

# SELBY YOUTH DIRECTORY

SPRING/  
SUMMER 2025

Clubs & Projects For Young People Living In Selby Locality



Please note the age limits vary and there maybe costs to take part in the activities publicised.

We advise that you ring to check opening times before attending.

All information in this leaflet is secondary research and may not be completely accurate.

For any updates please email [lisa@nyy.org.uk](mailto:lisa@nyy.org.uk)

100+  
CLUBS &  
PROJECTS  
INSIDE

**Youth**  
Youth development at North Yorkshire Youth

[www.nyy.org.uk](http://www.nyy.org.uk)



# Our Youth Clubs provide healthy, positive activities for young people aged 11-19\*

*\*Up to 25 for those with additional needs*

Our clubs are all across the county and are run by qualified and experienced youth workers on various evenings during the school term.

So if you fancy meeting up with friends, trying something new, developing a new skill or just want a safe place to hang out and chill come along to one of our clubs and the staff will be happy to help.

## North Yorkshire Youth Direct Delivery Youth Clubs

### WEEKLY TIMETABLE CLUBS IN SELBY LOCALITY

#### Club Name & Address

Spectrum Youth Club  
The Barn  
St Joseph's Street  
Tadcaster  
LS24 9HA

#### Opening Times

6:30 p.m. - 8:30 p.m  
Monday Evenings  
Term Time Only

Club Contact Number  
07500 787620

*During Club Opening Hours Only*

*Open to Children & Young People ages 14-25  
with additional needs.*

#### Club Name & Address

Sherburn Youth Club  
The Rugby Club,  
Eversley Park  
Sherburn in Elmet,  
LS25 6EG

#### Opening Times

7.00 p.m. - 9.00 p.m  
Monday Evenings  
Term Time Only

Club Contact Number  
07825 659425

*During Club Opening Hours Only*

*Open to Children & Young People in School Years 7+*

SELBY  
CLUBS  
THAT  
YOU



# Spectrum Youth Club



Music

Games

Food

Arts & Crafts

Support

Chill

**Mondays 6.30-8.30pm (term time)**

**The Barn, Tadcaster**

**Open to young people aged 14-25**

**£2 per session**

**Contact [sally@nyy.org.uk](mailto:sally@nyy.org.uk)**



# SHERBURN YOUTH CLUB

## Sherburn in Elmet Youth Club



Music

Games

Food

Arts & Crafts

Support

Chill

Mondays (term time only)

7-9pm

Sherburn Rugby Club, Eversley Park

Open to yr7+

50p per session



# YOUTH PROJECTS

**Setting up a new youth club? Developing an existing one?  
WE ARE HERE TO HELP!**

Our Youth & Community Development Workers provide the guidance and expertise needed to set up, develop, and sustain voluntary youth clubs and projects. We offer support with:

- Setting up and managing a committee
- Key policies, procedures, and paperwork
- Flexible training opportunities
- Creative activity ideas
- Writing successful funding applications
- Practical 'how-to' guides
- Connecting with similar groups

We tailor our support to meet the specific needs of your group, just let us know how we can help!

For more information, contact your local Youth & Community Development Worker for the Selby District, Lisa Welford.

[lisa@nyy.org.uk](mailto:lisa@nyy.org.uk), 07825 659425 or see our website: [www.nyy.org.uk](http://www.nyy.org.uk)



[www.nyy.org.uk](http://www.nyy.org.uk)





# Volunteer Led Youth Clubs & Projects

## WEEKLY TIMETABLE

### NORTH YORKSHIRE YOUTH MEMBER CLUBS

#### Club Name & Address

Carlton Youth Club  
Carlton Village Hall  
Church Lane, Carlton.  
Goole DN14 9PB

#### Opening Times

6.00 p.m. - 7.30 p.m.  
Last two Tuesday's of the  
month Term Time Only  
[carltonyouthclub@outlook.com](mailto:carltonyouthclub@outlook.com)

*Open to Children & Young People ages 8 - 11*

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#### Club Name & Address

Barlow Youth Club  
Barlow Village Hall  
Park Lane  
Barlow, Selby  
YO8 8EW

#### Opening Times

6.00 p.m. - 7.30 p.m.  
First & last Thursday of the  
month. Term Time Only  
[barlowyouthclub@outlook.com](mailto:barlowyouthclub@outlook.com)

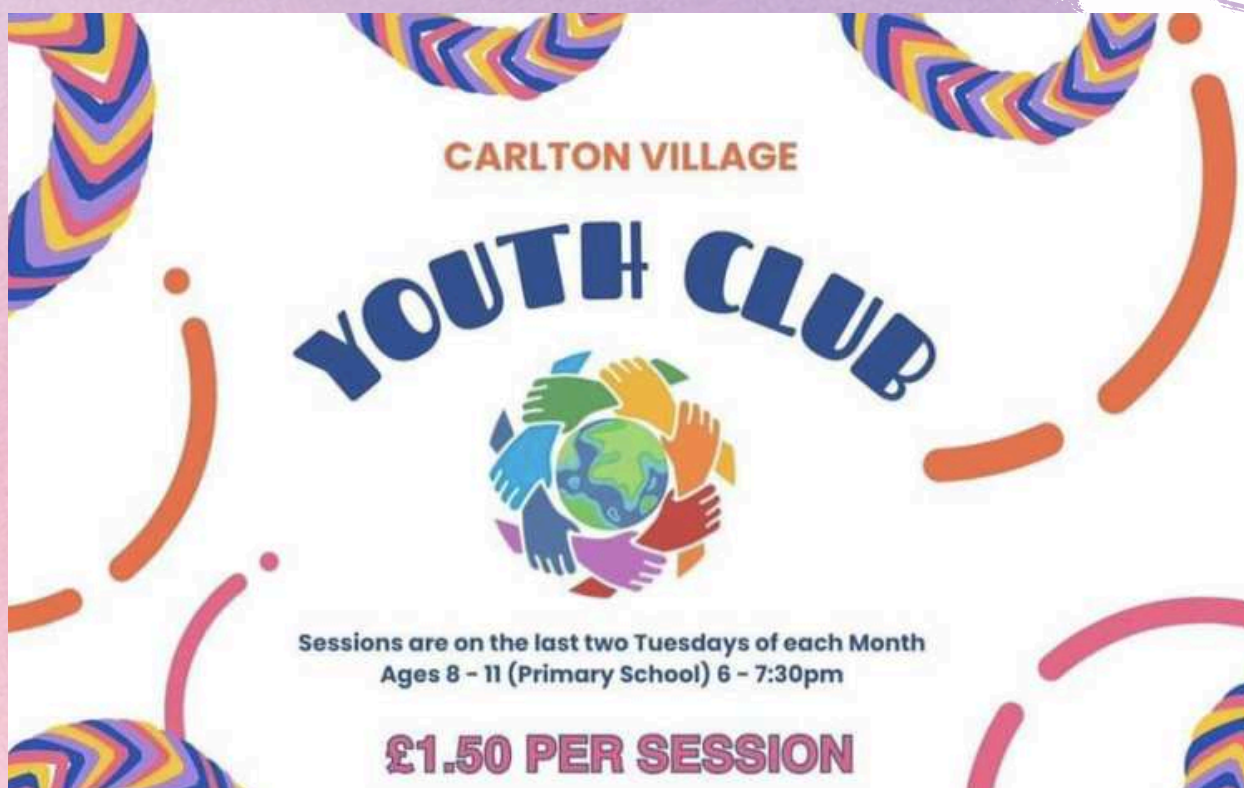
*Open to Children & Young People ages 8 - 11*



