

# HARROGATE YOUTH DIRECTORY

### SPRING/ SUMMER 2025

### Clubs & Projects For Young People Living In Harrogate Locality



Please note that age limits vary and there maybe costs to take part in the activities publicised. We advise that you ring to check opening times before attending. All information in this leaflet is secondary research and may not be completely accurate. For any updates please email rachel@nyy.org.uk

100+ CLUBS & PROJECTS INSIDE





# Our Youth Clubs provide healthy, positive activities for young people aged 11-19.

\*up to 25 for those with additional needs

Our clubs are all across the county and are run by qualified and experienced youth workers on various evenings during the school term. So if you fancy meeting up with friends, trying something new, developing a new skill or just want a safe place to hang out and chill come along to one of our clubs and the staff will be happy to help.

# North Yorkshire Youth Direct Delivery Youth Clubs

WEEKLY TIMETABLE CLUBS IN HARROGATE LOCALITY

#### **Club Name & Address**

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Knaresborough Youth Club Gracious Street Methodist Church, 4 Chapel St, Knaresborough HG5 8AN Club Contact Number

#### Club Name & Address Jennyfield Youth Club Jennyfield Styan centre Grantley Drive Harrogate HG3 2XU

Club Contact Number

Club Name & Address Ripon LGBTQ+ Youth Group Club Contact Number

#### **Opening Times**

7.00 p.m. - 9.00 p.m Tuesday Evenings Term Time Only

07881797716 During Office Opening Hours Only

#### **Opening Times**

7.00 p.m. - 9.00 p.m Tuesday Evenings Term Time Only

07881797716

During Office Opening Hours Only

### **Opening Times**

Tuesdays 3.30-5pm, fortnightly 07881797716

During Office Opening Hours Only



# **Jennyfield's Youth Club**





Support

hill

Arts & Crafts Games Thursdays 7-9pm

Food

**Harold Styan Community Centre** 

Open to yr7+

50p per session

Music



# Knaresborough Youth Club





Tuesdays 7-9pm Gracious Street Church, Chapel St, HG5 8AN Open to yr7+ 50p per session





Tuesdays Fortnightly (term time) 3.30-5pm For young people in school year 7+ For more details, please contact <u>rachel@nyy.org.uk</u>

### Setting up a new youth club? Developing an existing one? WE ARE HERE TO HELP!

Our Youth & Community Development Workers provide the guidance and expertise needed to set up, develop, and sustain voluntary youth clubs and projects. We offer support with:

- Setting up and managing a committee
- Key policies, procedures, and paperwork
- Flexible training opportunities
- Creative activity ideas
- Writing successful funding applications
- Practical 'how-to' guides
- Connecting with similar groups

We tailor our support to meet the specific needs of your group, just let us know how we can help!

For more information, contact your local Youth & Community Development Worker for the Harrogate District, Rachel Rabjohns. rachel@nyy.org.uk, 07881 797716 or see our website: www.nyy.org.uk

## www.nyy.org.uk



# Volunteer Led Youth Clubs & Projects

### WEEKLY TIMETABLE

#### **Club Name & Address**

#### **Opening Times**

Ripon Youth Cafe, Allhallowgate Methodist Church, Victoria Grove, Ripon HG4 1LG Club Contact

6:00 pm. - 7:30 pm Wednesday Evenings Term Time Only youthcaferipon@yahoo.com

**Open to Children & Young People in School Years 7+** 

Dishforth Youth Club Dishforth Village Hall, YO7 3JU Club Contact

6.30 - 8.30pm Thursday Evenings Term Time Only 07702881951

**Open to Children & Young People in School Years 7+** 

Harrogate Youth Chess Club St.Roberts social Club, HG1 1HP Club Contact 6:30 pm. - 8.00 pm Wednesday Evenings Term Time Only harrogatechessclub@hotmail. co.uk

**Open to Children & Young People in School Years 6+** 

Kirkby Malzeard Youth Club The Mechanics Institute, Kirkby Malzeard, HG4 3RS

6:30 pm - 8: 00pm Thursday Evenings, monthly, Term Time Only https://www.facebook.com/ kirkbymalzeardyc/

**Club Contact** 

**Open to Children & Young People in School Years 5-8** 



#### **ARTS & ENTERTAINMENT**

Group Name	Contact
ACTAcademy	Venue: Northern Performance Academy Anchor Road, Harrogate, HG1 4TA Email: info@actacademy.co.uk Phone: 01423 819207 Website: www.actacademy.co.uk
Chatsworth Dance Centre	Venue: Email: info@chatsworthdance.co.uk Phone: 01423 522322 Website: www.chatsworthdance.co.uk
<b>Creative Writing with Yorkshire</b> <b>CREATE</b> reative writing workshop for children aged 7+, focusing on a range of storytelling techniques, including developing plot and discovering your writing style.	Venue: Henshaws Arts & Crafts Centre Email: <u>admin@yorkshire-create.co.uk</u> Phone: 07711745985 Website: <u>www.yorkshire-create.co.uk</u>
Danceworx - Harrogate Studio and Knaresborough Studio.	Venue: various check class timetable Email: office@danceworxs.co.uk Phone: 07531 397965 Website: http://www.danceworx.co/
<b>Generation Dance</b> over 20 different classes per week in Boroughbridge.	Venue: 4a Clay Pit Lane, Roecliffe Email: Phone: 07734 434526 Website: https://generationdance.co.uk/



**ARTS & ENTERTAINMENT** 

	Group Name	Contact
	Harrogate District Dance Company provides Dance, Acro Gymnastics & Musical Theatre classes across the Nidd Valley and Harrogate District.	Venue: Christ Church Community Centre, Main Street, Darley, HG3 2QF Email: via website Phone: 07712280038 Website:http://www.harrogatedistrictdancecompany .co.uk/index.html
	Harrogate Photography Society Juniors	Venue: The Friends hall, Homestead Road, Harrogate. HG1 5QR Email: via website Phone: Website: www.harrogatephotographicsociety.co.uk
	Harrogate Theatre Youth theatre, youth singing, youth playwrights and work experience opportunities.	Venue: HIVE 12a Oxford Street Harrogate HG1 1QF Email: hyt@harrogatetheatre.co.uk Phone: 01423 502116 Website: https://www.harrogatetheatre.co.uk/creative- engagement/harrogate-youth-theatre/
	Hightimers Amateur Theatrical Society	Venue: Coronation Hall, Boroughbridge. Email: via website Phone: Website: https://thehightimers.co.uk/
and the state of the second	Interact A drama club for those aged 18 years + with additional needs.	Venue: Mornington Terrace, Harrogate HG1 5DH Email: Me.scurr@gmail.com Phone: Mary Scurr on 07940 873217. Website: https://interactperformancegroup.org.uk/index.ht ml



#### **ARTS & ENTERTAINMENT**

Group Name	Contact
Katrina Hughes Dancers Dance and theatre arts	Venue: Grove Road School, Harrogate, HG1 5EP Email: <u>katrinahughesdancers@gmail.com</u> Phone: 07813 181 411 Website: https://www.katrinahughesdancers.co.uk/
Knaresborough Camera Club Wednesdays 7.45pm September to April	Venue: Church Hall, Park Grove, Knaresborough. Email: Phone: Website: http://knaresboroughcameraclub.blogspot.com/
Knaresborough Youth Theatre: Drama Fun provides performing arts workshops, tuition and a safe space for children aged 7+ to develop storytelling techniques and play lots of drama games!	Venue: Henshaws Arts & Crafts Centre Email: <u>admin@knaresboroughyouththeatre.co.uk</u> Phone: 07711745985 Website: <u>www.knaresboroughyouththeatre.co.uk</u>
Knaresborough Youth Theatre provides performing arts workshops in all aspects of theatre, providing fun and engaging tuition for children from age 4 to 18.	Venue: Chain Lane Community Hub Email: <u>admin@knaresboroughyouththeatre.co.uk</u> Phone: 07711745985 Website: <u>www.knaresboroughyouththeatre.co.uk</u>
Lynton Academy Dance school - provides dance teaching for all ages whether it be recreational or vocational training	Venue: Unit 1, Grove Park Centre, Harrogate, HG1 4BT Email: lynnecroome@mac.com Phone: 01423 520481 Website: www.lyntonacademy.org/About-Us.html



ARIS & ENTERTAINMENT		
	Group Name	Contact
	Northern Performance Academy Opportunities to train, produce, perform and take part in events	Venue: Anchor Road, Harrogate, HG1 4TA Email: info@NPAHarrogate.co.uk Phone: 01423 819207 Website: https://www.performingartstraining.co.uk/
	<b>PQA Harrogate</b> Offering Comedy & Drama, Musical Theatre (singing & dancing), and Film & Television.	Venue: Harrogate Grammar School, HG2 ODZ Email: kellie.taylor@pqacademy.com Phone: 07860 297676 Website: https://www.pqacademy.com/academies/harrogate/
	Red Triangle Drama Group 11 years +. Acting, script writing, dancing, set, prop and costume design. Wednesdays 7 - 9pm	Venue: YMCA, Ripon. Email: info@riponymca.org Phone: Website: 01765 607609
	Ripon Dance Academy	Venue: Hugh Ripley Hall, Ripon, HG4 2PT. Email: ripondance@live.co.uk Phone: Website: https://www.facebook.com/p/Ripon- Dance-Academy-100085517440205/
all a string and a string of the	Ripon Stage Academy	Venue: Allhallowgate Methodist Church Hall, Ripon, HG4 1LG Email: ripon_stage_academy@outlook.com Phone: 07543662345 Website:
and the state of the second	<b>Ripon Youth Theatre</b> A musical theatre group for ages 8-18 years	Venue: Ripon Operatic Society, Allhallowgate, Ripon, HG4 1LQ Email: ryt@riponoperatics.org. Phone: Website: : www.riponoperatics.org



#### **ARTS & ENTERTAINMENT**

Group Name	Contact
<b>Space to CREATE</b> provides free arts-based outreach on Saturdays from 5-7pm for young people aged 11-17	Venue: Gracious Street Methodist Church Email: <u>admin@yorkshire-create.co.uk</u> Phone: 07711745985 Website: <u>www.yorkshire-create.co.uk</u>
<b>St Aelred's Irish Dance Group –</b> Friday 4:30 – 6pm / 6 – 7.30pm.	Venue: Woodlands Methodist Church Hall, Wetherby Road, Harrogate, HG2 7SG Email: Phone: 07841 053115 Website:
<b>Stagecoach Harrogate</b> Drama, dance and singing classes for 4-18yrs.	Venue: Rossett High School Green Lane, Harrogate, Yorkshire, HG2 9JP Email: via website Phone: <u>01423 771138</u> Website: www.stagecoach.co.uk/harrogate



