communityfirstyorkshire.org.uk/volunteering
- Volunteering Matters www.volunteeringmatters.org.uk

### Please email mary-ann@nyy.org.uk if you would like to:

Provide a volunteering opportunity for a young person

If you know of an adult (aged 18+) who would be interested in
volunteering in a local youth project, Buddy Network or starting
their own group.



### Filey Youth Club







Wednesday 7pm until 9pm St John's Church

Open to Year 7+ 50p Entry





### Air Cadets

- ◆ 739 (Scarborough) Squadron Air Training Corps, Cadet Centre, TA Barracks, Coldyhill Lane, Scarborough, YO12 6SE Tel:01723 381110 www.scarboroughaircadets.org.uk
- ◆ 740 (Whitby) Air Training Corps 740 (Whitby) Squadron HQ Rear of Whitby Sixth Form, Whitby YO21 1QA Tel: 01947 459 750 (Calls only answered on parade nights). Parade Nights: Monday & Thursday 7pm 9.30pm www.whitbyaircadets.org

### **Angling Clubs**

- Whitby Sea Anglers www.whitbyseaanglers.com www.facebook.com/ WhitbySeaAnglersAssociation
- Scarborough Anglers Social Club Tel:01723 372495
   www.facebook.com/scarboroughanglers.socialclub

### **Archery**

- ◆ Scarborough Archers www.scarborougharchers.wordpress.com
- ♦ Whitby Company Of Archers www.whitbycompanyofarchers.webs.com Tel: 07842188237

### **Army Cadets**

- ◆ Scarborough Cadet Centre Coldyhill Lane, Scarborough, YO12 6SE, Mon +Thurs 7.00-9.00pm
- ◆ Whitby ACF Cadet ACF Cadet Centre, Caedmon College, Airy Hill, Whitby, North Yorkshire, YO21 1QA

### <u>Athletics</u>

♦ Scarborough Athletic Club - www.scarboroughac.co.uk/

### <u>Badminton</u>

◆ Scarborough and District Badminton Association - www.facebook.com/ Scarborough-Table-Tennis-and-Badminton-Club-515626898568467/

### Boxing

- ◆ Scarborough Amateur Boxing Club Seamer Road, Scarborough. Mon, Wed+ Fri 6-8pm. For more details ring John on 07738 291809
- ♦ Westway Amateur Boxing Club Westway Boxing Club, Bankside, Scarborough, YO11 3EW
- ♦ Whitby Boxing Club Abbots Road, Whitby, YO22 4EA, Tel: 0797433260 Dance
- ♦ Bensons Stage Academy www.bensonstageacademy.co.uk
- ♦ Hatton School Of Performing Arts -www.hattonschoolofperformingarts.co.uk
- ♦ Meshballet Robinhoods Bay, Contact Su Crossland, Su@meshballet.co.uk

### **Disability Group**

◆ InterActive Whitby and District - 1 The Archway, Skinner Street, Whitby Tel: 01947 601259

### Diving (Scuba)

◆ Scarborough Sub Aqua Club - 25 St Mary's Street, Scarborough, YO11 1QW - www.ssacdiver.co.uk

### **Duke of Edinburgh**

Follow the link to find a unit near you: www.dofe

- ♦ Whitby Caedmon College Whitby www.ccwhitby.org
- ♦ Scarborough Sixth Form College www.s6f.org.uk

### Football

- ◆ Corinthians Jr FC U8's U14's www.clubplus.co.uk/cayton-corinthians-juniors-fc
- ◆ Filey Community Sport Club U10's- U18's teams www.fileysportsc.com
- ◆ Fishburn Park-Whitby Under 13s www.facebook.com/fishburnparkU12
- ◆ Scarborough Athletic FC U 7s u 19s www.scarboroughathletic.com/teams
- ♦ Whitby Fishermen's U7'S 0 U 15's www.whitbyfishermens.co.uk

### Gaming

- ◆ Krash Labs Computer club based at The Street, 12 Lower Clark St, Scarborough YO12 7PW www.Krashlabs.co.uk Tel:01723 350984
- ◆ Scarborough Games Society Mon + Thurs, 6.00pm -11pm, Roscoe's Bar, Roscoe Street, Scarborough. scarboroughgames@gmail.com

**Girl Guides** (for venue details, times and registration - www.girlguiding.org.uk)

♦ Filey , Scarborough , Hunmanby , Robin Hoods Bay & Whitby Girl Guides

### <u>Golf</u>

- Filey Golf Club West Ave, Filey YO14 9BQ, www.fileygolfclub.com
- ◆ Scarborough North Cliff GC Burniston Road, Scarborough, YO12 6PP www.northcliffgolfclub.co.uk
- ◆ Scarborough South Cliff GC Deepdale Avenue, Scarborough, YO11 2UE www.southcliffgolfclub.com
- ◆ Snainton Golf Course Yedingham Road, Snainton, Scarborough YO13 9PG www.golfscarborough.co.uk
- ◆ Whitby Golf Club Low Straggleton, Sandsend Road, Whitby, YO21 3SR, www.whitbygolfclub.co.uk