# Volunteer Led Youth Clubs & Projects

## WEEKLY TIMETABLE

NORTH YORKSHIRE YOUTH MEMBER CLUBS







**The Barn**  
community.education.youth

**HANGOUT YOUTH THEATRE Monday - Friday 3.30 - 5.00pm**

**ART CLUB Tuesdays 4.00 - 5.00pm**

**ALIVE YOUTH CLUB Wednesdays 5.30 - 8.30pm**

**YORK DANCE SPACE Thursdays 5.00 - 6.00 pm**

**FRIYAY YOUTH CLUB Fridays 5.30 - 7.00pm**

**F2 YOUTH CLUB Fridays 7.30 - 9.00pm**

**PRISM LGBTQ+ YOUTH GROUP Last Saturday of each month**

**ND KIDS First Saturday of Each Month**

**SKATEBARN 11.00am - 5.00pm Alt Weekends March - October**

**TADCASTER YOUTH THEATRE Saturdays**

**St Joseph's Street, Tadcaster LS24 9HA**

**01937 830524**



# ACTIVITIES

## For Children & Young People In Selby Locality

### ARTS & ENTERTAINMENT

Group Name	Contact
The Abby Belles Chorus	Venue: Stander Hall Email: nathalie2010@gmail.com Phone: 01757 213901 Website: www.abbeybelles.co.uk
Hemingbirds - Ladies Only Choir	Venue: The Crown Inn, Hemingbrough Email: hemingbirds@gmail.com Phone: Website:
Jorvik Academy of Performing Arts	Venue: Ousegate, Selby Email: jorvikacademy@yahoo.co.uk Phone: Website:
Chelles Dance Academy	Venue: Selby, Riccall, Kelfield, Hemingbrough Email: Phone: 07952 912318 Website:
Miss Hannahs School of Dance	Venue: Chapel Haddlesey, Carlton, Snaith, Monk Fryston and Selby Email: hannahhowcroft@hotmail.co.uk Phone: 07707 929393 Website:
The Ukes of Hazzard Ukulele Group	Venue: Email: info@themusicroomsselby.co.uk Phone: Website: www.themusicroomsselby.co.uk

For more details on any of the activities/groups listed please contact the provider directly.



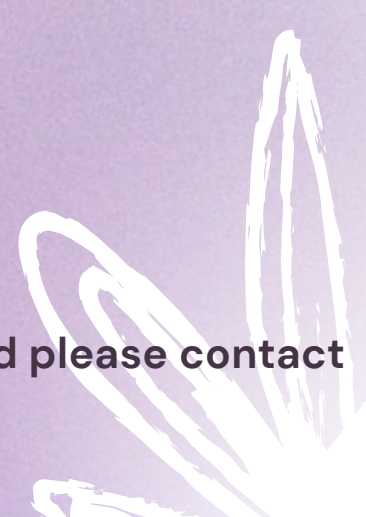
# ACTIVITIES

For Children & Young People  
In Selby Locality

## ARTS & ENTERTAINMENT

Group Name	Contact
Beginner Guitar Groups	Email: <a href="mailto:info@themusicroomsselby.co.uk">info@themusicroomsselby.co.uk</a> Website: <a href="http://www.themusicroomsselby.co.uk">www.themusicroomsselby.co.uk</a>

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the provider directly.





# ACTIVITIES

## For Children & Young People In Selby Locality

### ENVIRONMENT & HERITAGE

Group Name	Contact
Barlow Common Nature reserve	Venue: Barlow Road, Selby. YO8 8EZ Email: Phone: 01757 705101 Website: <a href="http://www.ywt.org.uk">www.ywt.org.uk</a>
Our Zero Selby	Venue: Email: <a href="mailto:claire@upforyorkshire.org.uk">claire@upforyorkshire.org.uk</a> Phone: 01757291111 Website: <a href="http://www.ourzeroselby.org.uk">www.ourzeroselby.org.uk</a>
Selby Womblers	Venue: Facebook Page: Selby Womblers Phone: Website: <a href="http://www.thewomblescommunity.com">www.thewomblescommunity.com</a>

For more details on any of the activities/groups listed please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Selby Locality

### FEDERATED ORGANISATIONS & UNIFORMED GROUPS

Group Name	Contact
Young Farmers	Venue: Scalm Park Golf Club, Wistow Email: Phone: Georgina Saxon 07810 780865 Website:
ST JOHNS AMBULANCE Selby	Venue: Email: north-east-volunteering@sja.org.uk Phone: 01924 268672 Website:
ST JOHNS AMBULANCE Sherburn	Venue: Email: north-east-volunteering@sja.org.uk Phone: 01924 268672 Website:
SCOUTS and EXPLORERS	Venue: Email: office@nys.org.uk Phone: 01845 523858 Website: jafarley@hotmail.co.uk
GIRL GUIDING	Venue: Email: Phone: Website: girlguidingnortheast.org.uk

For more details on any of the activities/groups listed please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Selby Locality

### GAMING & CODING

Group Name	Contact
Coderdojo Selby	Venue: Jubilee Scout Hut, Selby Email: <a href="mailto:Info@selbycoderdojo.org.uk">Info@selbycoderdojo.org.uk</a>

For more details on any of the activities/groups listed please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Selby Locality

### MIXED DISCIPLINE & MARTIAL ARTS

Group Name	Contact
GKR Karate	Venue: Standerling Hall, Selby Email: Phone: 07800 529929 Website:
Lifestyle Martial Arts	Venue: Brayton Community Centre, Brayton Email: stevepenistonelma@hotmail.com Phone: 078722 441257 Website:
Mura Budo Kan Karate	Venue: Jubilee Hall, Wistow. Email: mura.karate@btopenworld.com Phone: 01757 210380 Website: www.murakarate.co.uk
Selby Taw Kwon Do Club	Venue: Brayton Community Centre Email: Phone: 07919 894675 Website:
Shotokan Karate	Venue: Barlby High School Email: club@selbykarate.co.uk Phone: Sarah 07973 538874 Simon 07940 559359 Website:

For more details on any of the activities/groups listed please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Selby Locality

### OUTDOOR CENTRES & ACTIVITY PROVIDERS

Group Name	Contact
Yorkshire Outdoor Activity Park	Venue: Escrick Park Estate, Skipwith, Selby. YO8 5SW Email: Phone: 01757 289322 Website: <a href="http://www.ypc.co.uk">www.ypc.co.uk</a>
The Secret Forest	Venue: Hazelwood Castle, Tadcaster Email: <a href="mailto:thesecretforest@hazelwood-castle.co.uk">thesecretforest@hazelwood-castle.co.uk</a> Phone: 01937 535353 Website: <a href="http://www.thesecretforest.co.uk">www.thesecretforest.co.uk</a>
Oakhill Nature Reserve	Venue: Lidice Road, Goole. DN14 8GA Email: Phone: Website: <a href="http://www.oakhillnature.org">www.oakhillnature.org</a>

For more details on any of the activities/groups listed please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Selby Locality

### SPORTS

Group Name	Contact
Selby Archery Cub	Venue: Selby R.U.F.C, Sandhill Lane, Selby Email: Len.Dunn@talktalk.net Phone: 01405 860142 Website: www.selbyarchers.org.uk
Selby Jubilee Badminton Club	Venue: Brayton High School Email: info@selbyjubilee.net Phone: Tim 07846 257394 Website: www.selbyjubilee.net-
Tadcaster 86 Badminton Club	Venue: Tadcaster Leisure Centre Email: info@tadcaster86badminton.co.uk Phone: Andrew 07775 585650 Website: www.tadcaster86badminton.co.uk
Selby Boxing Academy	Venue: The Autoland Building, Canal Road, Selby Email: Phone: Mickey 07790 867797 Website:
Abbey Warrior Cheerleaders	Venue: Brayton Community Centre Email: Phone: Website:

For more details on any of the activities/groups listed please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Selby Locality

### SPORTS

Group Name	Contact
Bolton Percy Cricket Club	Venue: Email: Phone: Michael 01904 744693 Website: <a href="http://www.boltonpercy.play-cricket.com">www.boltonpercy.play-cricket.com</a>
Burn Cricket Club	Venue: Email: Phone: Richard 01302 707040 Website:
Burton Salmon Cricket Club	Venue: Email: Phone: John 01977 684444 Website: <a href="http://www.burtonsalmon.play-cricket.com">www.burtonsalmon.play-cricket.com</a>
Carlton Towers Cricket Club	Venue: Email: Phone: Stephen 01405 862121 Website: <a href="http://www.carlontowers.play-cricket.com">www.carlontowers.play-cricket.com</a>
Cawood Cricket Club	Venue: Email: Phone: Alison 01757 269317 Website:

