# Clubs and Projects in Craven for Young People Autumn Winter 24 Appletreewick—Bentham -Buckden—Cowling Cononley —Gargrave—Grassington—Glusburn - Hellifield - Malham -Settle - Skipton & Surrounding Towns & Villages throughout Craven 90+ Clubs and Projects inside Please note that age limits vary and there may be costs to take part in activities publicised. We advise that you to ring to check times before attending. All information provided in this leaflet is secondary research and may not be completely accurate. For any updates please email kirsty@nyy.org.uk



#### **Air Cadets**

- **264 Skipton Squadron** Tuesday evenings at The ATC Centre, Shortbank Rd, Skipton BD23 2JY, www.skiptonaircadets.co.uk
- ◆ 2246 Carnforth Squadron Tuesday and Thursday evenings, 7.00pm to 9.30pm. Civic Hall, North Road, Carnforth, L A5 9LQ - www.2246aircadets.com

#### **Archery**

- Aire Valley Archers Membership club, ages 8+ based at St. Ives Country Park, Bingley and indoor facilities at Knowle Mill, Keighley. www.aire-valley-archers.co.uk
- ◆ North Yorkshire Bowmen— open to ages 11+, based at Settle Drill Hall, Settle, BD24 9HA. Please contact Cherry Flitcroft on 01524251702, cherry.ann.f@gmail.com for more information and prior to attending.
- ◆ Lonsdale Archers- a mix of ages and abilities. Contact: Mark Christie, Club Secretary 01524 264879 or markchristie101@outlook.com.

#### Army Cadets

♦ Skipton AFC Detachment - age 12+ AFC Centre. North Parade, Skipton BD23 2SR Further details can be found at www.armycadets.com

#### Athletics

- ♦ Settle Harriers Juniors Junior training on Tuesday's from school years 3 to 13 at Eshton's Pavilion, Giggleswick at 5:30pm. email: juniors@settleharriers.org
- ♦ Skipton Athletic Juniors meeting Tuesday 6-7pm, age 8-17years, contact via website www.Skiptonac.co.uk
- ♦ Bentham Beagles 16+ Bentham Playing Fields Wenning Avenue, High Bentham, LA2 7LR www.benthambeagles@live.co.uk

#### **Badminton**

- ◆ <u>Craven Badminton Club</u> junior coaching session Saturdays 9am 10am at Sandylands Sports Centre, Skipton, BD23 2AZ Contact Info: Peter & Linda Wilkinson on <u>07753 968662</u> or <u>01282 841972</u>
- ◆ Skipton Badminton Club Runs every Tuesdy at Sandylands Sports Centre, Skipton, BD23 2AZ for 16+ year olds www.skiptonbadmintonclub.wordpress.com
- ◆ Ingleton Badminton Club U16 Junior club, 16+ Senior club - Contact Carolyn Coggins - Tel No. 0777 3558149









#### **Volunteering Websites**

- ♦ Vinspired wwww.vinsired.com/volunteer
- ♦ Community First Yorkshire www.communityfirstyorkshire.org.uk/volunteering
- Volunteering Matters —
   www.volunteeringmatters.org.uk
- Compass ehub— https://www.compassehub.com/ craven





#### **Apprenticeships**

www.apprenticeships.gov.uk Childline

◆ Call: 0800 1111 - www.childline.org.uk
Compass Buzz -text support service

Tel:07520 631168

#### **Fearless**

 A way to report crime anonymously www.fearless.org

#### FRANK (Support with Drugs)

◆ Call: 03001 236 600 or text: 82111 Website: www.talktofrank.com

#### IDAS (Independent Domestic Abuse Service)

- ♦ www.idas.org.uk
- ◆ Domestic Abuse Helpline: 03000 110 110
- ◆ Rape Support Line: 0300 111 0777

#### **Housing**

If you are aged 16 - 25yrs please contact the Hub on 01756 706475 or email housing@cravendc.gov.uk.