### ENVIRONMENT & HERITAGE

Lower Ure Conservation Trust Conservation Club Meets monthly on a Saturday, 10.00am – 1.00pm, for young people aged 14–18 years.	Venue: Nosterfield Nature Reserve Email: <u>amy.horton@luct.org.uk</u> Phone: 07568 960971 Website: <u>luct.org.uk</u>
Nidderdale Wild Watch	Venue: The Old Workhouse, King Street, Pateley Bridge, HG3 5LE Email: nidderdalenl@northyorks.gov.uk Phone: 01423 712950 Website: https://www.nidderdaleaonb.org.uk/wild- watch-events
Pinewoods Conservation Group	Venue: Email: contactus@pinewoodsconservationgroup.org.uk Phone: Website:www.pinewoodsconservationgroup.org.uk/
Yorkshire Dales National Park Young Rangers For anyone aged 12 to 17 who loves the outdoors and is keen to find out more about our National Park	Venue: various Email: learning@yorkshiredales.org.uk Phone: 01756 751628 Website: https://www.yorkshiredales.org.uk/park-
Yorkshire Wildlife Trust:	Venue: various Email: Phone: Website: www.ywt.org.uk/events



#### **FEDERATED ORGANISATIONS & UNIFORMED GROUPS**

Group Name	Contact
Young Farmers Yorkshire Federation YFC - Felliscliffe YFC, Kettlesing YFC, Winksley cum Grantley YFC, Farnley Estate YFC.	Venue: Various across the District. Email: Phone: 01423 865870 Website: www.yfyfc.org.uk/
Army Cadets For 12 -17 yrs Detachments in Harrogate Knaresborough, and Ripon	Venue: various, please see website for details Email: yh-ynw-ao2@rfca.org.uk Phone: 01904 490529 Website: https://armycadets.com/county/yorkshire- north-and-west-acf
Boys Brigade Juniors for ages 8–11 yrs Company for ages 11–14 yrs Seniors for ages 14–18 yrs (for both boys and girls)	Venue: Starbeck Methodist Church High Street, Starbeck, Harrogate, HG2 7LH Email: support@boys-brigade.org.uk Phone: 0300 303 4454 Website: https://boys-brigade.org.uk/
<b>Girl Guiding</b> Brownies ages 7-10yrs Guides ages 11-14yrs Rangers ages 14yrs+	Venue: Various, please see website for details, need to register to find local group Email: info@girlguidingnortheast.org.uk Phone: 01904 676076 Website: https://girlguidingnortheast.org.uk/



#### FEDERATED ORGANISATIONS & UNIFORMED GROUPS

Group Name	Contact
<b>Royal Air Force Cadets</b> Ages 13 to 20 yrs. Squadrons in Harrogate, Knaresborough and Ripon	Venue: Email: RAFAC-WHQ-AllUsers-CEYorks@mod.gov.uk Phone: 01677 457660 Website: https://www.raf.mod.uk/aircadets/
Sea Cadets Junior Sea Cadets ages 9-12yrs Sea Cadets ages 12-18yrs Royal Marines Cadets ages 13- 18yrs	Venue: Springfield Mews, Harrogate, HG1 2HP Email: harrogateseacadets@gmail.com Phone: 01423 566325 Website: https://www.sea-cadets.org/
Scouts North Yorkshire Scouts provides skills for life. Cub Scouts – 8 to 10½yrs Scouts – 10½ to 14yrs Explorer Scouts – 14 to 18yrs Scout Network – 18 to 25yrs	Venue: Email: office@nys.org.uk Phone: 01845 523 858 Website: www.nys.org.uk
<b>St. John's Ambulance</b> Cadets ages 11–17yrs Young Responders ages 11–25yrs NHS Cadets ages 14 – 18yrs Youth Team Volunteer ages 18yrs+	Venue: register interest via website Email: via website Phone: 0370 0104 950 Website: http://www.sja.org.uk/sja/young- people.aspx



#### **GAMING & CODING**

Harrogate Backgammon Club open to all ages or ability with beginners especially welcome.	Venue: The Everyman Cinema, Harrogate Email: via website Phone: Website: https://backgammonharrogate.co.uk/
Harrogate Games Zone inclusive gaming sessions for young people 11+.	Venue: Time Together at Unit 10 Provincial Works, Laundry Road , Starbeck, Harrogate. HG1 4QE. Email: office@time-together.org Phone: Website:
Harrogate Junior Chess Club Chess Club for primary aged children.	Venue: Email: mstokeschess@gmail.com Phone: Website: https://www.facebook.com/JuniorChessHarrogate/
Harrogate Youth Chess Club - For young people in school years 7 to 13. Thursdays 6.30 - 8pm.	Venue: St.Robert's Social Club, 5a Robert St, Harrogate HG1 1HP Email: harrogatechessclub@hotmail.co.uk Phone: Website:https://sites.google.com/site/harrogate chessclub/home
Harrogate Wargamers Club variety of figure and board games as well as role playing.	Venue: Turret House East Parade, Harrogate Email: Phone: 07956 665288 Website:



#### **MIXED DISCIPLINE & MARTIAL ARTS**

AIM Martial Arts Harrogate	Venue: Email: via website Phone: 07889 906234 Website: https://aimmartialarts.com/
<b>Bilton Martial Arts Academy</b> Combat Jui-jitsu, Judo, Karate, Kickboxing, Ages 5+	Venue: Bilton Working Men's Club, HG1 4LL Email: biltonwmc.co.uk Phone: Website: https://www.facebook.com/groups/13848106284755 02/
Harrogate Shotokan Karate Club offers Karate training for all ages and levels of ability	Venue: Harrogate High School Ainsty Rd, Harrogate HG1 4TH Email: via website Phone: 07864888149 Website: https://www.harrogateshotokankarate.co.uk/
Harrogate Triathlon Club Juniors aged 8—16. Swim sessions Monday/Thursday Running & skills session Tuesdays	Venue: various Email: hello@harrogatetriathlonclub.co.uk Phone: +447759555901 Website: www.harrogatetriathlonclub.co.uk
Kao Loi Boxing Thai boxing, MMA and self- defence. Junior classes available	Venue: 154a Skipton Road, Harrogate HG1 4LL Email: pierre.mahon@virgin.net Phone: 07808 776281 Website: https://kaoloi.co.uk



### MIXED DISCIPLINE & MARTIAL ARTS

Group Name	Contact
<b>KTA Taekwondo</b> Offering clubs for a range of ages and abilities. From age 4+	Venue: Various Email: kta.harrogate@yahoo.co.uk Phone: 07944-988806 Website: www.harrogatetaekwondo.co.uk
Martial Arts For Life Offering clubs for a range of ages and abilities. From age +5 in Harrogate and Knaresborough	Venue: Various Email: enquiries@martialartsforlife.co.uk Phone: 01423 568067 Website: Martialartsforlife.co.uk
NYP Tristars Triathlon Club based in Ripon For ages 8-18 yrs.	Venue: Various Email: via website Phone: Website: http://www.nyptristars.co.uk
Premier Martial Arts Harrogate juniors martial arts.	Venue: Unit 32, Claro Court Business Centre, Claro Road. Email: Phone: 07761600646 Website: https://pmaharrogate.com/
The Karate Dojo Ripon Karate classes for ages 4+	Venue: Queen Street, Ripon. Email: via website Phone: 07972 227772 Website: https://www.thekaratedojo.co.uk/

#### OUTDOOR CENTRES AND ACTIVITY PROVIDERS

	Group Name	Contact
	<b>Bewerley Park Centre For</b> <b>Outdoor Education</b> Outdoor activities	Venue: Bewerley Park Centre, Bewerley, Harrogate HG3 5JB Email: outdooreducation@northyorks.gov.uk Phone: 01423 711287 Website: https://outdoored.co.uk/
	Harrogate Leisure and Wellbeing Hub Gym, Swim, Activity Classes	Venue: Jenny Field Drive, Harrogate, HG1 2RP Email: via website Phone: 01423 556767 Website: https://www.northyorks.gov.uk/active- north-yorkshire/active-north-yorkshire- venues/harrogate-leisure-and-wellbeing-hub
ALL START AND	Knaresborough Leisure and Wellbeing Hub Gym, Swim, Activity Classes	Venue: King James Road, Knaresborough, HG5 8EB. Email: via website Phone: 01423 860011. Website: https://www.northyorks.gov.uk/active- north-yorkshire/active-north-yorkshire- venues/knaresborough-leisure-and-wellbeing-hub
	Live For Today- Ripley Castle Activity Centre Outdoor activities	Venue: Ripley, Harrogate HG3 3AY Email: Phone: 01423 229780 Website: live-for-today.com
South and the although 12 Maile a	Pateley Bridge Leisure and Wellbeing Hub Gym, Swim, Activity Classes	Venue: Low Wath Road, Pateley Bridge, Harrogate, HG3 5HL. Email: via website Phone: 01423 711442. Website: https://www.northyorks.gov.uk/active- north-yorkshire/active-north-yorkshire- venues/pateley-bridge-leisure-and-wellbeing-hub



### OUTDOOR CENTRES AND ACTIVITY PROVIDERS

Group Name	Contact
<b>Ripon Leisure and Wellbeing Hub</b> Gym, Swim, Activity Classes	Venue: Dallamires Lane, Ripon, HG4 1TT. Email: via website Phone: 01765 601353 Website: https://www.northyorks.gov.uk/active- north-yorkshire/active-north-yorkshire- venues/ripon-leisure-and-wellbeing-hub-jack- laugher-centre
 Rossett Sports Centre non-membership dry site sports centre	Venue: Green Lane, Harrogate, HG2 9JP Email: sportscentre@rs.rklt.co.uk Phone: 01423 564462 Website: https://www.rossettsportscentre.co.uk/



	SPORTS		
	Group Name	Contact	
	Angling - Ripon Piscatorial Association Junior members aged 12 to 18 years. Under 12s must be with an adult member	Venue: Email: via website Phone: Website: https://riponrpa.co.uk/	
	Boroughbridge District Angling Club	Venue: Email: Phone: 01423 323603 (Club Secretary) Website: https://boroughbridgeanglingclub.com/welcome	
	Nidderdale Angling Club - various days and locations	Venue: Nidderdale Angling Club, Nidderdale Plus King Street, Pateley Bridge, HG3 5AT Email: via website Phone: 01423 711822 Website: nidderdaleac.co.uk	
and the second s	Knaresborough Piscatorials Junior membership for 16 to 18 years of age at time of application.	Venue: Email: duftonsteven5@gmail.com Phone: Steve Dufton – 07775 796994 Website: https://www.knaresborough- piscatorials.co.uk/	
AL A PHAN	Archery - St George's Archery Club Various days and times depending on the current season. For yr8 +	Venue: Email: via website Phone: Website: www.harrogate-archery.co.uk	