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# ACTIVITIES

## For Children & Young People In Selby Locality

### SPORTS

Group Name	Contact
Church Fenton Cricket Club	Venue: Email: Phone: Beryl 01937 557414 Website:
Fairburn Cricket Club	Venue: Email: Phone: Andrew 01977 517947 Website: <a href="http://www.fairburncc.org.uk">www.fairburncc.org.uk</a>
Hemmingbrough Cricket Club	Venue: Email: Phone: Dave 01757 288570 Website: <a href="http://www.hemmingbrough.play-cricket.com">www.hemmingbrough.play-cricket.com</a>
Hensall Cricket Club	Venue: Email: Phone: David 01405 869106 Website:
Hillam & Monk Fryston Cricket Club	Venue: Email: Phone: 01977 685227 Website: <a href="http://www.hillamandmonkfrystoncc.co.uk">www.hillamandmonkfrystoncc.co.uk</a>

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# ACTIVITIES

## For Children & Young People In Selby Locality

### SPORTS

Group Name	Contact
Saxton Cricket Club	Venue: Email: <a href="mailto:contactus@saxtoncc.co.uk">contactus@saxtoncc.co.uk</a> Phone: John 01937 557239 Website: <a href="http://www.saxtoncc.co.uk">www.saxtoncc.co.uk</a>
Selby Cricket Club	Venue: Email: <a href="mailto:michael.pearce48@hotmail.co.uk">michael.pearce48@hotmail.co.uk</a> Phone: Michael 01757 228747 Website: <a href="http://www.selbycc.co.uk">www.selbycc.co.uk</a>
Sherburn Eversley Cricket Club	Venue: Email: Phone: 01977 682886 Website: <a href="http://www.secc.play-cricket.com">www.secc.play-cricket.com</a>
South Milford Cricket Club	Venue: Email: <a href="mailto:bob@middleton34.freeseve.co.uk">bob@middleton34.freeseve.co.uk</a> Phone: Bob 01132 863066 Website: <a href="http://www.southmilford.eclipse.co.uk">www.southmilford.eclipse.co.uk</a>
Tadcaster Magnet Cricket Club	Venue: Email: Phone: Peter 01937 836156 Website: <a href="http://www.tadcastermagnet.play-cricket.com">www.tadcastermagnet.play-cricket.com</a>

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# ACTIVITIES

## For Children & Young People In Selby Locality

### SPORTS

Group Name	Contact
Wistow Cricket club	Venue: Email: Phone: 01757 268607 Website:
Whitley Bridge Cricket Club	Venue: Email: Phone: 01977 661648 Website:
Selby Tiger Sharks Swimming Club	Venue: Selby Leisure Centre Email: stevethorn@sky.com Phone: Website: www.selbytigersharks.org
Tadcaster Swim Squad	Venue: Tadcaster Swimming Pool Email: info@tadcasterpool.org.uk Phone: Website: www.tadcasterpool.org.uk
Cawood Tennis Club	Venue: Email: Phone: 01757268416 Website:
Escrick Tennis Club	Venue: Email: keithfbrown@hotmail.co.uk or jill@smowton.net Phone: Website:

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# ACTIVITIES

## For Children & Young People In Selby Locality

### SPORTS

Group Name	Contact
Riccall Tennis Club	Venue: Email: Phone: Website: <a href="http://www.riccalltennisclub.co.uk">www.riccalltennisclub.co.uk</a>
Selby Tennis Club	Venue: Email: Phone: Website: <a href="http://www.selbytennisclub.com">www.selbytennisclub.com</a>
Sherburn Tennis Club	Venue: Email: Phone: 01977 683639 or 01977 672630 Website:
Wistow Tennis Club	Venue: Email: Phone: Website: <a href="http://www.wistowtennis.co.uk">www.wistowtennis.co.uk</a>
Appleton Roebuck Tennis Club	Venue: Email: <a href="mailto:quentin.howat@gmail.com">quentin.howat@gmail.com</a> Phone: Website:

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# ACTIVITIES

## For Children & Young People In Selby Locality

### SPORTS

Group Name	Contact
Yorkshire Vikings Triathlon Team	Venue: Email: <a href="mailto:sport@yorkshirevikings.org">sport@yorkshirevikings.org</a> Phone: Website:
Selby Cycling Club	Venue: Email: <a href="mailto:p.nicholson35@btinternet.com">p.nicholson35@btinternet.com</a> Phone: Website: <a href="http://www.selbycycling.co.uk">www.selbycycling.co.uk</a>
Monk Fryston Cycling Club	Venue: Email: Phone: Website: <a href="http://www.monkfryston.cc">www.monkfryston.cc</a>
Selby Sub Aqua Club	Venue: Selby Railway Club Email: <a href="mailto:selbysubaquaclub@gmail.com">selbysubaquaclub@gmail.com</a> Phone: 07828 691911 Website: <a href="http://www.selbyscuba.co.uk">www.selbyscuba.co.uk</a>
Barlby Raiders	Venue: Email: <a href="mailto:info@barlbyraiders.co.uk">info@barlbyraiders.co.uk</a> Phone: Website: <a href="http://www.barlbyraiders.co.uk">www.barlbyraiders.co.uk</a>

For more details on any of the activities/groups listed please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Selby Locality

### SPORTS

Group Name	Contact
Brayton Belles WFC	Venue: Email: Phone: Website: <a href="http://www.braytonbelles.co.uk">www.braytonbelles.co.uk</a>
Brayton FC Juniors	Venue: Email: <a href="mailto:braytonfc32@aol.com">braytonfc32@aol.com</a> or <a href="mailto:stephencurry@talktalk.net">stephencurry@talktalk.net</a> Phone: Website: <a href="http://www.pitchero.com/clubs/braytonfc">www.pitchero.com/clubs/braytonfc</a>
Camblesford Colts Junior FC	Venue: Email: Phone: Tracey 01405 860739 or Adrian 01405 869545 Website:
Cawood Football Club	Venue: Email: Phone: Website: <a href="http://www.pitchero.com/clubs/cawoodfc">www.pitchero.com/clubs/cawoodfc</a>
Cliffe Football Club	Venue: Email: Phone: Website: <a href="http://www.cliffe.fc.com">www.cliffe.fc.com</a>

For more details on any of the activities/groups listed please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Selby Locality

### SPORTS

Group Name	Contact
Drax Sports & Social Football Club	Venue: Email: Phone: Website: <a href="http://www.draxfc.synthasite.com">www.draxfc.synthasite.com</a> or <a href="http://www.draxfc.co.uk">www.draxfc.co.uk</a>
Hambleton FC	Venue: Email: <a href="mailto:Graeme-parker@sky.com">Graeme-parker@sky.com</a> Phone: Website:
Hambleton Lions FC	Venue: Email: Phone: Website:
Hemingbrough United	Venue: Email: <a href="mailto:hemingbroughunited@live.com">hemingbroughunited@live.com</a> Phone: Website: <a href="http://www.hemingbroughunited.t83.net">www.hemingbroughunited.t83.net</a>
Hensall & Kellington FC	Venue: Email: <a href="mailto:andy@googlemail.com">andy@googlemail.com</a> Phone: Website: <a href="http://www.pitchero.com/clubc/hensallandkellingtonathletic">www.pitchero.com/clubc/hensallandkellingtonathletic</a>

For more details on any of the activities/groups listed please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Selby Locality

### SPORTS

Group Name	Contact
Hounds FC	Venue: Email: Phone: Website: <a href="http://www.houndsfc.com">www.houndsfc.com</a>
Monk Fryston United FC	Venue: Email: Phone: Website: <a href="http://www.clubwebsite.co.uk/monkfrystonunited">www.clubwebsite.co.uk/monkfrystonunited</a>
Phoenix FC	Venue: Email: Phone: Website: <a href="http://www.phoenixsportsclub.org">www.phoenixsportsclub.org</a>
Riccall United Football Club	Venue: Email: <a href="mailto:liambradley@riccallunited.com">liambradley@riccallunited.com</a> Phone: 077380370244 Website: <a href="http://www.riccallunited.com">www.riccallunited.com</a>
Selby Olympia FC	Venue: Email: Phone: Mr Lindsay Adamson 01757 706768 Website:

For more details on any of the activities/groups listed please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Selby Locality

### SPORTS

Group Name	Contact
Selby RSSC Football Club	Venue: Email: Phone: Website: <a href="http://www.clubwebsite.co.uk/selbyrssc">www.clubwebsite.co.uk/selbyrssc</a>
Selby Town FC	Venue: Email: <a href="mailto:toonarkley@yahoo.co.uk">toonarkley@yahoo.co.uk</a> Phone: Website: <a href="http://www.pitchero.com/clubs/selbytown">www.pitchero.com/clubs/selbytown</a>
Sherburn White Rose FC	Venue: Email: Phone: Gary 01977 682109 Website:
South Milford Juniors FC	Venue: Email: <a href="mailto:smjfc@dsl.pipex.co.uk">smjfc@dsl.pipex.co.uk</a> Phone: Website:
Tadcaster Albion FC	Venue: Email: Phone: Website: <a href="http://www.tadalbion.com">www.tadalbion.com</a>

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# ACTIVITIES

## For Children & Young People In Selby Locality

### SPORTS

Group Name	Contact
Tadcaster Magnets FC	<b>Venue:</b> <b>Email:</b> rich.leedsfan@ntlworld.com <b>Phone:</b> <b>Website:</b> <a href="http://www.pitchero.com/clubs/tadcastermagnetsfc">www.pitchero.com/clubs/tadcastermagnetsfc</a>
Unicorn FC	<b>Venue:</b> <b>Email:</b> joanne.hopwood@yahoo.co.uk <b>Phone:</b> <b>Website:</b>
Whitley Wolves Junior FC (boys & girls)	<b>Venue:</b> <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.whitleywolves.co.uk">www.whitleywolves.co.uk</a>
Burn Gliding Club	<b>Venue:</b> <b>Email:</b> burngc@gmail.com <b>Phone:</b> <b>Website:</b> <a href="http://www.burnglidingclub.co.uk">www.burnglidingclub.co.uk</a>
Church Fenton Flyers	<b>Venue:</b> MUGA Sherburn <b>Email:</b> ocelynpatel@me.com <b>Phone:</b> <b>Website:</b>

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# ACTIVITIES

## For Children & Young People In Selby Locality

### SPORTS

Group Name	Contact
Hemingbrough Hawks	<b>Venue:</b> <b>Email:</b> <a href="mailto:info@hemingbroughhawks.co.uk">info@hemingbroughhawks.co.uk</a> <b>Phone:</b> <b>Website:</b> <a href="http://www.pitchero.com/clubs/hemingbroughhawkesnetballclub/">www.pitchero.com/clubs/hemingbroughhawkesnetballclub/</a>
Sherburn Netball Club	<b>Venue:</b> Fairway MUGA <b>Email:</b> <a href="mailto:bevthathaway@hotmail.com">bevthathaway@hotmail.com</a> <b>Phone:</b> <b>Website:</b>
Brotherton Bulldogs	<b>Venue:</b> <b>Email:</b> <a href="mailto:brothertonbulldogs@gmail.com">brothertonbulldogs@gmail.com</a> <b>Phone:</b> <b>Website:</b>
Selby Warriors	<b>Venue:</b> <b>Email:</b> <a href="mailto:d-sowden@sky.com">d-sowden@sky.com</a> or <a href="mailto:c.hazell@raptoruk.co.uk">c.hazell@raptoruk.co.uk</a> <b>Phone:</b> <b>Website:</b> <a href="http://www.pitchero.com/clubs/selbywarriors">www.pitchero.com/clubs/selbywarriors</a>
Sherburn Bears ARLFC	<b>Venue:</b> <b>Email:</b> <b>Phone:</b> 01977 680407 or 07979 542860 <b>Website:</b>

For more details on any of the activities/groups listed please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Selby Locality

### SPORTS

Group Name	Contact
Selby Rugby Union Football Club	Venue: Email: <a href="mailto:rugbydev.selbyrufc@btinternet.com">rugbydev.selbyrufc@btinternet.com</a> Phone: Richard 01757 703608 or 07712 574113 Website:
Selby Striders Running Club	Venue: Selby RUFC, Sandhill Lane Email: Phone: Website: <a href="http://www.selbystriders.org.uk">www.selbystriders.org.uk</a>
Tadcaster Harriers	Venue: Tadcaster Leisure Centre Email: <a href="mailto:swindenmark@sky.com">swindenmark@sky.com</a> Phone: Website: <a href="http://www.tadcasterharriers.org.uk">www.tadcasterharriers.org.uk</a>
Drax Golf Club	Venue: Drax Email: <a href="mailto:draxgolfclub@btinternet.com">draxgolfclub@btinternet.com</a> Phone: 01757 617228 Website: <a href="http://www.golftoday.co.uk">www.golftoday.co.uk</a> <a href="http://www.draxgolfclub.com">www.draxgolfclub.com</a>
Scalm Park	Venue: Email: <a href="mailto:scalmparkonline@hotmail.co.uk">scalmparkonline@hotmail.co.uk</a> Phone: 01757 210846 Website: <a href="http://www.golftoday.co.uk">www.golftoday.co.uk</a> <a href="http://www.scalmparkleisure.co.uk">www.scalmparkleisure.co.uk</a>

For more details on any of the activities/groups listed please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Selby Locality

### SPORTS

Group Name	Contact
Scarthingwell	Venue: Scarthingwell Email: Phone: 01937 557878 Website: <a href="http://www.golftoday.co.uk">www.golftoday.co.uk</a> <a href="http://www.scarthingwellgolfcourse.co.uk">www.scarthingwellgolfcourse.co.uk</a>
Selby Golf Club	Venue: Selby Email: <a href="mailto:secretary@selbygolfclub.co.uk">secretary@selbygolfclub.co.uk</a> Phone: 01757 228622 Website: <a href="http://www.golftoday.co.uk">www.golftoday.co.uk</a> <a href="http://www.selbygolfclub.co.uk">www.selbygolfclub.co.uk</a>
Selby Swans Gymnastics Academy	Venue: Selby Bowling Alley, Bawtry road Email: <a href="http://selbyswansgymnasticsacademy.co.uk">selbyswansgymnasticsacademy.co.uk</a> Phone: Stacey Nixon 07940 251613 Website:
Sherburn Gymnastics Club	Venue: Sherburn High School Email: <a href="mailto:scgc@hotmail.com">scgc@hotmail.com</a> Phone: Amanda 07866 315157 Website: <a href="http://www.sherburn-gymnastics.org.uk">www.sherburn-gymnastics.org.uk</a>
Selby Hockey Club	Venue: Selby Leisure Centre Email: <a href="mailto:selbyhockey@yahoo.co.uk">selbyhockey@yahoo.co.uk</a> Phone: <a href="http://www.pitchero.com/selbyladieshockey">www.pitchero.com/selbyladieshockey</a> Website:

For more details on any of the activities/groups listed please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Selby Locality

### SPORTS

Group Name	Contact
Tadcaster Hockey Club	<b>Venue:</b> <b>Email:</b> <a href="mailto:stacey@cromwellpolythene.co.uk">stacey@cromwellpolythene.co.uk</a> <b>Phone:</b> <b>Website:</b> <a href="http://www.pitchero.com/clubs/tadcastermagnets1">www.pitchero.com/clubs/tadcastermagnets1</a>
Angel Riding Centre	<b>Venue:</b> <b>Email:</b> <a href="mailto:angellivery@live.co.uk">angellivery@live.co.uk</a> <b>Phone:</b> 07833 500333 <b>Website:</b>
D W GYM	<b>Venue:</b> 3 Lakes Retail Park <b>Email:</b> <b>Phone:</b> 01757 212433 <b>Website:</b>
Selby Leisure Centre	<b>Venue:</b> <b>Email:</b> <a href="mailto:leisureenquiries@wlct.org">leisureenquiries@wlct.org</a> <b>Phone:</b> 01757 213758 <b>Website:</b> <a href="http://www.selbyleisurecentre.org">www.selbyleisurecentre.org</a>
Selby Gym	<b>Venue:</b> <b>Email:</b> <b>Phone:</b> 01757 701593 <b>Website:</b>