#### Jobs

- ♦ www.gov.uk/jobsearch
- ♦ www.indeed.co.uk

16 - 19 and not in Education,

#### **Employment or Training**

NYCC Early Help Service - Craven Belle Vue Mill , Broughton Rd, Skipton BD23 1ET - 01609 532412

#### **NSPCC**

◆ Call: 08088 005 000 Email: help@nspcc.org.uk Website: www.nspcc.org.uk

#### Libraries

(www.northyorks.gov.uk/local-libraries)

- ♦ Skipton
- ♦ Ingleton
- ♦ Crosshills
- ♦ Bentham
- ♦ Settle
- Gargrave and Malhamdale (Community)
- ♦ Embsay-with-Eastby (Community)
- ♦ Grassington Hub (Community)

#### **Sports and Leisure**

- Craven Leisure Centre, 01756 792805
- ♦ Sandylands, Skipton, *01756 795181*

#### **Outdoor Centres**

♦ High Adventure Outdoor Education Centre www.highadventureoec.co.uk

#### **North Yorkshire Music Action Zone**

- ♦ Make Music Happen www.nymaz.org.uk North Yorkshire Sport
- ♦ www.northyorkshiresport.co.uk

#### **Sexual Health**

♦ Yorsexualhealth www.yorsexualhealth.org.uk/

#### Selfa

Local Children's Charity in Skipton supporting Vulnerable, Disadvantaged or Disabled children - Website: www.selfa.org.uk

#### Are you a Young Carer?

 Carers Plus Yorkshire - Supporting unpaid family carers.

www.carersplus.net 01723 850155



This booklet has been produced by:

North Yorkshire Youth Carlton Lodge Carlton Miniott Thirsk YO7 4NJ Tel: 01845 522 145





# 2026 Calendar Photo Competition "A YEAR IN NORTH YORKSHIRE"

#### Are you a young photographer aged 11+?

Photos need to represent York or North Yorkshire.

They can be scenery or street photography, with no identifiable faces. We want to see North Yorkshire at its best throughout the year!

Closing date 31<sup>st</sup> August 2025







Welcome to the Click Clever Click Safe campaign, brought to you by the UK Council for Child Internet Safety.

Internet safety advice for YOUNG PEOPLE



#### ZIP IT

Keep your personal stuff private and think about what you say and do online



#### **BLOCK IT**

Block people who send nasty messages and don't open unknown links and attachments



#### **FLAG IT**

Flag up with someone you trust if anything upsets you or if someone asks to meet you online.

The internet is a great way to see more, learn more and have lots of fun.

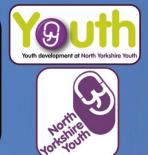
To help you enjoy it safely, you should follow the Click Clever, Click Safe Code.



www.northyorkshire.police.uk/crimeprevention

## >> Youth Clubs/Projects

# Glusburn Youth Club





Thursday
6.30pm until 8.30pm
Glusburn Community Arts Centre

Open to Year 7+
50p Entry



## Volunteer-Led Youth Clubs/Projects

#### **Bentham Youth Club**

Bentham Methodist Church, Station Road, High Bentham, LA27LF

Email: benthamyouthclub@gmail.com Call/Text: 07534697572

Junior Youth Club 3:45pm—5:45pm School Year 3 to Year 6
Senior Youth Club 6:15pm—8:15pm Years 7+
Tuesday Evenings Term Time

Facebook: Bentham Youth Club



Supported by North Yorkshire Youth.

Member Club 2023/2024

#### **Ingleton Youth Club**

Ingleton Community Centre, Main Street, Ingleton, LA63HG

Email: ingletonyouthclub@gmail.com Call/Text: 07534697572

Junior Youth Club 4pm—5:30pm School Year 3 to Year 6 Senior Youth Club 6pm—7.30pm Years 7+ Friday Evenings Term Time

Facebook: Ingleton Youth Club



Supported by North Yorkshire Youth.

Member Club 2023/2024





#### **Basketball**

◆ Skipton Basketball - . For ages 6+. Sandylands Sports Centre. Facebook @skiptonbasketball, or www.westcraventurbines.co.uk

#### **Bowling**

◆ Matrix Superbowl is the only place in Craven where you can play indoor Ten Pin Bowling Tel No. 01756 701 623. website: www.matrixsuperbowl.co.uk/ Most towns and villages have their own bowls club, contact direct for details of membership requirements.