SPORTS		
Group Name	Contact	
Badminton - Boroughbridge Feathers Badminton Club Junior badminton from age 8yrs	Venue: Boroughbridge High School, Wetherby Rd, Boroughbridge, York YO51 9JX Email: Phone: 01423 325565 Website: https://www.facebook.com/people/Boroughbridge -Feathers/100043111849657/#	
Harrogate Racquets Club	Venue: Harrogate Racquets Club Ltd, Firs Road Harrogate, HG2 8HA Email: via the website Phone: Website: https://clubspark.lta.org.uk/harrogateracquetsclub	
Boxing – Harrogate Amateur Boxing Club junior boxing.	Venue: Unit 7a provincial works, Harrogate, HG1 4QE Email: Harrogateboxingclub@gmail.com Phone: 07852251744 Website: https://www.harrogateboxingclub.com/	
Harrogate Amateur Boxing Club junior boxing.	Venue: Unit 7a provincial works, Harrogate, HG1 4QE Email: Harrogateboxingclub@gmail.com Phone: 07852251744 Website: https://www.harrogateboxingclub.com/	
H Hour 8-16 years	Venue: Manhattan Club (AIM Martial Arts Academy), Beech Ave, Harrogate, HG2 8DY Email: <u>hhourboxing@yahoo.com</u> Phone: Website: https://hhourboxing.co.uk/	
-	the activities/groups listed please contact provider directly.	



Group Name	Contact
<b>Kao Loi Boxing -</b> Thai boxing. Junior classes available	Venue: 154a Skipton Road, Harrogate HG1 4LL Email: pierre.mahon@virgin.net Phone: 07808 776281 Website: https://kaoloi.co.uk
Cheerleading - E.K Galaxy Cheer and Dance	Venue: Email: ekgalaxyinfo@gmail.com Phone: Website: https://www.facebook.com/ekgalaxycheer/? locale=en_GB
Cricket - Beckwithshaw Cricket Club U9's up to U18's	Venue: Killinghall Road, Beckwithshaw, Harrogate, HG3 1QL Email: via website Phone: Website: https://beckwithshaw.play- cricket.com/home
Bilton Cricket Club U9's up to U18's	Venue: Bilton Ln, Harrogate HG1 3DQ Email: liamhford@outlook.com Phone: 07885 610444 Liam Ford Website: https://biltoncc.com/
Follifoot Cricket Club	Venue: Pannal Road, Follifoot, HG3 1DS Email: via website Phone: 01423 872804 Paul Townsend Website: https://www.pitchero.com/clubs/follifootcricketclub



SFORTS	
Group Name	Contact
Harrogate Cricket Club 9-U18's , and girls teams/coaching.	Venue: St George's Road, Harrogate, HG2 9BP Email: via website Phone: 01423 561301 Website: https://www.harrogatecricketclub.com/
Knaresborough Cricket Club Coaching and competition for young people aged 5 to 18 years,	Venue: Aspin Lane, Knaresborough, HG5 8EP Email: via website Phone: Website: https://www.knaresboroughcricket.co.uk/
Knaresborough Forest Cricket Club	Venue: Thistle Hill, Calcutt, Knaresborough, HG5 8JL Email: via website Phone: 07866 591511 Website: https://knaresboroughforest.play- cricket.com/home
North Stainley junior teams at under 9, 11, 13, 15, 18 and a girls section	Venue: North Stainley Cricket Club, North Stainley near Ripon, HG4 3JT Email: via website Phone: Website: https://northstainleycc.hitscricket.com/default.as px
Pannal Cricket club Provides age group cricket for girls and boys from All Stars (age 5-8) to U18,	Venue: Burn Bridge Ln, Harrogate HG3 1PF Email: via website Phone: Website: https://pannal.play-cricket.com/home



Group Name	Contact
<b>Pateley Bridge Cricket Club</b> Mixed teams/coaching for U9's, U11's and U13's	Venue: Bewerley Park Show Field Pateley Bridge, Harrogate, HG3 5HQ Email: via website Phone: Website: https://pateleybridge.play- cricket.com/home
<b>Spofforth Cricket Club</b> junior section, U11's – U18's.	Venue: School Lane, Spofforth, Harrogate, HG3 1BA Email: via website Phone: 07470 180512 Website: https://spofforth.play-cricket.com/home
Diving - Harrogate Sub Aqua Club (BSAC) Ages 10+	Venue: Harrogate Hockey Club, Ainsty Rd, Harrogate HG1 4AP Email: info@harrogatebsac.co.uk Phone: Website: https://www.harrogatebsac.co.uk/
Harrogate Leisure and Wellbeing Hub Diving lessons, also offer lessons for divers with a disability	Venue: Jenny Field Drive, Harrogate, HG1 2RP Email: via website Phone: 01423556767 Website: https://www.northyorks.gov.uk/contact/harrogate- leisure-and-wellbeing-hub



Group Name	Contact
<b>Ripon Divers</b> Snorkelling lessons from 12 years and upwards	Venue: Email: Phone: 01765 600114, Kevin Rafferty Website: https://www.bsac.com/club-life/find-a- bsac-club/ripon-divers/#contact
Football - Beckwithshaw Saints Junior FC U7's - U18's Teams, girls and boys teams.	Venue: Rossett Sports Centre, Harrogate, HG2 9JL Email: via contacts on website Phone: Website: https://www.bsjfc.co.uk/
<b>Boroughbridge Ability for All</b> For boys and girls aged 6 to 16 of any ability who want to develop their football and social skills.	Venue: Boroughbridge High School Wetherby Road, Boroughbridge, YO51 9JX Email: via website, see contacts Phone: Website: http://www.boroughbridgejuniorsfc.co.uk/teams/A bility-For-All(Disability-Football)
<b>Boroughbridge Junior FC</b> For boys and girls aged 5 to 17 of any ability.	Venue: Boroughbridge High School Email: via website, see contacts Phone: Website: www.boroughbridgejuniorsfc.co.uk
Harrogate Railway Athletic FC For boys and girls of all ages.	Venue: Station View, Harrogate, HG2 7JA Email: via website, see contacts for appropriate team Phone: via website, see contacts Website:https://www.harrogaterailwayathleticfc.co .uk/default.aspx



	SPORTS	
	Group Name	Contact
	Harrogate Town AFC Soccer camps for children aged between 6 and 13 (School years 1–8)	Venue: varies Email: daveriley@harrogatetownafc.com Phone: Website: https://www.harrogatetownafc.com/club/soccer- camps
	Killinghall Nomads Junior FC – Under 6's to Under 17's including girl's age groups from Under 7's to Under 16's as well as a pan- disability section.	Venue: Killinghall Moor Community Park, Barberry Close, Harrogate, HG3 2NZ Email: <u>info@killinghallnomadsjfc.com</u> Phone: Website: https://www.killinghallnomadsjfc.com/
ATT STATE AND THE STATE AND	Kirkby Malzeard Junior Football Club For under 7's age group (which welcomes 5 and 6 year olds), up to under 11's, for for players aged 11 and upwards our sister club is Nidd United.	Venue: Highside Playing Fields, Kirkby Malzeard, HG4 3SH Email: kirkbylionsjfc@gmail.com Phone: Website: https://kirkbylions.wordpress.com/about/
	Knaresborough Celtic Junior FC Under-7's through to Under-18's	Venue: Thistle Hill, Knaresborough, HG5 8LS Email: via website, see contacts for appropriate team Phone: via website, see contacts Website: www.knaresboroughceltic.co.uk
and the second of the second of the second	Nidd United Junior FC From ages 11 (Year 7) upwards.	Venue: varies as to age group Email: via website, see contacts for appropriate team Phone: via website, see contacts Website: https://www.niddunited.co.uk/



Group Name	Contact
<b>Pannal Ash Junior FC -</b> For children of all abilities aged between 5 and 18 years old.	Venue: Almsford Playing Field, Harrogate, HG2 8EF Email: via website, see contacts for appropriate team Phone: via website, see contacts Website: https://www.pannal-ash.co.uk/about-us/
<b>Pannal Sports Junior FC</b> For boys and girls from U5's through to U18's.	Venue: Email: via website. Phone: Website: https://www.pannalsportsjfc.co.uk/
Pateley Bridge Junior Football Club U6 to U11 football coaching and matches for girls and boys	Venue: Email: pateleybadgers@yahoo.com Phone: Website: https://www.facebook.com/PBJFC? locale=en_GB
<b>Ripon City Panthers FC</b> For U7's - U18's.	Venue: Ripon City Panthers Junior Football Club, Hell Wath Lane, Ripon, HG4 2SE Email: via website, see contacts for appropriate team Phone: Website: https://www.riponcitypanthersjfc.co.uk/
Scotton Scorchers Junior FC Boys football from under 6 years to under 12 years, Girls football from under 6 years – adult.	Venue: Low Moor Lane, Knaresborough, HG5 9JB Email: mikeandjanec@googlemail.com Phone: Website: https://scottonscorchers.co.uk/contact/
Tockwith Junior FC U8's+	Venue: Tockwith Sports Hall, Tockwith Lane, Tockwith, York YO26 7RP Email: tjfcwelfare@hotmail.com Phone: Website: https://www.tockwithjuniors.com/



### SPORTS

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	Group Name	Contact
A REAL PROPERTY AND A REAL	<b>Golf - Harrogate Golf Club</b> welcomes Juniors of all abilities; from absolute beginners to more accomplished players	Venue: Forest Lane Head, Harrogate. HG2 7TF. Email: sam@sameversongolf.co.uk Phone: 01423 862999 Website: http://harrogate-gc.co.uk/
	Knaresborough Golf Club Get into golf - under 16 and 16-18 years old	Venue: Boroughbridge Road, Knaresborough, HG5 OQQ Email: via website Phone: 01423 862690 option 3 Website: www.knaresboroughgolfclub.co.uk
	Masham Golf Club Junior under 18's with close family member	Venue: Burnholme, Swinton Road, Masham, Ripon, HG4 4NS Email: <u>info@mashamgolfclub.co.uk</u> Phone: 01765 688054 Website: www.mashamgolfclub.co.uk/visitors
	Oakdale Golf Club U18's membership	Venue: Oakdale Glen, Harrogate. HG1 2LN Email: manager@oakdalegolfclub.co.uk Phone: 01423 567162 ext. 2 Website: http://www.oakdalegolfclub.co.uk/
all the surveyor of the public of	Pannal Golf Club welcomes new members of all standards ranging from complete beginners to good players	Venue: Follifoot Road, Pannal, Harrogate, HG3 1ES Email: via website Phone: 01423 872628 Website: www.pannalgc.co.uk