## Eastfield Youth Club







Mondays 7:00-9:00pm

at

Westway Open Arms, Eastfield

Open to year 7+ 50p Entry

### **Surfing**

- ♦ Dexters Surf Shop dexterssurfshop.com Tel: 01723 377 565
- ♦ Fluid Concept –www.fluidconcept.co.uk Tel: 07891 094976
- ♦ Scarborough Surfing School scarboroughsurfschool.co.uk Tel: 01723 585585

### **Swimming Groups**

- ◆ Scarborough Disabled Swimming Scarborough Indoor Pool, Scarborough, YO12 6AQ Contact: Wendy Cook, 01723 363600 www.sdsg.org.uk
- Whitby Seals
   — Whitby Seals ASC, Whitby Leisure Complex, West Cliff, Whitby, www.whitbyseals.wixsite.com/swimming

### **Sports Centres**

- ◆ Active Coast and Country Scarborough Sports Centre, Filey Road, Scarborough, YO11 2TP 017232 32552 Website: www.activecoastandcountry.co.uk
- ♦ Hunmanby Hall Sports & Leisure www.hunmanbyhall-leisure.co.uk/ 892882
  01723
- ◆ Pindar Leisure Centre Moor Lane, Eastfield, Scarborough, YO11 3LW, 01723 585637 www.everyoneactive.com/centre/pindar-leisure-centre/
- ◆ Whitby Leisure Centre Crescent Avenue, West Cliff, Whitby, YO21 3HT, 01947 604640, www.everyoneactive.com/centre/whitby-leisure-centre/

### Volleyball

◆ North Riding Eagles Volleyball Club - www.facebook.com/North-Riding-Eagles-Volleyball-Club-Yorkshire-487495268070338/info/?tab=page\_info

### Wildlife

- ♦ Whitby Wildlife Sanctuary Broomsfields Farm, Stainsacre Ln, Whitby YO22 4NW, 07848 187975 www.whitbywildlife.co.uk
- <u>Young Farmers</u> (For more details regarding all the below Young Farmers clubs, contact the YFC head office: 01423 865870 email: office@yfyfc.org.uk) www.yfyfc.org.uk
- ♦ Danby YFC Meet at Ley Hall, Lealholm, fortnightly on Tuesdays at 7.30pm
- ◆ Lythe YFC Meet at Christ Church Hall, Ugthorpe, Whitby, fortnightly on Tuesdays at 7.30pm
- ♦ Snainton YFC Meet at Snainton Village Hall, Mondays at 7.30pm
- ♦ Whitby YFC- Meet at Newholm Village Hall, Whitby, fortnightly on Tuesdays at 7.30pm.

### **Youth Theatre**

◆ YMCA Scarborough – St Thomas Street, Scarborough, YO11 1DY, 01723 374227 www.scarborough.ymca.org.uk

# Whitby Youth Club Relaunch!







Wednesday 10<sup>th</sup> January 7-9pm

**Eastside Community Hub** 

Open to School Year 7+

50p per session

## Here to support voluntary youth clubs and projects...





North Yorkshire Youth (NYY) offer support and advice to set up, develop and sustain community youth clubs and projects across North

Yorkshire. If you are interested in making a difference in your community and working with local young people then we'd love to hear from you.

For more information please contact:

### **Mary-Ann Cartwright**

Youth Development Worker Scarborough District Mary-ann@nyv.org.uk

### **Road Cycling**

- ♦ Scarborough Paragon Cycling Club www.spcc.org.uk/ Juniors (12-18yrs) Rugby
- ◆ Scarborough Rugby Club Youth Rugby training www.scarboroughrugby.co.uk/rugby/youth-rugby/ Tel: 01723 357740
- ♦ Whitby Rugby Club 6— 18YRs training sessions Sundays 10.30 –11.30am. www.whitbyrugbyclub.co.uk Tel: 01947 825158

### **Rowing Clubs**

- ◆ Scarborough Amateur Rowing Club 29 Foreshore Rd, Scarborough, YO11 1PB, Tel:01723 361857
- Whitby Friendship Amateur Rowing Club New Way Ghaut, Church Street, Whitby YO22 4DH Tel: 01947 604751
- ♦ Whitby Fisherman's Amateur Rowing Club Market Place, Whitby, YO22 4DB Tel: 01947 606307