#### Boxing-

★ Keighley Boxing club - weekly junior sessions contact Steve on 0795 824 9830. www.keighleyabc.blogspot.com/

#### Canoeing

There are no clubs based in Craven, however Pendle Paddlers are based just over the border into Lancashire at Foulridge Canal. www.pendlepaddlers.com and there is also a canoe club in Clitheroe https://www.clitheroecanoeclub.org.uk/

#### **Climbing**

♦ Ingleton Climbing Wall—https://www.ingletonclimbingwall.com/

#### **Cricket**

The following cricket clubs have junior sections:

- Cowling www.cowling.play-cricket.com
- Embsay embsay.play-cricket.com
- ♦ Gargrave -qararave.play-cricket.com
- ♦ Ingleton ingletoncc.play-cricket.com
- ◆ Settle http://settle.play-cricket.com
- ♦ Skipton—skipton.play-cricket.com
- ◆ Upper Wharfedale http://upper-wharf.play-cricket.com/

#### **Cycling**

- ♦ **Skipton Cycling Club**—juniors 12yrs+ http://skipton.cc/club-info/youth-membership/
- ♦ Settle Wheelers—ages 5+, Saturday mornings, https://settlewheelers.org.uk/juniors
- ♦ South Craven Wheelers—currently link in with Skipton Cycling club juniors, for more info please contact 07769 296320, Facebook: South Craven wheelers

#### Dance

- ♦ Blue Moose Dance Company Dance classes in Ingleton& Bentham Website:https://www.bluemoosedance.org.uk/community-programme
- ♦ **Helen Howard Dance** Various classes for different ages in Settle area, *Email: helenhow-arddance@gmail.com*, *Phone: 07789 383568*, *Website: helenhowarddance.co.uk*
- ◆ Northern Dance Centre A range of classes held in Skipton at Craven Hall studio, Sackville St, Skipton. https://www.northerndancecentre.com/classes-skipton-ilkley or Phone: 01943 603213

#### Football

The following Junior Football Clubs run a variety of different age range teams

- ♦ Embsay Juniors Website: embsayjuniors.co.uk
- ♦ **Grassington Juniors** Fb Grassington juniors football club, tel 01756 752210
- ◆ Craven Wanders—Ingleton Fb Craven Wanderers
- ◆ Settle United Juniors Website: www.settleunitedafc.co.uk/
- ♦ **Skipton Juniors FC** Website: https://skiptonjuniorsfc.org.uk/
- ♦ **Sutton Juniors** Website: suttonjuniors.co.uk

#### **Girl Guiding**

For more information about Girlguiding - Website: girlguidingnyw.org.uk

#### <u>Golf</u>

- ◆ Bentham Golf Club Junior Coaching Classes Www.benthamgolfclub.co.uk ,
  Phone: 015242 62455
- ◆ **Skipton Golf Club** Junior section which includes summer Roll up sessions on alternate Thursday evenings. *Website: www.skiptongolfclub.co.uk Phone: Sylvia Eastwood on 01756 793767*

#### **Gymnastics**

◆ Craven Gymnastics Club - Gymnastics for all ages at Gargrave Rd, Skipton BD23 1QU - Website - https://www.cravengymnastics.co.uk/classes - Phone: 07522760239

#### **Horse Riding**

Various riding centres operate in Craven, including:

- ◆ Craven Country Ride www.cravencountryride.co.uk (Coniston Cold)
- ♦ Kilnsey Riding www.kilnseyriding.com (Conistone with Kilnsey)

# Be part of Craven Youth Council, you can plan projects you're passionate about, help enact the change you want to see and build your skills



### The Go-To

For healthy minds in North Yorkshire

@cravenyouthcouncil

The Go-To website is the home of wellbeing and mental health for young people in North Yorkshire.

We're here to signpost young people, parents, carers and professionals to the right help and support.

Visit www.thegoto.org.uk



ENAL chloe.thwaites@northyorks.gov.uk

To add or update any entries in this leaflet please email kirsty@nyy.org.uk



#### North Yorkshire County Council - Youth Provision

◆ LGBTQA - Youth group for age 14-19 who are Lesbian, Gay, Bisexual, Transgender or Questioning. Currently meeting online every 2 weeks on a Wednesday., 5-6pm Info: Chloe.thwaites@northyorks.gov.uk

#### North Yorkshire Youth (www.nyy.org.uk)

♦ Glusburn Youth Club - Runs every Thursday during term time at Glusburn Institute Arts Centre 6.30-8.30pm for 11-19 year olds 50p, For further info please contact Kirsty on 07355672493 or look at facebook page