Group Name	Contact
<b>Ripon City Golf Club –</b> Juniors Under 16 Juniors 16–18	Venue: Palace Road, Ripon, HG4 3HH Email: secretary@riponcitygolfclub.com Phone: 01765 603640 Website: www.riponcitygolfclub.com
<b>Rudding Park Golf Club</b> Junior membership, U18's	Venue: Follifoot, Harrogate, HG3 1JH Email: golf.Admin@ruddingpark.com Phone: 01423 872100 option 3 Website: www.ruddingpark.co.uk/golf
Spofforth Golf Club	Venue: Haggs Road, Spofforth, HG3 1EQ Email: Phone: Website: https://www.spofforthgolfcourse.co.uk/
Astral Gymnastics Club Recreational Gymnastic Classes and squad.	Venue: Harrogate High School, Ainsty Road Harrogate, HG1 4AP Email: hello@astralacrobatics.co.uk Phone: Website: https://astralgymnastics.co.uk/
<b>Gymnastics - Harrogate</b> <b>Gymnastics Academy</b> Gymnastics and dance classes Youth Night 12+, holiday camps	Venue: Unit 7, The Zone, Hornbeam Park, Harrogate, HG2 8QT Email: info@harrogategymnastics.co.uk Phone: 01423874793 Website: www.harrogategymnastics.co.uk



#### SPORTS

Group Name	Contact
<b>Ripon Gymnastics Academy</b> Gymnastics classes for 5-18 year old girls and boys	Venue: Boroughbridge High School, Wetherby Rd YO51 9JX Email: admin@ripongymnasticsacademy.co.uk Phone: Website: ripongymnasticsacademy.strikingly.com
Hockey – Harrogate Hockey Club	Venue: Granby Hockey Centre, Ainsty Road, Harrogate, HG1 4AP Email: info@harrogatehockey.co.uk Phone: 01423 565696 Website: www.harrogatehockey.co.uk
Riding - Follifoot Park Riding Centre Lessons from 3yrs+ and pony days.	Venue: Pannal Road, Follifoot, Harrogate. HG3 1DL Email: info@horseridingcentre.co.uk Phone: 01423 870372 Website: www.horseridingcentre.co.uk
Harrogate Riding Centre offer individual coaching and riding lessons for all ages and abilities	Venue: Spring House Farm, Brackenthwaite Lane, Burn Bridge, Harrogate, HG3 1PW Email: information@springhousegroup.com Phone: Website: www.harrogateridingcentre.co.uk
Little Pasture Trekking Centre offers lessons, local hacks, day rides and riding holidays	Venue: Little Pasture Trekking Centre, Bar Lane Knaresborough, HG5 OQG Email: Phone: 01423 860593 Website: http://www.littlepasture.co.uk



SPORTS	
Group Name	Contact
SJ Equestrian Riding Centre horse riding lessons for adults and children of all ages and abilities.	Venue: Farm View Hall, Warsill, Ripley, Harrogate HG3 3LH Email: via website Phone: 07900 692250 Website: https://www.sjequestrian.co.uk/
Yorkshire Riding Centre riding lessons	Venue: Markington, Harrogate, HG3 3PE Email: <u>info@yrc.co.uk</u> Phone: 07949 279170 Website: https://www.yrc.co.uk/
Harrogate Nova youth coaching programme for ages 6–16, U18 membership, youth race team.	Venue: Harrogate Army Foundation college Hildebrand Barracks car park Email: harrogatenovaraceteam@gmail.com Phone: Website: www.harrogatenova.cc
Netball - Harrogate Phoenix Netball Club Junior Training U11's and U12's (Year 6-7), U14's (Year 8-9), U16's (Year 10-11).	Venue: various depending on age group Email: via website Phone: Website: https://www.harrogatephoenixnetball.co.uk/



#### **Group Name** Contact Rugby - Harrogate Rugby Union Venue: Rudding Ln, Harrogate HG3 1DQ **Football Club** Email: info@harrogaterugby.com Phone: 01423 815420 Junior teams for boys and girls Website: https://www.harrogaterugby.com/ **Ripon Rugby Union Football** Venue: Mallorie Park Drive, Ripon, HG4 2QD Club Email: via website Phone: 01765 604675 Boys and Girls are welcome from u7 to u11 and Boys from u12 up. Website: https://www.riponrugby.org/ **Running – Harrogate Harrier** Venue: Hookstone Wood Rd, Harrogate HG2 8PN Email: Juniors for children from school year 5 Phone: to school year 13 - Application Website: https://www.harrogateform via website harriers.co.uk/harrogate-harriers-juniors Venue: The Valley Gardens, Harrogate, HG1 2SZ Harrogate Junior Parkrun free, weekly 2k event for juniors Email: harrogatejuniors@parkrun.com (4 to 14 year olds). Phone: Website: https://www.parkrun.org.uk/harrogatejuniors/aboutus/ **Nidd Valley Junior Running** Venue: King James's School, Knaresborough Club Email: contact@niddvalleyroadrunners.co.uk Under 12s (age 8-11) and 12s (age Phone: 12 - 18)Website: https://niddvalleyroadrunners.co.uk/



Group Name	Contact
<b>Ripon Runners</b> for boys and girls from school year 5 (aged 9/10) to year 11 (aged 15/16)	Venue: Ripon Rugby Club, Mallorie Park, Ripon, HG4 2QD Email: membership@riponrunners.org.uk Phone: Website: https://www.riponrunners.org.uk/about/
<b>Sailing - Ripon Sailing Club</b> Juniors (7year - 12ish years) Youths (12ish - 18 years)	Venue: Farnham Lane, Knaresborough, HG5 9JS Email: ask@ripon-sc.org.uk Phone: Website: https://www.ripon-sc.org.uk/contact
Yorkshire Dales Sailing Club Youth section for all abilities.	Venue: Grimwith Reservoir, Hebden BD23 5ED Email: enquires@yorkshiredales.sc Phone: Website: website@yorkshiredales.sc
Squash - Harlow Hill Squash Club Junior Squash Academy Coaching sessions for 6-17yrs	Venue: 9 Plantation Avenue, Harrogate, HG2 ODD Email: admin@harlowsquash.com Phone: 07890546771 - Adam Website: https://www.harlowhillsquashclub.com/



Group Name	Contact
	Contact
Swimming - Harrogate District Swimming Club	Venue: The Hydro, Jenny Field Dr, Harrogate HG1 2RP
for ages 7 through to 17 years	Email: via website Phone:
	Website: https://swimharrogate.org.uk/
Starbeck Swimming Pool	Venue: Spa lane, Harrogate, HG2 7JF. Email: via website
	Phone: 01423883155
	Website: https://www.northyorks.gov.uk/active- north-yorkshire
Tennis - Birstwith Tennis Club Coaching runs all-year-round	Venue: Wreaks Road, Birstwith, HG3 2NN Email: birstwithtennisclub@gmail.com
for children Aged5 upward	Phone:
	Website:
	https://clubspark.net/BirstwithTennisClub
Boroughbridge Tennis Club Junior sessions for ages 8–11 and	Venue: Boroughbridge Tennis Club, Aldborough Rd YO51 9EA
ages 12-18. Holiday clubs during	Email: via website
school holidays	Phone:
	Website:https://clubspark.lta.org.uk/boroughbridg etennisclub
Dacre Tennis Club	Venue: Dacre Banks, Harrogate HG3 4EB
Junior coaching.	Email: secretary@dacretennis.net Phone: 07714707890 - Jane Robinson
	Website:
	https://clubspark.lta.org.uk/DacreTennisClub



SPORTS	
Group Name	Contact
Harlow Tennis Club Junior coaching and holiday tennis camps.	Venue: Plantation Road, Harrogate, HG2 ODB Email: <u>harrogate@strivetennis.co.uk</u> Phone: 07711 181998 – Matt McTurk Website: https://harlowtennisclub.co.uk/
Harrogate Racquets Club Junior coaching for all ages and abilities. holiday camps.	Venue: Firs Road, HARROGATE, HG2 8HA Email: tennis.coaching@harrogateracquetsclub.co.uk Phone: 07870 166357 Website: https://clubspark.lta.org.uk/harrogateracquetsclub
Knaresborough King James's Tennis Club Junior coaching and holiday camps.	Venue: King James Rd, Knaresborough HG5 8EB Email: enquiries@ac-tenniscoaching.co.uk Phone: 07793 718701 - Angela Crossley Website:https://clubspark.lta.org.uk/Knaresboroug hKingJamesTennisClub
Mashamshire Tennis Club Offers coaching to young people in order to promote tennis in Masham and the surrounding areas	Venue: Masham, Ripon HG4 4DS Email: Phone: Website: https://www.mashamshiretennisclub.co.uk/
The Ripon Tennis Centre offers junior coaching, and padel courts. Play with your parent/guardian free of charge (outdoor only).	Venue: Ripon Tennis Centre, HG4 3HJ Email: Phone: tel: 01765 606066 Website: https://www.ripontenniscentre.co.uk/


# **ACTIVITIES** For Children & Young People In Craven

VOLUNTEERING				
Group Name	Contact			
Community First Yorkshire	Venue: Unit A Tower House, Askham Fields Lane, Askham Bryan, YO23 3FS Email: info@communityfirstyorkshire.org.uk Phone: 01904704177 Website: www.communityfirstyorkshire.org.uk/volunteering			
North Yorkshire Council	Venue: North Yorkshire Council, County Hall, Northallerton, DL78AD Email: Phone: 03001312131 Website: www.northyorks.gov.uk/community-and-volunteering			
Yorkshire Wildlife Trust	Venue: Yorkshire Wildlife Trust, 1 St Georges Place, York, YO241GN Email: info@ywt.org.uk Phone: 01904659570 Website: www.ywt.org.uk/volunteer/north-yorkshire			
Yorkshire Dales National Park	Venue: Yorkshire Dales National Park Authority, Yoredale, Bainbridge, Leyburn, DL83EL Email: info@yorkshiredales.org.uk Phone: 03004560030 Website: www.yorkshiredales.org.uk/park- authority/looking-after/volunteering			
National Trust	Venue: National Trust, York Consultancy Hub, Goodards, 27 Tadcaster Road, York, YO241GG Email: n.customerenquiries@nationaltrust.org.uk Phone: 03448001895 Website: www.nationaltrust.org.uk/visit/yorkshire/volunteering			