For more details on any of the activities/groups listed please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Selby Locality

### SPORTS

Group Name	Contact
Serendipity Ladies Health & Fitness	Venue: Micklegate, Selby Email: Phone: 01757 290299 Website: <a href="http://www.serendipityladiesfitness.co.uk">www.serendipityladiesfitness.co.uk</a>
Tadcaster Leisure Centre	Venue: Station Road, Tadcaster Email: <a href="mailto:leisureenquiries@wlct.org">leisureenquiries@wlct.org</a> Phone: 01937 834375 Website: <a href="http://www.selbyleisurecentre.org">www.selbyleisurecentre.org</a>

For more details on any of the activities/groups listed please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Selby Locality

### VOLUNTEERING

Group Name	Contact
Get Volunteering	Venue: Email: Phone: Website: <a href="http://www.getvolunteering.co.uk">www.getvolunteering.co.uk</a>
Vinspired	Venue: Email: Phone: Website: <a href="http://www.vinspired.com">www.vinspired.com</a>
Volunteering Matters	Venue: Email: <a href="mailto:info@volunteeringmatters.org.uk">info@volunteeringmatters.org.uk</a> Phone: 02037805870 Website: <a href="http://www.volunteeringmatters.org.uk">www.volunteeringmatters.org.uk</a>
Community First - Volunteering In North Yorkshire Database	Venue: Email: Phone: Website: <a href="https://portal.communityfirstyorkshire.org.uk/volunteering">https://portal.communityfirstyorkshire.org.uk/volunteering</a>

For more details on any of the activities/groups listed please contact the provider directly.




# ACTIVITIES

## For Children & Young People In Selby Locality

### OTHER GROUPS

Group Name	Contact
Bee-Able CIC (Additional Needs)	Venue: 38 Castle Hill Lane, Drax. YO8 8NP Email: Phone: Website: <a href="http://www.bee-able.co.uk">www.bee-able.co.uk</a>
Selby Young Carers	Venue: Communi-tea Centre, Selby Email: <a href="mailto:kvincent@carersresources.org">kvincent@carersresources.org</a> Phone: 07508 859231 Website:

For more details on any of the activities/groups listed please contact the provider directly.





## 2026 Calendar Photo Competition

“A YEAR IN NORTH YORKSHIRE”

Are you a young photographer aged 11+?

Photos need to represent York or North Yorkshire.

They can be scenery or street photography, with no identifiable faces. We want to see North Yorkshire at its best throughout the year!

Closing date 31<sup>st</sup> August 2025



For more information and to enter:  
contact Stef on **07398 149496**  
or email **stef@nyy.org.uk**

T&Cs apply

Poster image is looking from Grinton towards Reeth in Swaledale



# NORTH YORKSHIRE YOUTH VOLUNTEER BUDDY NETWORK



## YOUR TIME COULD MAKE ALL THE DIFFERENCE TO A YOUNG PERSON



Life can be a lonely path for some young people. The NYY Buddy scheme can be an enriching experience for both you and the young person you support. Volunteer to befriend a 14-19yr old for as little as one hour a week. **Help make a difference in your community.**

**For more information please contact:**

**Stef Benson**

**Buddy Network Coordinator**

**07398 149496**

**[stef@nyy.org.uk](mailto:stef@nyy.org.uk)**

**North Yorkshire Youth  
Volunteer Buddy Network**  
One to one support for 14-19yr olds

North Yorkshire Youth is a registered charity, number 1116521





## Could you befriend a looked after child in North Yorkshire?

We would love to hear from people of all ages and backgrounds who want to make a positive difference to a young person's life.

An Independent Visitor (IV) is an adult volunteer who develops a friendship with a young person in care.

They will offer support and help a young person to develop new interests, skills and hobbies.

We are looking for volunteers who can offer one visit per month for a minimum period of two years.

**For further information  
please contact:**

**Stef Benson: [stef@nyy.org.uk](mailto:stef@nyy.org.uk)**

**Tel: 07398 149496**



### What young people say about Independent Visitors:

"He made me forget about being in care and brought me up on my down days."

"Having an independent visitor has been the only stable thing in my life recently."

"She always comes when she says she will. She never lets me down."

# independent visitors



FOOD. ENTERTAINMENT.  
ARTS. SPORT. TOGETHER

feast

# Free activities for

eligible children and young people  
this school holiday.



Packed with sport, art, fun  
and food, there's something  
for everyone.

Everyone in North Yorkshire from Reception to  
Year 11 can join in, with FREE places available for  
eligible children and young people.

Discover what's on offer at  
**feastNY.org**



NORTH  
YORKSHIRE  
TOGETHER



HolidayActivities



Department  
for Education



NORTH  
YORKSHIRE  
COUNCIL



SCAN ME



Libraries are friendly spaces, where you can read, meet friends, do homework and access the internet. You do not have to be a member to visit a library. You are welcome to pop along and just be in the space to do such things as explore, read, rest, meet others, play and study.

Why not become a member so that you can make the most of your visit? On top of the thousands of books, comics, eBooks, eAudio & eMagazines for you to enjoy.

You can also visit the Library to do so much more; from Reading Groups, Volunteering Opportunities, Learning Resources, Family History Research, Study Areas, Internet & Computer Access, Photocopying Printing & Scanning, Local Studies, Film Shows, Language Courses, specialist events plus much more!



**NORTH YORKSHIRE COUNCIL**

## Try the library app

- Search the catalogue for books, audio books and DVDs.
- Reserve items and renew loans.
- Access FREE digital content - ebooks, e-audio books, magazines & comics.

Search for 'North Yorkshire Libraries' on:

 **Google play**  **Download on the App Store**

The smartphone screen shows the app interface with a search bar, a list of categories (My Account, eBooks and audiobooks, Newsagent, Online Resources, Local Library, Social, and more), and a bottom navigation bar.





# WHY NOT VISIT ONE OF THE LIBRARIES IN THE SELBY AREA



Please contact your local library for opening hours

Selby  
52 Micklegate  
Selby  
YO8 4EQ  
01609 534521

[selby.library@northyorks.gov.uk](mailto:selby.library@northyorks.gov.uk)

Tadcaster Community Library  
Station Road  
Tadcaster  
LS24 6EA

Sherburn & Villages  
Community Library  
Finkle Hill  
Sherburn In Elmet  
LS25 6EA  
01609 534525

[sherburn.library@siect.uk](mailto:sherburn.library@siect.uk)

Barlby Library & Community  
Hub  
Howden Road  
Barlby  
YO8 5JE  
01757 705458

## Supermobile Library

The supermobile library carries around 3,000 items of stock, including books, DVDs and audiobooks.

You can go on the vehicle to choose your own books but if you would like the library team can also select your chosen books for you to collect when they visit call 01609 533878 or email [supermobile@northyorks.gov.uk](mailto:supermobile@northyorks.gov.uk).

You can join the library service by visiting the supermobile at your nearest stop.

The Supermobile visits the following locations throughout the Selby area:

Eggborough - Weeland Road



# LIBRARIES



The Council provides a housing support and advice service to 16–25 year olds in housing need. They call this service Young Persons Housing Solutions @ THE HUB – or "THE HUB" for short!

## What help is available from THE HUB?

Support for Young People aged between 16–25 who are homeless or at risk of becoming homeless. General Housing advice & support around issues like benefits & managing a tenancy. Support & Help to stay in your own home where it is safe & appropriate to do so. However, THE HUB know staying at home isn't always suitable or possible so they offer a range of accommodation and support services. THE HUB will Talk you through everything & make sure you have a clear understanding of your options so you can make an informed choice. Answer any questions you have Take into account your wishes & feelings Provide you with a support worker who will help you through the entire process.