### Sailing

- Filey Sailing Club The Brigg, Filey YO14EW, 01723 512529 www.fileysc.co.uk
- ♦ Whitby Yacht Club Pier Road, Whitby YO21 3PU, www.whitbyyachtclub.com
- ◆ Scarborough Yacht Club The Lighthouse, Vincent Pier, Scarborough, YO11 1PH, 01723 373821 www.syc.org.uk

<u>Scouts and Explorers</u> (To find your local scout group **North Yorkshire Scouts** - www.nys.org.ukindex.php )

- ◆ First Scarborough Scouts www.firstscarborough.scarboroughscouting.org.uk/
- ◆ **49th Eastfield Scouts** www.facebook.com/49Eastfield/ Tel:01723 864794 , 07898 915550
- ◆ Derwent Valley Scout Group Tel: 01723 865064
- ◆ Eskmouth (Whitby) Scout Group www.eskmouthscouts.mywebcommunity.org/

### Sea Cadets

- ◆ Scarborough Sea Cadets East Sandgate, Scarborough, YO11 1PR, Tel: 01723 374263 Mob:07913547197- Scarboroughscc@yahoo.co.uk
- ♦ Filey Sea Cadets HQ Southdene, Filey, YO14 9BB, Tel: 01723 513342







### Eastfield Youth Club







Mondays
7-9pm
The Open Arms, Eastfield
Open to yr7+
50p per session

### Gyms / Fitness Centres

- ♦ BJ Fitness bjfitnesscentrescarborough.co.uk , 01723 377006
- ◆ COMPASS Health & Fitness www.compassfitness.co.uk 01723 377333
- ◆ Everyone Active Eastfield, Scarborough, Whitby- www.everyoneactive.com
- ◆ Fashionable Fitness (Eastfield) www.fashionablefitness.club/
- ◆ Fitness Machine (Whitby) www.fitnessmachine2.co.uk 01947 821755 Gymnastics

◆ Scarborough Gymnastics Academy - Barry Lane, Scarborough, YO12 4HA 01723 366271 - www.scarboroughgymnastics.co.uk/

### **Horse Riding**

- ◆ Borrowby Equestrian— Borrowby, Staithes, TS13 5EH, www.borrowbyequestriancentre.co.uk
- ♦ Brigg View Sands Rd, Filey YO14 9QW, 01723 890205
- ◆ Snainton Riding Centre Station Road, Snainton YO13 9AP 01723859218 www.snaintonridingcentre.co.uk

### Judo

◆ Scarborough Ippon Judo Club - Wed – 6-7pm The Street, Scarborough. contact Dave 07525451454 - www.judoscarborough.co.uk/

### **Mountain Biking Clubs**

- ◆ Richardson's Cycling Scarborough www.richardsonscyclesscarborough.co.uk/ ride-with-us.html
- ◆ Let's Bike (Scarborough) www.letsbike.net/for more information contact Pete 07805077200

### **Martial Arts**

- ◆ **Desapline Martial Arts** www.facebook.com/Desapline Tel: 07885630681 Email: desaplinemartialarts@gmail.com
- ◆ Evolution Martial Arts Academy Green Lane Centre, Whitby contact James 07880 797147ww.evolutionmaa.com
- ◆ Extreme Kickboxing Scarborough The Street, 12 Lower Clark St, Scarborough YO12 7PW http://www.extreme-kickboxing-scarborough.co.uk/
- ◆ Enso Ryu YMCA, St Thomas Street, Scarborough YO11 1DZ, 01723 374227, www.ensoryu.co.uk
- ◆ MESH Tae Kwon-Do Robin hoods Bay, Contact Matt Crossland, email matt@meshtkd.co.uk

### **Motor Cycle Clubs**

◆ Scarborough and District Motor Club - www.scarboroughdmc.co.uk/



### >> Voluntary Youth Clubs / Projects

### **Whitby Boxing Club**

Boxing club open to 6-40 yrs. -**Male and Female** 

Abbots Road, Whitby, YO22 4EA,

Tel: 0797433260

### **Gallows Close Youthie**

Tuessday 4:30-5:45pm

8—11yr olds

6-7:30pm

For 12– 17 Yr olds

Gallows Close Centre,

Barrowcliff, Scarborough

**Contact Kimmie** 

Tel: 01723 378102

### **ABC Youth Club**

**Active Burniston & Cloughton** 

Burniston Village Hall, 3rd Thursday of the month

5.30-7.00 pm (7-11 yr olds)

7—8.30 pm (11-16yrs)

www.bcvillagehall.org.uk

### **Carers Plus Yorkshire**

**Young Carers and support** 

for all carers

Tel: 01723 850155

www.carersplus.net

### WHISH

**Whitby Hidden Impairments** 

Support & Help

whishgroup@gmail.com

### Filey Youth Club







Wednesday 7pm until 9pm St John's Church

**Open to Year 7+** 50p Entry