# **ACTIVITIES** For Children & Young People In Craven

## VOLUNTEERING

Contact
Venue: Community House, East Parade, Harrogate, HG1 5RR Email: hadca@hadca.org.uk Phone: 01423 504074 Website: https://hadca.org.uk/
Venue: Email: Phone: Website: www.getvolunteering.co.uk/places/north- yorkshire
Venue: Harrogate District Hospital, Lancaster Park Road Harrogate, HG2 7SX Email: hdft.volunteering@nhs.net Phone: 01423 557408 Website: https://www.hdft.nhs.uk/about/fundraising- and-volunteering/volunteering/
Venue: Email: Phone: Website: www.vinspired.com
Venue: Volunteering Matters, The Levy Centre, 18–24 Lower Clapton Road, London, E50PD Email: info@volunteeringmatters.org.uk Phone: 02037805870 Website: www.volunteeringmatters.org.uk



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# **ACTIVITIES** For Children & Young People In Harrogate Locality

OTHER GROUPS	
Group Name	Contact
Disability Project provides inclusive sessions for disabled children and young people. Leisure, sport, and play activities.	Venue: Various Email: danielle.mulholland@harrogate.gov.uk Phone: 01423556719 Website: <u>www.northyorks.gov.uk</u>
Follifoot Park Disabled Riders Group provides therapeutic horse riding and carriage driving for children and adults with a wide variety of disabilities.	Venue: Railway Rd, Harrogate HG2 8PW Email: admin@follifootparkdrg.org.uk Phone: 01423 546161 Website: https://www.follifootparkdrg.org.uk/
Inspire Youth Yorkshire An independent charity offering youth support services for people aged 8- 18 with a community Hub in Knaresborough and mobile provision across Harrogate and District	Venue: Various Email: info@inspireyouth.uk Phone: 07547 287892 Website: - website www.inspireyouth.uk
Harrogate Youth pride North Yorkshire Council, Welcoming all LGBTQ+IA people and allies aged 14–18.	Venue: contact organiser for details Email: chloe.thwaites@northyorks.gov.uk Phone: 07973762347 Website: www.northyorks.gov.uk
LGBTQ+ Ripon North Yorkshire Youth Social group for LGBTQ+ young people and allies	Venue: contact organiser for details. Email: Rachel@nyy.org.uk Phone: 07881797716 Website: www.nyy.org.uk



# **ACTIVITIES** For Children & Young People In Harrogate Locality

## **OTHER GROUPS**

Group Name	Contact
Disability Project provides inclusive sessions for disabled children and young people. Leisure, sport, and play activities.	Venue: Various Email: danielle.mulholland@harrogate.gov.uk Phone: 01423556719 Website: <u>www.northyorks.gov.uk</u>
Follifoot Park Disabled Riders Group provides therapeutic horse riding and carriage driving for children and adults with a wide variety of disabilities.	Venue: Railway Rd, Harrogate HG2 8PW Email: admin@follifootparkdrg.org.uk Phone: 01423 546161 Website: https://www.follifootparkdrg.org.uk/
Harrogate Youth pride North Yorkshire Council, Welcoming all LGBTQ+IA people and allies aged 14–18.	Venue: contact organiser for details Email: <u>chloe.thwaites@northyorks.gov.uk</u> Phone: 07973762347 Website: <u>www.northyorks.gov.uk</u>
Inspire Youth Yorkshire An independent charity offering youth support services for people aged 8- 18 with a community Hub in Knaresborough and mobile provision across Harrogate and District	Venue: Various Email: info@inspireyouth.uk Phone: 07547 287892 Website: - website www.inspireyouth.uk
LGBTQ+ Ripon North Yorkshire Youth Social group for LGBTQ+ young people and allies	Venue: contact organiser for details. Email: Rachel@nyy.org.uk Phone: 07881797716 Website: www.nyy.org.uk



# **ACTIVITIES** For Children & Young People In Harrogate Locality

## **OTHER GROUPS**

Group Name	Contact		
Ohana Teen Club Teen Club is a welcoming and inclusive space designed for neurodiverse teenagers aged 11–17 (secondary school age).	Venue: The Workhouse Museum, Allhallowgate, Ripon Email: Hello@OhanaCharity.co.uk Phone: 07362 428657 Website: www.OhanaCharity.co.uk		
Open Country Helping People with Disabilities to Access and Enjoy the Countryside	Venue: Various Email: via website Phone: 01423 507227 Website: https://www.opencountry.org.uk/		
Purple Patch Arts provides drama, art, literature, music and dance for young people with learning disabilities/ difficulties.	Venue: Email: <u>info@purplepatcharts.org</u> Phone: <u>075103 30105</u> Website: https://purplepatcharts.org/		
<b>Teen Drop-in</b> provides a welcoming and safe space for young people aged 11 to 17.	Venue address: Wesley Chapel, 28 Oxford Street - Harrogate HG1 1PP Email address: <u>cici@netmakers.org.uk</u> Contact number: 07756111630 Website: <u>netmakers.org.uk</u>		
YMCA Ripon An independent charity offering youth support services in Ripon for people aged 11+	Venue: various, see website Email: youth@riponymca.org Phone: 01765 607 609 Website: https://www.riponymca.org/youth-work		



# **ACTIVITIES** For Children & Young People In Harrogate Locality

OTHER GROUPS			
Group Name	Contact		
Young Carers In Harrogate, clubs run on Thursdays, with Budz one week and uTime the next,. Budz (age 7-11), uTime (age 11-18)	Venue: Email: Phone: <u>0808 501 5939</u> Website: https://www.carersresource.org/young- carers/		
Young People Drop-in - Mind A safe space to talk about your feelings and devise strategies to move forward and improve wellbeing.	Venue: Acorn Centre, 101a Station Parade, Harrogate, HG1 1HB Email: office@mindinharrogate.org.uk Phone: 01423 503335 Website: www.mindinharrogate.org.uk		
Youth Council – Harrogate	Venue: Email: chloe.thwaites@northyorks.gov.uk Phone: 07973762347 Website: www.northyorks.gov.uk		
Youth Council – Knaresborough	Venue: Email: youthcouncil@inspireyouth.uk Phone: 07547 287892 Website: https://www.inspireyouth.uk/		
Youth Council – Ripon	Venue: Council Chambers, Market Square, Ripon Email: youth@riponymca.org Phone: Website: https://www.riponymca.org/youth-work		
Youth Council – Nidderdale	Venue: Nidderdale ANOB office, King Street, Pateley Bridge,HG3 5LE Email: <u>chloe.thwaites@northyorks.gov.uk</u> Phone: 07973762347 Website: <u>www.northyorks.gov.uk</u>		

# 2026 Calendar Photo Competition "A YEAR IN NORTH YORKSHIRE"

## Are you a young photographer aged 11+?

Photos need to represent York or North Yorkshire.

They can be scenery or street photography, with no identifiable faces. We want to see North Yorkshire at its best throughout the year!

## Closing date 31<sup>st</sup> August 2025

For more information and to enter: contact Stef on 07398 149496 or email stef@nyy.org.uk

T&Cs apply

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# OLUNTEER BUDDY NETWORK

# YOUR TIME COULD MAKE ALL THE DIFFERENCE TO A YOUNG PERSON

Life can be a lonely path for some young people. The NYY Buddy scheme can be an enriching experience for both you and the young person you support. Volunteer to befriend a 14-19yr old for as little as one hour a week. Help make a difference in your community.

For more information please contact:

Stef Benson Buddy Network Coordinator 07398 149496 stef@nyy.org.uk

North Yorkshire Youth Volunteer Buddy Network One to one support for 14-19yr olds

North Yorkshire Youth is a registered charity, number 1116521





# Could you befriend a looked after child in North Yorkshire?

NORTH YORKSHIRE COUNCIL

We would love to hear from people of all ages and backgrounds who want to make a positive difference to a young person's life.

An Independent Visitor (IV) is an adult volunteer who develops a friendship with a young person in care.

They will offer support and help a young person to develop new interests, skills and hobbies.

We are looking for volunteers who can offer one visit per month for a minimum period of two years.

For further information please contact: Stef Benson: stef@nyy.org.uk Tel: 07398 149496 What young people say about Independent Visitors:

"He made me forget about being in care and brought me up on my down days."

"Having an independent visitor has been the only stable thing in my life recently."

"She always comes when she says she will. She never lets me down."

# independent visitors



FOOD. ENTERTAINMENT. ARTS. SPORT. TOGETHER

# feast Free activities for

## eligible children and young people this school holiday.











#### Packed with sport, art, fun and food, there's something for everyone.

Everyone in North Yorkshire from Reception to Year 11 can join in, with FREE places available for eligible children and young people.

Discover what's on offer at feastNY.org

Department

for Education









Libraries are friendly spaces, where you can read, meet friends, do homework and access the internet. You do not have to be a member to visit a library. You are welcome to pop along and just be in the space to do such things as explore, read, rest, meet others, play and study.

Why not become a member so that you can make the most of your visit? On top of the thousands of books, comics, eBooks, eAudio & eMagazines for you to enjoy.

You can also visit the Library to do so much more; from Reading Groups, Volunteering Opportunities , Learning Resources, Family History Research, Study Areas, Internet & Computer Access, Photocopying Printing & Scanning, Local Studies, Film Shows, Language Courses, specialist events plus much more!





## WHY NOT VISIT ONE OF THE LIBRARIES IN HARROGATE



Libraries

Please contact your local library for opening hours

B R A R E S

Bilton and Woodfield community library Woodfield Road Harrogate HG1 4HZ

Harrogate library

**Knaresborough library** 

Victoria Avenue

Harrogate

**Marketplace** 

**HG5 8AG** 

Knaresborough

HG1 1ĔG

hity Boroughbridge community library and resource centre 17 St James Square Boroughbridge York YO51 9AR

> Mashamshire community library Mashamshire community office Little Market Place Masham HG4 4DY

Ripon library The Arcade Ripon HG4 1AG

Starbeck community library Starbeck Central 68A High Street Starbeck Harrogate HG2 7LW





## The Council provides a housing support and advice service to 16-25 year olds in housing need. They call this service Young Persons Housing Solutions @ THE HUB - or

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Visit them in person; **Council Offices Crescent Gardens** Harrogate HG12SG

Telephone: 01423 500 600

Email: housingoptions.har@northyorks.gov.uk







## What accommodation is available?

There is a range of accommodation available, but places are limited and not every young person who becomes homeless will be offered long term accommodation.

Access to all the following accommodation is <u>ONLY</u> through THE HUB:

SASH – Safe & Sound Homes – Night Stop. This is emergency accommodation for up to 14 nights staying with a host family. Transport, a meal & bed for the night are provided. The aim is to provide mediation during this time that allows the young person to return home.