**If you have any questions about the support available you can contact them using any of the following options**

Visit them in person;

Telephone:

Email: [housing@selbydc.gov.uk](mailto:housing@selbydc.gov.uk)



## What accommodation is available?

There is a range of accommodation available, but places are limited and not every young person who becomes homeless will be offered long term accommodation.

Access to all the following accommodation is **ONLY** through **THE HUB**:

**SASH – Safe & Sound Homes – Night Stop** This is emergency accommodation for up to 14 nights staying with a host family. Transport, a meal & bed for the night are provided. The aim is to provide mediation during this time that allows the young person to return home.

**SASH – Safe & Sound Homes – Supported Lodgings** Supported Lodgings provides accommodation with a host family for up to 2 years for young people with medium needs. The host and project workers support young people to develop their independence skills, such as budgeting & basic cooking. The host provides the young person with a room of their own, breakfast & an evening meal daily. The young people are encouraged to continue/begin an education programme/job & can be referred for additional specialist support with personal issues they wish to work on.

**Foundation – Supported Housing** Supported housing is available for young people with medium or high needs, either at the Carriage Works, Cross Street, Skipton which is staffed 24 hours a day or an independent flat in the Craven district. Residents are expected to take part in a programme of support to develop their independent living skills and are expected to move on after approximately 6–9 months.



Foundation Central deliver the following services:

**North Yorkshire Young People's Pathway:** This service offers young people the necessary support, advice and mediation to enable them to stay in their present accommodation. Where it is not possible for someone to remain at home, we have a variety of accommodation options to suit their needs.

**Location:** 3 Limewood Way, Leeds, LS14 1AB

**Phone:** 0113 273 9660

**Email:** [central@foundationuk.org](mailto:central@foundationuk.org)



**ENDING YOUTH  
HOMELESSNESS**

### **Centrepont Helpline**

Call FREE on 0808 800 0661 Monday to Friday 9am–5pm

Are you feeling overwhelmed about where to start with finding safe housing?

If you're in England & aged 16 to 25, talk to the Helpline at Centrepont to chat with their non-judgemental & experienced advisors to get advice on your housing situation and rights. They will listen, give you guidance and connect you to the right services to help you find a place to stay where you can close the door & feel safe.

### **How Will Centrepont Help Me?**

Whether you're facing eviction, sleeping rough or sofa surfing, they will listen & do everything they can to help. They will take the time to make sure they understand your situation before they offer you advice.

[www.centrepont.org.uk](http://www.centrepont.org.uk)





# sendiass

## NORTH YORKSHIRE

Special Educational Needs and Disabilities  
Information, Advice and Support Service



### Information

You may find the answer to some of your questions by looking through the information on our web pages, via social media channels and through workshops and courses. We have some downloadable resources. If you can't find the answers to your questions, you can get in touch by phone, text or email – **you choose** which works best for you.



### Advice

We provide impartial information and advice about what the law says, the local authority's policies and procedures and about the policy and practice in local schools and other settings. We do not take sides or tell you what to do, we will help you get the information you need to make your **own choices**.



### Support

We can help you by **listening** to your views and concerns and working with you to explore your options. We can help you with preparation for meetings, with letters, forms and reports and support you to have the confidence to **express your views**.



### Education

We can talk to you about any **questions or concerns** you have in relation to your child's Special Educational Needs, including choice of educational setting. We can discuss with you how to raise your concerns and help you to find **positive ways to communicate** with schools and the local authority.



### Rights

We provide information and can help you to understand what the law says and what your rights are, enabling you to make informed choices.



### EHC Plans

We have lots of information and advice around EHC plans, how to request, and what happens next within our web pages. We can support you to get your views across and fully **participate in the process**, including at Annual Reviews and with disagreements.





Special Educational Needs and Disabilities  
Information, Advice and Support Service

SENDIASS (Special Educational Needs and Disabilities Information Advice and Support Service) is a confidential and impartial service that provides information and advice on SEND (Special Educational Needs and Disability) policy, process and law.

The service is free, easy to access and confidential.

SENDIASS can help children, parents and young people take part in decisions that affect their lives.

SENDIASS offer information and advice to:

- Children and young people (up to 25 years) with SEND
- Parents and carers of children with SEND
- Practitioners (who might support children, young people or parents to access the SENDIASS service)

SENDIASS provide:

Telephone Advice service Monday -Friday  
Online and written information  
Letter templates  
Preparation for meetings and appeals  
Information sessions for parents/carers  
Training and workshops

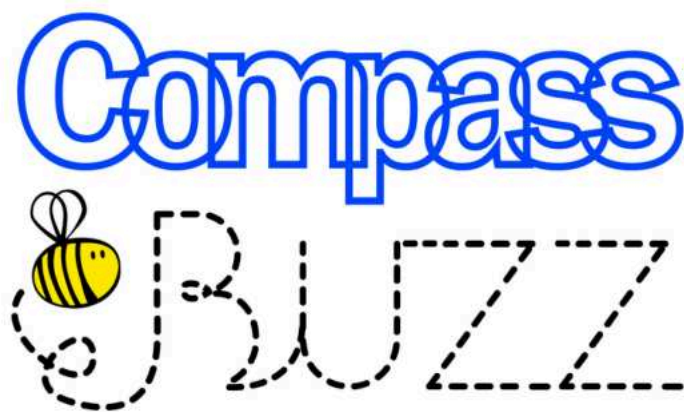
[www.sendiassnorthyorkshire.co.uk](http://www.sendiassnorthyorkshire.co.uk)

[info@sendiassnorthyorks.org](mailto:info@sendiassnorthyorks.org)

01609 536923







Compass offers a confidential text messaging service to young people aged 11-18 across North Yorkshire.

The service was named in conjunction with young people and is called BUZZ US. By texting the service on [07520 631168](tel:07520631168) you will be able to receive confidential advice, support and signposting from a wellbeing worker within one working day via text. When you text BUZZ US you will receive a message letting you know if we are open or closed. Within this text it will also let you know what you can do if we are not open and you need help in the meantime. This includes information such as contacting your doctor, visiting a NHS walk-in centre or calling NHS 111. You can also look up your local child and adolescent mental health service (CAMHS) crisis number. Also remember that if it is an emergency dial 999 or visit A&E.







Young people can text BUZZ US about any mental health or wellbeing concerns such as low mood, stress, eating problem, self harm, anxiety or self esteem. When you text the service the wellbeing worker will get back to you within one working day. So it is important to remember that if you are in need of urgent help or you feel in crisis to contact the help suggested above. Once the wellbeing worker has introduced themselves they will then start to ask you questions around your problem to make sure that they are offering you the right support, advice or signposting.

Once you have received the help you need we will close the conversation and ask for your feedback. Remember you can always text back at anytime in the future to get support if you need it. If you do ever text in again we will not know that it is you and it important to remember that we may ask some of the same questions again.

The service is open Monday - Thursday 9am-5pm and Friday 9am-4.30pm (excluding Bank Holidays).

You can also stop receiving messages from BUZZ US at any stage by texting STOP to the number. Compass record and keep all messages they receive in their central files.

**BUZZ US is a text messaging service run by Compass BUZZ for young people aged 11-18 who live in North Yorkshire**

**Text a wellbeing worker on**

**07520 631168**

if you are experiencing any of the following:

 <b>Bullying</b>	 <b>Low Mood</b>
 <b>Anxiety</b>	 <b>Stress</b>
 <b>Self Esteem</b>	 <b>Self Harm</b>
 <b>Eating Problems</b>	 <b>Emotions</b>





# North Yorkshire support for young people's Mental Health



SCAN ME



There is national  
and local support for  
young people,  
parents, carers and  
professionals on the  
Go-To website.

[www.thegoto.org.uk](http://www.thegoto.org.uk)



**The Go-To**

For healthy minds in North Yorkshire

**NHS**





## What is Selby parkrun?

A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate – it's up to you!

When is it?

Every Saturday at 9:00am.

Where is it?

The event takes place at AiBurn Airfield, Selby. YO8 8LD. See Course page for more details.

What does it cost to join in?

Nothing – it's free! but please register before you first come along.