#### Selfa Youth Clubs-

- ♦ Bentham Youth, Mondays 6pm-7.30pm.
- Selfa Youth, project based activities. Skipton. Wednesdays 6.00pm-8.00pm
- ◆ Selfa Wellness A weekly club aimed at girls who could benefit from a group promoting social interaction, independence and increased self-confidence. Skipton, Wednesdays 4pm—5.30pm.
- ♦ **Sports Leaders** Physical and emotional well-being group with sports and activities. Skipton. Tuesdays 6.00pm-8.00pm
- ◆ Saturday SEND club for age 4-19yrs

Contact https://www.selfa.org.uk/youth/clubs/ Tel: 01756 706384 , Referral only.

#### Voluntary Youth Clubs/Projects—

- ◆ Bentham Junior Youth Club, Bentham Methodist Church, Station Road, High Bentham, LA27LF Email: benthamyouthclub@gmail.com Call/Text: 07534697572
  Junior Youth Club Tuesdays 3:45pm−5:45pm School Year 3 to Year 6
- ◆ Bentham Senior Youth Club, Bentham Methodist Church, Station Road, High Bentham, LA27LF Email: benthamyouthclub@gmail.com Call/Text: 07534697572 Senior Youth Club Tuesdays 3:45pm—5:45pm School Years 7+
- ◆ Ingleton Junior Youth Club Ingleton Community Centre, Main Street, Ingleton, LA27LF Email: ingletonyouthclub@gmail.com Call/Text: 07534697572 Junior Youth Club Fridays 4pm—5:30pm School Year 3 to Year 6
- ◆ Ingleton Senior Youth Club Ingleton Community Centre, Main Street, Ingleton, LA27LF Email: ingletonyouthclub@gmail.com Call/Text: 07534697572 Senior Youth Club Fridays 6pm—7.30pm School Years 7+



# Here to support voluntary youth clubs and projects...





North Yorkshire Youth (NYY) offer support and advice to set up, develop and sustain community youth clubs and projects across North

Yorkshire. If you are interested in making a difference in your community and working with local young people then we'd love to hear from you.

For more information please contact:

Kirsty Mellin Youth Development Worker Craven kirsty@nyy.org.uk 07355672493

#### **Sports**

◆ **Selfa Sports** - A relaxed and supportive club making being active, fit and healthy fun. Ings School, Skipton. Tuesdays 6.00pm-8.00pm . *Selfa*—01756 706384

#### Squash

Squash courts and Junior coaching is available at Sandylands

#### **Swimming**

- ◆ Settle Stingrays Swimming Club Runs weekly at Settle Swimming Pool for ages 7-17yrs - For more info: 01729 824089 www.settleswimmingpool.co.uk/SwimClub.htm
- ◆ **Skipton Swimming Club**—Welcome swimmers of all ages and abilities www.skiptonsc.co.uk
- ◆ Upper Wharfedale Swimming club for ages 4+ more info and contact details on facebook, Tel No. 01756 752 556

#### Tennis

- Austwick Tennis Club (please check with club to see if a junior coach is available)
   Website: www.austwicktennisclub.co.uk Tel: 01729 860235
- Craven Lawn Tennis Club Junior coaching programme for ages 5+. Regular teenage tournaments and annual fun day. For more info: www.craventennis.org.uk/ coaching/
- ◆ **Skipton Tennis Centre** coaching and holiday camps for ages 3+ For more info -www.skiptontennis.com/ or email info@skiptontennis.com

#### **Theatre/Drama**

- Bad Wolf Theatre Company meets at the Auction Mart theatre, contact 07747 697752
- ♦ GTS Performing Arts https://www.facebook.com/gtsperformingarts/
- ◆ Stagecoach—performing arts for children aged 4-18yrs, covering Dance, Drama and Singing. The Skipton group meet on a Saturday afternoon at Skipton Academy 0113 234 6098, https://www.stagecoach.co.uk/keighleyandskipton#classes

#### **Volunteering**

- https://communityfirstyorkshire.org.uk/volunteering/
- ♦ https://craven.compassehub.com/volunteers