SASH – Safe & Sound Homes – Supported Lodgings, Supported Lodgings provides accommodation with a host family for up to 2 years for young people with medium needs. The host and project workers support young people to develop their independence skills, such as budgeting & basic cooking. The host provides the young person with a room of their own, breakfast and an evening meal daily. The young people are encouraged to continue/begin an education programme/job and can be referred for additional specialist support with personal issues they wish to work on.

Foundation – Supported Housing

Supported housing is available for young people with medium or high needs, either at the Carriage Works, Cross Street, Skipton which is staffed 24 hours a day or an independent flat in the Craven district. Residents are expected to take part in a programme of support to develop their independent living skills and are expected to move on after approximately 6–9 months.







# FOUNDATION

Inspiring independence. Transforming lives.

Foundation Craven deliver the following services: North Yorkshire Young People's Pathway: This service offers young people the necessary support, advice and mediation to enable them to stay in their present accommodation. Where it is not possible for someone to remain at home, we have a variety of accommodation options to suit their needs. Location: The Carriage Works, 3–5 Cross Street, Skipton, BD232AH Phone: 01756701195 Email: craven@foundationuk.org



<u>Centrepoint Helpline</u> Call FREE on 0808 800 0661 Monday to Friday 9am–5pm

Are you feeling overwhelmed about where to start with finding safe housing? If you're in England & aged 16 to 25, talk to the Helpline at Centrepoint to chat with their non-judgemental & experienced advisors to get advice on your housing situation and rights. They will listen, give you guidance and connect you to the right services to help you find a place to stay where you can close the door and feel safe.

## How Will Centrepoint Help Me?

Whether you're facing eviction, sleeping rough or sofa surfing, they will listen & do everything they can to help. They will take the time to make sure they understand your situation before they offer you advice. www.centrepoint.org.uk



# sendiass NORTH YORKSHIRE

Special Educational Needs and Disabilities Information, Advice and Support Service

SENDIASS (Special Educational Needs and Disabilities Information Advice and Support Service) is a confidential and impartial service that provides information and advice on SEND (Special Educational Needs and Disability) policy, process and law.

The service is free, easy to access and confidential.

SENDIASS can help children, parents and young people take part in decisions that affect their lives.

SENDIASS offer information and advice to:

- Children and young people (up to 25 years) with SEND
  - Parents and carers of children with SEND
- Practitioners (who might support children, young people or parents to access the SENDIASS service)

SENDIASS provide: Telephone Advice service Monday -Friday Online and written information Letter templates Preparation for meetings and appeals Information sessions for parents/carers Training and workshops

www.sendiassnorthyorkshire.co.uk

info@sendiassnorthyorks.org

01609 536923





# sendiass NORTH YORKSHIRE

Special Educational Needs and Disabilities Information, Advice and Support Service

## Information

You may find the answer to some of your questions by looking through the information on our web pages, via social media channels and through workshops and courses. We have some downloadable resources. If you can't find the answers to your questions, you can get in touch by phone, text or email - you choose which works best for you.

## Advice

We provide impartial information and advice about what the law says, the local authority's policies and procedures and about the policy and practice in local schools and other settings. We do not take sides or tell you what to do, we will help you get the information you need to make your own choices.

# Support

We can help you by listening to your views and concerns and working with you to explore your options. We can help you with preparation for meetings, with letters, forms and reports and support you to have the confidence to express your views.



## Education

We can talk to you about any questions or concerns you have in relation to your child's Special Educational Needs, including choice of educational setting. We can discuss with you how to raise your concerns and help you to find positive ways to communicate with schools and the local authority.

# **Rights**

We provide information and can help you to understand what the law says and what your rights are, enabling you to make informed choices.

# **EHC Plans**

We have lots of information and advice around EHC plans, how to request, and what happens next within our web pages. We can support you to get your views across and fully participate in the process, including at Annual Reviews and with disagreements.



**MENTAL HEALTH & WELLBEING** 



Compass offers a confidential text messaging service to young people aged 11–18 across North Yorkshire.

The service was named in conjunction with young people and is called BUZZ US. By texting the service on <u>07520 631168</u> you will be able to receive confidential advice, support and signposting from a wellbeing worker within one working day via text. When you text BUZZ US you will receive a message letting you know if we are open or closed. Within this text it will also let you know what you can do if we are not open and you need help in the meantime. This includes information such as contacting your doctor, visiting a NHS walk-in centre or calling NHS 111. You can also look up your local child and adolescent mental health service (CAMHS) crisis number. Also remember that if it is an emergency dial 999 or visit A&E.

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If something is <b>buzzing</b> around your head
Don't keep it to yourself.
If something is buzzing around your head
Don't keep it to yourself.
BUZZ US on 07520 631168
If you are experiencing any of the following: Bullying, Anxiety, Self Esteem, Eating Problems, Low Mood, Stress, Self Harm, Emotions
🛐 Compass BUZZ 😼 @Compass_BUZZ
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Young people can text BUZZ US about any mental health or wellbeing concerns such as low mood, stress, eating problem, self harm, anxiety or self esteem. When you text the service the wellbeing worker will get back to you within one working day. So it is important to remember that if you are in need of urgent help or you feel in crisis to contact the help suggested above. Once the wellbeing worker has introduced themselves they will then start to ask you questions around your problem to make sure

that they are offering you the right support, advice or signposting. Once you have received the help you need we will close the conversation and ask for your feedback. Remember you can always text back at anytime in the future to get support if you need it. If you do ever text in again we will not know that it is you and it important to remember that we may ask some of the same questions again. The service is open Monday – Thursday 9am–5pm and Friday 9am–4.30pm (excluding Bank Holidays).

You can also stop receiving messages from BUZZ US at any stage by texting STOP to the number. Compass record and keep all messages they receive in their central files.





# North Yorkshire support for young people's Mental Health





There is national and local support for young people, parents, carers and professionals on the Go-To website. <u>www.thegoto.org.uk</u>



The Go-To For healthy minds in North Yorkshire



## What is parkrun?

A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate – it's up to you!

When is it?

Every Saturday at 9:00am. Where is it? The event takes place at The Stray, Harrogate. See Course page for more details.

**HEALTH & FITNESS** 

What does it cost to join in? Nothing – it's free! but please register before you first come along. Only ever register with parkrun once and don't forget to bring a scannable copy of your barcode (request a reminder). If you forget it, you won't get a time. How fast do I have to be? We all take part for our own enjoyment. Please come along and join in whatever your pace!

## <u>harrogate@parkrun.com</u>

parkrun is a series of 5k runs held on Saturday mornings in areas of open space around the UK. They are open to all, free, and are safe and easy to take part in. Visit the parkrun website for more information and to find the nearest parkrun in your area.



# LGBTQ+



# **YOUTH CLUBS**

Looking for a place to be yourself, feel supported, and connect with others?

Our LGBTQ+ youth clubs across North Yorkshire offer safe, inclusive spaces for LGBTQ+ young people and allies.

Whether you want to get creative, play games, join in on trips, or just hang out and chat—we've got something for everyone.

These clubs are built on respect, support, and belonging. You'll meet new people, make friends, and be part of a community that truly cares. To protect the privacy of attendees, we don't share club locations or times online.



Get in touch to find out what's running your area, or if there's nothing nearby, help us set one up!

For Harrogate, contact Rachel Rabjohns (Youth & Community Development Worker) Is rachel@nyy.org.uk

## 07881797716









NY Voice is our young people's participation and engagement team. Discover how to get involved, and have your say on the things that matter to you.

## NY Voice - Youth Voice and Creative Engagement Service

NY Voice supports children and young people to have their voices heard. They work with you on the issues that are most important to you, to make a real difference in your local community and improve the services the council, and their partner agencies, provide.

NY Voice Craven – Danny Thomas Youth Voice and Creative Engagement Officer Location: Harrogate and Craven Lead area: Young Inspectors, LGBTQ+ and Members of Youth Parliament

Instagram enyccyouthvoice, Facebook enorthyorkshireyouthvoice and Twitter <u>eYouthYorkshire</u>.



**BE PART OF A YOUTH VOICE GROUP!** HEAR ABOUT LOCAL AND NATIONAL MENTAL HEALTH AWARENESS EVENTS, WORKSHOPS, CAMPAIGNS AND MORE. CHOOSE WHAT YOU WANT TO PARTICIPATE IN. MAKE A CHANGE.





EMAIL: CHLOE.THWAITES@NORTHYORKS.GOV.UK TO GET INVOLVED IN MENTAL HEALTH EVENTS AND CAMPAIGNS FOR YOUNG PEOPLE ACROSS NORTH YORKSHIRE.







we are a group of EGBTQ+IA and Allies" who either live work study, or are linked in some other way to North Yorkshire between 13-25 years old.

We aim to support each other, gain advice and spread awareness of LGBTQ+ issues through campaigning.

We neet online on Microsoft Teams every 2nd and 4th Wednesday of the month 5-6pm. for more info contact: chloe thwaites@northyorks.gov.uk



North Yorkshire County Council



# earle

## What is Fearless?

Fearless is the youth service from the independent charity Crimestoppers. Aimed at young people, our website provides non-judgemental information and advice about crime.



## **Give information**

Young people can give information about crime 100% anonymously via a secure online form on the website. It empowers them to take a safe stand against crime.

## Work with young people?

Teacher, youth worker, school nurse, parent? Fearless can provide you with FREE resources on a wide range of crime types via the 'not a young person' section of the website.

> **Connect with Fearless** You Tube





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## BeAware of child exploitation in North Yorkshire



#### Passwords

- Make passwords difficult for others to guess.
- A strong password should be more than six obseacters long and include a combination of letters, numbers, and symbols.
- Try not to use the same password for every website, if someone guestes it, they will be able to access all your accounts.
- Don't use your personal information or that of anyone you know (e.g. child's name and dob).

#### Who Are You Talking To?

- Others may pretend to be someone they're not to extract personal information or convince people into doing things they don't want to do.
- Never send any personal information to someone you have never met in person.
- Never send anyone a photo or video that could leave you in a compromising situation.

Truth or Lie?

exaggerated news stories, often called

Don't assume the first thing you maid.

is true, instead be open to reading different sources to get a more

It's also worth bearing in mind that

the posts your friends are sharing might not always give a true representation

Keep a Healthy Balance

• The internet can be addictive, try to

· Keep connected to "real world" friends

 Keep your skeep health in check, switch off devices al night and take a rest!

online and offline worlds.