Only ever register with parkrun once and don't forget to bring a scannable copy of your barcode (request a reminder). If you forget it, you won't get a time.

How fast do I have to be?

We all take part for our own enjoyment. Please come along and join in whatever your pace!

**[selby@parkrun.com](mailto:selby@parkrun.com)**

parkrun is a series of 5k runs held on Saturday mornings in areas of open space around the UK. They are open to all, free, and are safe and easy to take part in. Visit the parkrun website for more information and to find the nearest parkrun in your area.







# LGBTQ+ YOUTH CLUBS

Looking for a place to be yourself, feel supported, and connect with others?

Our LGBTQ+ youth clubs across North Yorkshire offer safe, inclusive spaces for LGBTQ+ young people and allies.

Whether you want to get creative, play games, join in on trips, or just hang out and chat—we've got something for everyone.

These clubs are built on respect, support, and belonging. You'll meet new people, make friends, and be part of a community that truly cares. To protect the privacy of attendees, we don't share club locations or times online.

Get in touch to find out what's running in your area, or if there's nothing nearby, help us set one up!

For Selby, contact Lisa Welford (Youth & Community Development Worker)

✉ [lisa@nyy.org.uk](mailto:lisa@nyy.org.uk)

☎ 07825659425

# LOVE





# NY VOICE : BE THE CHANGE

NY Voice is our young people's participation and engagement team. Discover how to get involved, and have your say on the things that matter to you.

## NY Voice – Youth Voice and Creative Engagement Service

NY Voice supports children and young people to have their voices heard. They work with you on the issues that are most important to you, to make a real difference in your local community and improve the services the council, and their partner agencies, provide.

NY Voice Craven – Megan Reynolds

[megan@northyorks.gov.uk](mailto:megan@northyorks.gov.uk)

Youth Voice and Creative Engagement Officer

Location: Hambleton & Richmondshire

Lead area: Children in care, care leavers and Gypsy, Roma Traveller young people

[Instagram @nyccyouthvoice](#), [Facebook @northyorkshireyouthvoice](#) and [Twitter @YouthYorkshire](#).



**AGES 11-18YRS**

# NY MENTAL HEALTH

**BE PART OF A YOUTH VOICE GROUP!**  
HEAR ABOUT LOCAL AND NATIONAL MENTAL HEALTH AWARENESS EVENTS, WORKSHOPS, CAMPAIGNS AND MORE. CHOOSE WHAT YOU WANT TO PARTICIPATE IN. MAKE A CHANGE.

**#NYMENTALHEALTH**

EMAIL: [CHLOE.THWAITES@NORTHYORKS.GOV.UK](mailto:CHLOE.THWAITES@NORTHYORKS.GOV.UK)  
TO GET INVOLVED IN MENTAL HEALTH EVENTS AND CAMPAIGNS FOR YOUNG PEOPLE ACROSS NORTH YORKSHIRE.

North Yorkshire County Council



## Do You Want To Help Your Area

Be part of Craven Youth Council, you can plan projects you're passionate about, help enact the change you want to see and build your skills

PROJECTS LEADERSHIP FRIENDS CONNECTIONS

[@cravenyouthcouncil](#) EMAIL: [chloe.thwaites@northyorks.gov.uk](mailto:chloe.thwaites@northyorks.gov.uk)



## Join our YOUTH PRIDE group for North Yorkshire

We are a group of LGBTQ+IA and Allies" who either live, work, study, or are linked in some other way to North Yorkshire between 13-25 years old.

We aim to support each other, gain advice and spread awareness of LGBTQ+ issues through campaigning.

We meet online on Microsoft Teams every 2nd and 4th Wednesday of the month 5-6pm.

for more info contact: [chloe.thwaites@northyorks.gov.uk](mailto:chloe.thwaites@northyorks.gov.uk)

North Yorkshire County Council



# CRIME PREVENTION & SUPPORT

Empowering young people to be fearless against crime

## fearless .org

### What is Fearless?



Fearless is the youth service from the independent charity Crimestoppers. Aimed at young people, our website provides non-judgemental information and advice about crime.



### Give information



Young people can give information about crime 100% anonymously via a secure online form on the website. It empowers them to take a safe stand against crime.

### Work with young people?



Teacher, youth worker, school nurse, parent? Fearless can provide you with FREE resources on a wide range of crime types via the 'not a young person' section of the website.

### Connect with Fearless



YouTube



## BeAware

of child exploitation  
in **North Yorkshire**



**North Yorkshire**  
Safeguarding Children Partnership

# ONLINE & MOBILE SAFETY

### Passwords

- Make passwords difficult for others to guess.
- A strong password should be more than six characters long and include a combination of letters, numbers, and symbols.
- Try not to use the same password for every website, if someone guesses it, they will be able to access all your accounts.
- Don't use your personal information or that of anyone you know (e.g. child's name and dob).

### Selective Sharing

- When you share something on social media it has potential to reach many people, may be shared by others & can still be seen even after you've deleted the post.
- Never reveal your address, personal telephone number or bank details on social media.
- Be cautious about posting photographs of yourself on social media, these can be saved and stored by others.

### Privacy Settings

- Set your privacy settings to enable only 'friends' or 'followers' to see what you post.
- It's important to remember that setting your profile to private doesn't mean that your posts can't be seen by others.
- Friends could share the post to their network, for example, so remain cautious about what you're sharing.

### Who Are You Talking To?

- Others may pretend to be someone they're not to extract personal information or convince people into doing things they don't want to do.
- Never send any personal information to someone you have never met in person.
- Never send anyone a photo or video that could leave you in a compromising situation.

### Meeting in 'real life'

- Extreme caution should be taken when arranging to meet someone in 'real-life' for the first time.
- Always arrange to meet in a busy public place, such as a café.
- Always tell someone else who you are meeting, use apps like 'find my' on your device to track your location, or carry an airtag.
- If possible, take a friend, family member or carer along to the first meeting.

### Avoid Online Scams

- It's important to be mindful of things that don't seem right.
- Remember, if something sounds too good to be true, it probably is!
- Sometimes it can be hard to know whether something is genuine or not. Unsure? Get a second opinion.

### Truth or Lie?

- Many websites spread untrue or exaggerated news stories, often called 'clickbait' or 'fake news'.
- Don't assume the first thing you read is true, instead be open to reading different sources to get a more accurate overview.
- It's also worth bearing in mind that the posts your friends are sharing might not always give a true representation of their lives.

### Respect Other People

- Occasionally on the internet people forget that behind every post is a real person.
- Your comments could upset someone without realising, don't say anything to anyone online that you wouldn't say to their face.
- Think before you post!

### Report Any Issues

- You should never accept being abused, bullied or harassed online. Use the blocking tool on the apps help page.
- Tell a friend, family member, carer or support worker if you are worried about anything online.
- Abusing someone online is a criminal offence and you can report online abuse to the police. Contact your local police force by calling 101.

### Keep a Healthy Balance

- The internet can be addictive, try to strike a healthy balance between the online and offline worlds.
- Keep connected to 'real world' friends and family.
- Keep your sleep health in check, switch off devices at night and take a rest!

### Be Aware Site Links



"We need to **Be Aware** because it goes under the radar here in North Yorkshire"



# ONLINE & MOBILE SAFETY

Welcome to the  
Click Clever Click Safe campaign, brought to  
you by the UK Council for Child Internet Safety.

Internet safety advice for  
**YOUNG PEOPLE**



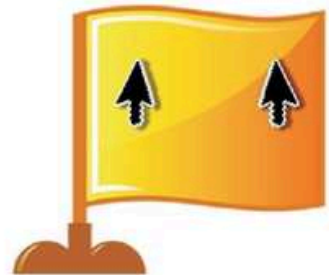
## ZIP IT

Keep your personal  
stuff private and think  
about what you say  
and do online



## BLOCK IT

Block people who send  
nasty messages and  
don't open unknown  
links and attachments



## FLAG IT

Flag up with someone  
you trust if anything  
upsets you or if  
someone asks to  
meet you online.

The internet is a great way to see more, learn  
more and have lots of fun.  
To help you enjoy it safely, you should follow the  
Click Clever, Click Safe Code.