#### Wildlife/ Environment

- ♦ Yorkshire Dales Millennium Trust (Green Guardians Project) www.ydmt.org
- ♦ Young Rangers https://www.yorkshiredales.org.uk/about/looking-after/volunteering/young-rangers/

#### **Young Farmers**

Craven District Young Farmers hold meetings every 6 weeks on Thursday's at Niffany Farm, Skipton Clubs within Craven are: Worth Valley, Upper Wharfedale, Silsden with



#### **Rugby Union**

#### The following Rugby Clubs all have Junior teams for various ages:

- North Ribblesdale Rugby Union Football Club (Settle) website: http:// www.northribblesdale.co.uk/
- ♦ **Skipton Rugby Union Football Club** For more information www.pitchero.com/clubs/skiptonrugbyfootballclub
- Wharfedale Rugby Union Football Club (Threshfield nr. Grassington). For more information www.wharfedalerufc.co.uk

#### Running

**See Athletics clubs** 

**Skipton Park run**—Skipton parkrun is a FREE weekly 5km event for runners of all standards, which takes place every Saturday at 9:00am in Aireville Park, Gargrave Road, Skipton, BD23 1UQ. https://www.parkrun.org.uk/skipton/

#### **Scouts and Explorers**

(For more information call: 01845 523 858 - email: office@nys.org.uk - Website: www.nys.org.uk)

The Scout Divisions in Craven are:

- ♦ Ingleborough District offers Scouting for 8—18 year olds in North Craven.
- South Craven

#### **Martial Arts**

- ◆ Craven Aikido Club Junior club runs every Friday at South Craven School. *Contact : c.white137@btinternet.com, or tel. 07891 112416,* www.britishaikidoassociation.co.uk/clubs/yorkshire-and-humber/craven-aikido-formerly-skipton-aikido/
- ◆ Craven Judo Academy Settle, Bentham and Ingleton Primary schools, various junior and senior classes. Email: danny@cravenjudo.co.uk Number: 07804 819203
- North Yorkshire Wado -Kai Karate club. Settle Primary School on a Tuesday, Burton in Lonsdale on a Friday, for more details phone 07925973694 or email northyorkshirekarate@hotmail.com
- ◆ **Skipton Ju-jitsu** Junior sessions every Saturday morning 10:00 11:30am at Sandylands Sports Centre, Skipton BD23 2AZ. *Website: www.rosecountiesjujitsu.co.uk Email: sensei.nick@rosecountiesjujitsu.co.uk Tel: 07729 743175*
- Skipton Karate Club—Tuesday and Thursday evenings at Craven Leisure Centre www.skiptonkarate.org.uk, tel Ian or Rebecca Spence 01535 637 313 07803 751 161

#### Media

Dales Radio is a radio station for the Yorkshire Dales. It runs on a 'not for profit' basis and is staffed by volunteers. They welcome contributions about local projects in areas of Craven (and the rest of the Dales). For more info: https://www.dalesradio.co/Facebook - Dales Radio

#### **Mountain Biking**

For information on routes please see https://cyclethedales.org.uk/route\_type/mtb/ and Guisburn Forest https://www.forestryengland.uk/gisburn-forest-and-stocks

#### **Music Clubs**

- ◆ **Girls Rock Club**, Trinity Church Hall, Westmoreland Street Skipton. Tuesdays 3.30pm 5.30pm , A weekly club aimed at girls aged 10 to 16 years run by *SELFA*—01756 706384
- ♦ NYMAZ—youth music projects across North Yorkshire www.nymaz.org.uk
- Settle Amateur Operatic Society musical productions Facebook:
   Settle Amateur Operatic Society
- Skipton Music Centre Saturday mornings (term time) at Skipton Music Centre at mysteds School. All ages including adults and junior sessions Website -www.skipton-music-centre.org.uk

#### Netball

Craven Dragons Netball - Wednesday's 5pm-7:30pm at South Craven School 11yrs +

 email anniesheryn@gmail.com Phone: 07813 703585

#### **Outdoor Clubs**

- ◆ Craven Energy Junior Triathlon Club Runs various sessions for 8—16 year olds in different locations. *email cravenenergyjuniortriathlon@gmail.com*, 07803899443.
- ◆ Various triathlon training sessions , coaching and events For more info contact: andy@doingbigandscary.com or jill@runbikefun.co.uk