Many websites spread untrue or

clokbait' or fake news

accurate overview

of their lives.

and turnity

#### Selective Sharing

- When you share something on social media it has potential to reach many people, may be shared by others & can still be seen even after you've deleted the post.
- Never reveal your address, personal beephone number or bank details on recial media.
- Be cautious about posting photographs of yourself on social media, these can be saved and stored by others.

#### Meeting in 'real life'

- Extreme caution should be laken when amanging to meet someone in 'real-life' for the first time.
- Always arrange to meet in a busy public place, such as a café.
- Aways tell someone alse who you are meeting, use apps like "find my" on your device to track your location, or carry an airtog.
- If possible, take a friend, tarrity member or carer along to the first meeting.

#### Respect Other People

- Occasionally on the internet people forget that behind every post is a real person.
- Your comments could upset someone without realising, don't say anything to anyone online that you wouldn't say to their face.
- Think before you post!

#### Privacy Settings

- Set your privacy settings to enable only 'friends' or 'followers' to see what you post.
- It's important to remember that setting your profile to private doesn't mean that your posts can't be seen by others.
- Friends could share the post to their network, for example, so remain cautious about what you're sharing.

#### Avoid Online Scams

- It's important to be mindful of things that don't seem right.
- Remember, il something sounds too good to be true, il probably is!
- Sometimes it can be hard to know whether something is genuine or not. Unsure? Get a second opinion.

#### Report Any Issues

- You should never accept being abused, builed or harassed online. Use the blocking tool on the acces help page.
- Tell a friend, family member, carer or support worker if you are worried about anything online.
- Abusing someone online is a criminal offence and you can report online abuse to the police. Contact your local police fonce by calling 101.

#### Be Aware Site Links







"We need to **Be Aware** because it goes under the radar here in North Yorkshire"

**MOBILE SAFETY** 8 **JNLINE** 







The internet is a great way to see more, learn more and have lots of fun. To help you enjoy it safely, you should follow the Click Clever, Click Safe Code.



meet you online.

www.northyorkshire.police.uk/crimeprevention





## Nude image of you online? We can help take it down.

## **Report Remove**

Report Remove is here to help young people under 18 in the UK to confidentially report sexual images and videos of themselves and remove them from the internet. How Report Remove works

Having your nudes shared can feel scary, and it can leave you feeling worried or even ashamed. **But it's not your fault.** 

It's against the law for anyone to share a sexual image or video of someone who's under 18, and Childline are working with the Internet Watch Foundation (IWF) and Yoti to help you remove any sexual image or video of you that's online.

Report Remove is safe, easy and free – all you need to do is follow these steps: Visit https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/report-remove/

1.choose your age range.

2.create a Childline account so they can send you updates on your report
3.report your image or video to the Internet Watch Foundation (IWF)
4.talk to a Childline counsellor if you want any extra support, or access support on the Childline website

5.check your Childline locker a few days after your report to see if you need to add any more information and to see updates on your report

6. report any issues with this process by sending an email from your Childline locker with the subject 'Report Remove' and as much information about the problem as you

can.

REPORT RANGE SHARED ONLINE CINICAL AND DE IMAGE SHARED ONLINE

# childline

ONLINE, ON THE PHONE, ANYTIME childline.org.uk | 0800 1111



# Young people



Free and confidential services across North Yorkshire and York

## Sexual health

Sexual health is about your physical, emotional, mental and social wellbeing in relation to sex and your sexuality.

Whether it's your first time or you've had it before, sex should be something you enjoy and can have safely. Make sure you feel ready and can take responsibility for your own sexual health and well-being.

#### Aged 17 and Under - How to Contact Us

If you are aged 17 and under you can text us on 07973775692. This line is open Monday to Friday, 8:15am to 3:30pm.

Please include your full name, date of birth, and address when you send us a text.

You can also call our central booking line on 01904 721111 to book an appointment.

#### Young Person Walk in Clinics

We have young person walk in clinics at York, Scarborough and Northallerton where you don't need to book an appointment. Condoms, emergency contraception, most methods of contraception, and STI testing and treatments are available at all of our walk ins and booked appointment clinics. Please see below for times and dates:

- York Monkgate Clinic, Tuesdays 4:00pm 6:30pm.
- Scarborough Mulbery Unit, Tuesdays 4:00pm 6:30pm.
- Northallerton. Anyone aged 17 or below is welcome to attend.
   Location: YorSexual Health based in Citizens Advice & Law Centre,
   277 High Street, Northallerton, DL7 8DW. Tuesdays from 3:30pm 6:30pm. Services include contraception & emergency contraception,
   free condoms, chlamydia & other STI testing, and pregnancy testing.



## **OROYAL AIR CADETS** AIR FORCE the next generation

There are more than 40,000 Royal Air Force Air Cadets between the ages of 12 and 19 across the United Kingdom.

Being an Air Cadet improves career and employment prospects and also often helps with performance at school. It's also a lot of fun.

Being an Air Cadet is a rewarding and fulfilling experience.

To be an Air Cadet you must be 13 years old, or 12 years old if you're already in year 8 in school. The latest you can join is before your 17th birthday.

## Weekly meetings and costs

Squadrons across the UK meet twice a week. Each session lasts around two hours, usually from seven to nine in the evening. This means it should fit in easily with your other commitments and hobbies.

There's a small subscription to cover the running costs which is usually a few pounds per week.

## Ready to join the Air Cadets?

All of the squadrons welcome personal visits by potential cadets (ideally accompanied by a parent or guardian), during one of their Parade Nights. Some squadrons recruit throughout the year, others have specific entry dates. Just go along and see if you like it. Your local squadron will discuss what they do, show you a video of Air Cadet activities and

answer any questions you or your parents or carer may have.

Find your local Squadron and complete the joining form online at www.raf.mod.uk/aircadets/find-a-squadron your local squadron will then get in touch.





## Fun, Friendship, Action & Adventure | Army Cadets UK

Becoming an Army Cadet has heaps of benefits. The most obvious being that you get to take part in loads of exciting and challenging activities such as fieldcraft, adventure training, first aid, music, sports and shooting, to name but a few.

When you join as a cadet you will make lots of new friends and get the opportunity to go on annual camp where you will meet cadets from other detachments in your county. You may even get to go on expeditions to amazing places in the UK and sometimes even abroad.

The Army Cadet Syllabus will teach you leadership skills, discipline and give you self-confidence you never thought possible. You will learn a wide range of transferable skills such as: the ability to command tasks; make decisions under pressure; plan and organise tasks and work as an effective team player as well as independently. These skills will equip you for life and add an extra string to your bow at times when competition for college places and employment is fierce. Through your cadet training you can also gain valuable qualifications such as the Duke of Edinburgh's Award, BTEC First Diploma in Public Services or Music or the ILM Certificate in Team Leading.

If you like the sound of all the above visit www.armycadets.com to find out more.

Yorkshire (North and West) ACF is one of the largest ACF Counties in the UK.

It's aim is to inspire young people to achieve success in life, to develop them both physically and mentally.

It does this through improving self-confidence, teamwork and leadership skills, and creating great friendships!

They welcome new members of all abilities and backgrounds to join their wonderful organisation and take part in the great range of activities that they offer.

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YORKSHIRE (NORTH & WEST) ACF IS HOME TO OVER 1300 CADETS AND ALMOST 250 CADET FORCE ADULT VOLUNTEERS (CFAVS) IN 43 DETACHMENTS ACROSS NORTH AND WEST YORKSHIRE.





Want to learn to sail, learn to live in the field, to shoot, complete an obstacle course, experience adventurous training and expeditions, learn to glide and experience flying, and alongside all of that, make an incredible group of friends?

The CCF offers life changing experiences that no other extra-curricular activity can match. Joining the CCF provides so many opportunities to challenge yourself, develop your skills, and work as part of a team.

There are CCF contingents in over 500 secondary schools all over the UK, offering young people a broad range of challenging, exciting, adventurous and educational activities. Their aim is to enable the development of personal responsibility, leadership and self-discipline. Each CCF is an educational partnership between the school and the Ministry of Defence, and a CCF may include Royal Navy/Royal Marines, Army or Royal Air Force sections.

CCF units in schools give young people the life skills and self-confidence to take charge of their lives so they can reach their full potential at school and beyond, including in employment.

Each CCF is formed of sections from one or more of the Royal Navy/Royal Marines, Army or the Royal Air Force.

### **CCF** Locations

Combined Cadet Force contingents exist in schools around the UK, and are open to pupils at that school. If your school does not have a CCF contingent, but you are interested in finding out more about the cadets, there are Sea Cadet, Army Cadet and Air Cadet units in the local community, which are not tied to a specific school.





Sea Cadets is a national youth charity, offering a different kind of adventure for 10 to 18 year olds, helping them to launch well in life today.

Sea Cadets makes exploring the world and who you want to be safe and exciting

Sea Cadets aim to give young people an experience that will help them grow into the person they want to be in a safe and friendly environment. Through various activities and adventures, you learn teamwork, respect, loyalty, selfconfidence, commitment, self-discipline, honesty and how to be the best version of yourselves.

Part of the Sea Cadets family, Royal Marines Cadets enjoy all the exciting activities on water that Sea Cadets do, as well as branching off into serious adventure training too. Specialising in orienteering, field craft and weapons handling is what makes Royal Marines Cadets unique and you can join from the age of 13 to 18.

To find your local Sea Cadets Unit please visit www.sea-cadets.org/units







Yorkshire Young Farmers is led by young people, for young people, the age frame to be a member is 10 to 28 years old. The clubs, district and county also rely on members out of age to help with the running of meetings and events. But the voice they all listen to and want to hear is the members.

Young farmers is a fantastic opportunity for young people. It is an organisation that is like no other. It gives young people the fantastic opportunity to meet lifelong friends, learn new skills, make a real difference to the local community and even travel the world!

Yorkshire Federation Of Young Farmers Clubs are always recruiting new members, and you don't have to be a young farmer to join their fantastic organisation.

The clubs plan a wide variety of activities that everyone can enjoy.

Why join your local Young Farmers Club? Young Farmers or YFC is a fantastic organisation. Across Yorkshire alone, they have 45 clubs, so your never too far away from your closest club. Whether you are interested in farming or agriculture, or not – that doesn't matter.

YFC is open to everyone, who has an interest in everything from: arts & crafts, cookery, visits to local businesses, cinema & bowling, sports, raising money for charity, public speaking, competitions and SO MUCH MORE!!! Learn and develop new skills, meet friends for life, and have a good time!

Visit www.yfyfc.org.uk to find out more about Young Farmers & how to join your local club.









They have over 300 volunteer-led Pony Club Branches across the UK, together with nearly 400 Riding Centres who are linked to The Pony Club.

They all have a shared passion for horses and ponies so you can enjoy time with like-minded people doing a huge range of activities.

Whether or not you have your own horse or pony, they have a membership option for you! Check out the different membership categories on their website www.pcuk.org to find what suits you best and find your nearest Pony Club centre.

For anyone who doesn't have access to a horse/pony You can go to a local Pony Club Linked Riding Centre to take part in Pony Club activities





# the Disabled Association (RDA), they improve lives through the een people and horses. Each year, they support over 25,000 d

At Riding for the Disabled Association (RDA), they improve lives through the unique bond between people and horses. Each year, they support over 25,000 disabled children and adults through activities including riding, carriage driving, and nonridden experiences such as Quiet Corners and Tea with a Pony.

They are pioneers in the therapeutic use of horses, leaders in disability sport, and the only major UK charity focused specifically on the health and wellbeing benefits of bringing people and horses together.

Their innovative programmes improve mobility, boost physical health and mental wellbeing, build confidence, and teach new skills. This is all made possible by over 13,700 volunteers, 1,700 qualified coaches, 2,800 equines, and more than 450 RDA centres.

They welcome people of all ages and abilities, including those with physical and learning disabilities, sensory impairments, long-term health conditions, and neurodiversity. With 24% of the UK population classified as disabled, they make a lasting impact through the therapeutic power of horses.

Their groups work across the UK, from cities to rural areas, bringing the joy and benefits of horses to as many people as they can.

Their life-changing work is supported by generous donors, dedicated volunteers, and the amazing horses that make it all possible.

To register your interest and find out more please visit www.rda.org.uk





Jump in and get muddy. Give back and get set. Scouts ignore the butterflies and go for it, and soon so will you.

Preparing young people with skills for life Everyone is welcome at Scouts. Every week, they help almost half a million people aged 4–25 develop skills for life. Are you ready to join the adventure?

What do Scouts do?

Scouts is where young people make new friends, have amazing adventures, and learn new skills.

Scouts are do-ers and give-it-a-go-ers. Yes, they go camping, hiking, swimming, abseiling, cycling and canoeing.

But, they also get to hang out with their friends every week – having fun, playing games, working in a team and taking on new challenges. Every week they give almost half a million 4–25 year olds the skills they need for school, college, university, the job interview, the important speech, the tricky challenge and the big dreams: the skills they need for life.

Everyone's welcome at Scouts.

All genders, races and backgrounds. Regardless of your physical ability – there's a Scout adventure out there waiting for you. And they will help you find it.

Sign up online by visiting www.scouts.org.uk to discover your 'thing': from archery to coding to the performance arts and everything in between.









By girls, for girls, powered by volunteers Girl Guiding give over 300,000 girls from 4–18 a space just for them.

A space where they can try lots of activities from crafting to camping, sports to inventing.

There's something for every girl to explore.

Girls can do anything. And Girl Guiding help every girl discover this for herself.

Whether you would like to join Rainbows (4–7), Brownies (7–10), Guides (10–14) or Rangers (14–18), you can start your Girlguiding journey by visiting www.girlguiding.org.uk

At Girlguiding, they want everyone to feel welcome and have an equal sense of belonging.

They want to see an equal world where all girls feel happy, safe and can enjoy fulfilling lives.

So, they encourage them to think big and be bold – each in her own way. They help girls know they can do anything.

They value and celebrate the different experiences of their members.

They are proud to welcome people from all backgrounds including individuals with disabilities, LGBTQ+ people, people of colour and those of all religions or philosophical beliefs and none.





Wherever you're at, whatever else you've done up until now, if you're between 14 - 24, The Duke of Edinburgh's Award (DofE) is for you.

This is for the gamers, skaters, bikers and bakers. The dress-makers, filmmakers and change-makers. The just-out-of-bedders, wheelchair-racers, dancers, DJs and none-of-the-abovers.

Whoever you are, this is you and your friends sharing amazing experiences, having fun and just maybe changing your futures along the way.

The DofE helps to turn the things you love, and the things you've always wanted to try, into powerful lifelong skills that can help you get a job, change your community and take on anything life throws your way. And yes, there's going to be a bit of camping involved.

A DofE Award is not just a prestigious Award much desired by colleges, universities, and employers. It's recognition of the huge effort you've put in to doing it, the people you've helped and the skills you've learnt along the way. Be proud. Be an Achiever!

To find out more visit www.dofe.org









Develop your volunteering and personal development opportunities through the Volunteer Police Cadets.

Have fun, exciting experiences and learn about policing.

North Yorkshire Police Volunteer Police Cadet scheme is open to young people aged 13 to 18.

As well as having fun, being a cadet is a great way to:

meet new people, take part in loads of activities, gain new skills and experience, get involved in your local community and make a difference, learn about policing.

What's involved?

Cadets meet for two hours on a weekday evening during term time. Cadet nights include:

learning about policing duties and skills, and basic law

physical activities

drill.

Additional events will also be arranged, some in conjunction with our surrounding forces.

After completion of your 12-week induction training you will attend a passing out parade where you will take the cadet oath. Your family and friends will be invited as guests. You will also get to meet different departments within the police service such as local policing teams, the Dog Section, Firearms Unit, Roads Policing and Crime Scene Investigation units.

Activities

In addition to the weekly training night, cadets are expected to volunteer at least three hours per month contributing towards local community policing objectives such as: assisting with local community events such as fairs, town shows, carnivals and other local events assisting the local Neighbourhood Policing Teams through leaflet drops, crime prevention initiatives, community safety events and street surveys, helping as role-play volunteers in the training of student police officers and special constables.







## **NORTH YORKSHIRE** FIRE & RESCUE SERVICE

Fire Cadets is an evening based youth course which runs at fire stations across the county, this is a 2 year course which is funded by parents, carers and guardians where cadets complete theory and practical activities in line with the National Fire Chiefs Council Fire Cadet scheme.

The course is delivered by experienced and competent fire & rescue service staff. Completion of this course results in each cadet being awarded a BTEC Level 2 in Fire & Rescue Services in the community

> The recommended start age for this course is 13 or 14 During the duration of the course cadets will cover: The structure of Fire & Rescue services How to safely work at height How to operate pumps and hose Respond to fire service scenarios Learn about teamwork and leadership Create and deliver community safety campaigns

For cadets there will also be opportunities to assist with charitable events, community safety events, visits to other fire stations to look at different equipment and talks and discussions from other parts of the service such as business fire safety and control room operations.

Please note places for courses are limited and do not run at all fire stations. As schemes are launching they will be publicised on the North Yorkshire Fire social media channels, we encourage you to follow these to keep up to date with information.

Visit www.northyorkshirefire.gov.uk/your-safety/youth/fire-cadets to find out more.







The St Johns Ambulance Cadet programme gives young people aged 10-17 the opportunity to meet new people, learn new skills and build their confidence! Cadet groups typically meet once a week in the evening during school term time, where Cadets engage in fun activities to learn vital skills and develop lifesaving first aid knowledge.

The Cadet programme offers Cadets exciting opportunities, covering various topics and activities, including:

Learning first aid, and the opportunity to practice these skills by volunteering at events

Engaging in social action and helping your local community Learning about health and wellbeing

Developing your confidence and communication skills through their additional Cadet Leadership courses

Becoming a Peer Educator and helping to teach others first aid Enjoying a wide range of adventurous activities on a residential camp These activities equip young people with essential skills like first aid, communication, teamwork, and leadership, forstering confidence, resilience, and critical thinking.

Within the Cadet programme, Cadets can work towards their Grand Prior's Award by completing 16 subjects. These subjects range from emergency planning, to patient care, leadership & teamwork, healthy relationships, and adventure skills – just to name a few! When all the aims and objectives within the subject are completed, it counts toward their Grand Prior's Award Total. Throughout the year, Cadet units run award ceremonies in their units to celebrate each Cadet's achievements.

And after completing their Grand Prior's Award, Cadets have further opportunities to develop their skills, such as in helping to plan and lead their weekly meeting sessions!

Many Cadets join St John Ambulance to gain relevant experience before pursuing a career as a paramedic or health care professional. With so many different activities to get involved with, there is something for everyone.





Girls Brigade Ministries are passionate about helping girls and women to explore and engage with real life and the Christian faith in fun, informative and hopeful ways through a wide range of activities.

View their full range of activities including local community groups, leadership training, faith retreats, conferences, and award programmes online by visiting www.girlsbrigadeministries.org.uk

They have around 450 Girls Brigade community groups in England and Wales, around 9,000 girls and young women (primarily) and more than 2,000 volunteer leaders.

Visit www.girlsbrigadeministries.org.uk/find-a-group and search their map to find a Girls' Brigade group near you, then fill out the online form to join.







Boys Brigade provide opportunities for children and young people to learn, grow and discover in a safe, fun and caring environment which is rooted in the Christian faith.

Over 20,000 children and young people get involved every week.

There's something for every young person whether it's camping or kayaking, first aid or five a side, music or crafts.

The Boys' Brigade is open to children and young people aged from 5 to 18, of any faith and background. Whilst some groups are for boys only others are open to boys and girls through membership of The Girls' Association.

More information about The Girls' Association and Boys Brigade is available on the website www.boys-brigade.org.uk/girls-association

The best way to get involved is to find your local group (also known as a 'Company') by using the 'Find a Group' tool, on the website www.boysbrigade.org.uk/find-a-group/all you need is your postcode and you'll be given a list of your nearest groups.

You can also get in touch by completing the online contact form or just pop along on the day and time the group meets.



kirk hammerton BENTHAM	CONEYTHO	FADN	offorth HAM	STAR	BECK
BIRSTWITH	FELLISCLIF		PLUI	<b>NPTON</b>	
MINSKIP	LITTLE OUSEBURN	BUR	<b>ION</b>	ARK	ENDALE
HEYSHAW	LANGTHORPE NIDD	LEON	ARD		BANKS
EAST KESWICK MIDDLES	SMOOR <b>V</b>	ADECD	ndal		GMADETON
KILINGH	ALL <b>RIV</b>	ANEDD	UNUU	JUI	GMARSTON
NEWTON SHAN	N MILLS	MARTON CUM GRAFTON	OTLEY	RIPLEY	SKELTON ON URE
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					BREARTON
SHAW MILLS		HAMPST		FARNL	EY
LEATHLEY	SCRIVEN	пангэн			SKWITH
			RTH DEIGHT	UN -	
RPO		DWICK Newby C	OXWOLD	LITTTLE RIBSTON	DACRE BANKS
BISHOP	BEWERLEY	GLASSH	OUSES	COLLIN	GHAM
THORNTON			37		
LINTON	SHAW MILLS			GREAT OUSEBURN	WILSILL
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