[www.northyorkshire.police.uk/crimeprevention](http://www.northyorkshire.police.uk/crimeprevention)





**Nude image of you online?  
We can help take it down.**

### Report Remove

Report Remove is here to help young people under 18 in the UK to confidentially report sexual images and videos of themselves and remove them from the internet.

How Report Remove works

Having your nudes shared can feel scary, and it can leave you feeling worried or even ashamed. **But it's not your fault.**

It's against the law for anyone to share a sexual image or video of someone who's under 18, and Childline are working with the Internet Watch Foundation (IWF) and Yoti to help you remove any sexual image or video of you that's online.

Report Remove is safe, easy and free – all you need to do is follow these steps: Visit <https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/report-remove/>

1. choose your age range.
2. create a Childline account so they can send you updates on your report
3. report your image or video to the Internet Watch Foundation (IWF)
4. talk to a Childline counsellor if you want any extra support, or access support on the Childline website
5. check your Childline locker a few days after your report to see if you need to add any more information and to see updates on your report
6. report any issues with this process by sending an email from your Childline locker with the subject 'Report Remove' and as much information about the problem as you can.



**childline**

ONLINE, ON THE PHONE, ANYTIME  
[childline.org.uk](https://www.childline.org.uk) | 0800 1111



# Young people



Free and confidential services  
across North Yorkshire and York

## Sexual health

Sexual health is about your physical, emotional, mental and social well-being in relation to sex and your sexuality.

Whether it's your first time or you've had it before, sex should be something you enjoy and can have safely. Make sure you feel ready and can take responsibility for your own sexual health and well-being.

### **Aged 17 and Under - How to Contact Us**

If you are aged 17 and under you can text us on 07973775692. This line is open Monday to Friday, 8:15am to 3:30pm.

Please include your full name, date of birth, and address when you send us a text.

You can also call our central booking line on 01904 721111 to book an appointment.

### **Young Person Walk in Clinics**

We have young person walk in clinics at York, Scarborough and Northallerton where you don't need to book an appointment. Condoms, emergency contraception, most methods of contraception, and STI testing and treatments are available at all of our walk ins and booked appointment clinics. Please see below for times and dates:

- York Monkgate Clinic, Tuesdays 4:00pm - 6:30pm.
- Scarborough Mulbery Unit, Tuesdays 4:00pm - 6:30pm.
- Northallerton. Anyone aged 17 or below is welcome to attend.

Location: YorSexual Health based in Citizens Advice & Law Centre, 277 High Street, Northallerton, DL7 8DW. Tuesdays from 3:30pm - 6:30pm. Services include contraception & emergency contraception, free condoms, chlamydia & other STI testing, and pregnancy testing.





# **ROYAL AIR FORCE** **AIR CADETS** the next generation

There are more than 40,000 Royal Air Force Air Cadets between the ages of 12 and 19 across the United Kingdom.

Being an Air Cadet improves career and employment prospects and also often helps with performance at school. It's also a lot of fun.

Being an Air Cadet is a rewarding and fulfilling experience.

To be an Air Cadet you must be 13 years old, or 12 years old if you're already in year 8 in school.

The latest you can join is before your 17th birthday.

## Weekly meetings and costs

Squadrons across the UK meet twice a week. Each session lasts around two hours, usually from seven to nine in the evening. This means it should fit in easily with your other commitments and hobbies.

There's a small subscription to cover the running costs which is usually a few pounds per week.

## Ready to join the Air Cadets?

All of the squadrons welcome personal visits by potential cadets (ideally accompanied by a parent or guardian), during one of their Parade Nights. Some squadrons recruit throughout the year, others have specific entry dates. Just go along and see if you like it.

Your local squadron will discuss what they do, show you a video of Air Cadet activities and answer any questions you or your parents or carer may have.

Find your local Squadron and complete the joining form online at [www.raf.mod.uk/aircadets/find-a-squadron](http://www.raf.mod.uk/aircadets/find-a-squadron) your local squadron will then get in touch.



# **ROYAL AIR FORCE** **AIR CADETS** the next generation





## Fun, Friendship, Action & Adventure | Army Cadets UK

Becoming an Army Cadet has heaps of benefits. The most obvious being that you get to take part in loads of exciting and challenging activities such as fieldcraft, adventure training, first aid, music, sports and shooting, to name but a few.

When you join as a cadet you will make lots of new friends and get the opportunity to go on annual camp where you will meet cadets from other detachments in your county. You may even get to go on expeditions to amazing places in the UK and sometimes even abroad.

The Army Cadet Syllabus will teach you leadership skills, discipline and give you self-confidence you never thought possible. You will learn a wide range of transferable skills such as: the ability to command tasks; make decisions under pressure; plan and organise tasks and work as an effective team player as well as independently. These skills will equip you for life and add an extra string to your bow at times when competition for college places and employment is fierce.

Through your cadet training you can also gain valuable qualifications such as the Duke of Edinburgh's Award, BTEC First Diploma in Public Services or Music or the ILM Certificate in Team Leading.

If you like the sound of all the above visit [www.armycadets.com](http://www.armycadets.com) to find out more.

Yorkshire (North and West) ACF is one of the largest ACF Counties in the UK.

It's aim is to inspire young people to achieve success in life, to develop them both physically and mentally.

It does this through improving self-confidence, teamwork and leadership skills, and creating great friendships!

They welcome new members of all abilities and backgrounds to join their wonderful organisation and take part in the great range of activities that they offer.

**YORKSHIRE (NORTH & WEST) ACF IS HOME TO OVER 1300 CADETS AND ALMOST 250 CADET FORCE ADULT VOLUNTEERS (CFAVS) IN 43 DETACHMENTS ACROSS NORTH AND WEST YORKSHIRE.**







# Combined Cadet Force

**Want to learn to sail, learn to live in the field, to shoot, complete an obstacle course, experience adventurous training and expeditions, learn to glide and experience flying, and alongside all of that, make an incredible group of friends?**

**The CCF offers life changing experiences that no other extra-curricular activity can match. Joining the CCF provides so many opportunities to challenge yourself, develop your skills, and work as part of a team.**

**There are CCF contingents in over 500 secondary schools all over the UK, offering young people a broad range of challenging, exciting, adventurous and educational activities. Their aim is to enable the development of personal responsibility, leadership and self-discipline. Each CCF is an educational partnership between the school and the Ministry of Defence, and a CCF may include Royal Navy/Royal Marines, Army or Royal Air Force sections.**

**CCF units in schools give young people the life skills and self-confidence to take charge of their lives so they can reach their full potential at school and beyond, including in employment.**

**Each CCF is formed of sections from one or more of the Royal Navy/Royal Marines, Army or the Royal Air Force.**

## **CCF Locations**

**Combined Cadet Force contingents exist in schools around the UK, and are open to pupils at that school. If your school does not have a CCF contingent, but you are interested in finding out more about the cadets, there are Sea Cadet, Army Cadet and Air Cadet units in the local community, which are not tied to a specific school.**



**The best  
experiences  
of your life  
are waiting**

**Don't miss this opportunity  
to enhance your career prospects.  
Don't delay, act now.**





**Sea Cadets is a national youth charity, offering a different kind of adventure for 10 to 18 year olds, helping them to launch well in life today.**

**Sea Cadets makes exploring the world and who you want to be safe and exciting**

**Sea Cadets aim to give young people an experience that will help them grow into the person they want to be in a safe and friendly environment. Through various activities and adventures, you learn teamwork, respect, loyalty, self-confidence, commitment, self-discipline, honesty and how to be the best version of yourselves.**

**Part of the Sea Cadets family, Royal Marines Cadets enjoy all the exciting activities on water that Sea Cadets do, as well as branching off into serious adventure training too. Specialising in orienteering, field craft and weapons handling is what makes Royal Marines Cadets unique and you can join from the age of 13 to 18.**

**To find your local Sea Cadets Unit please visit [www.sea-cadets.org/units](http://www.sea-cadets.org/units)**



# SEA CADETS

**12-18 YEARS OLD?  
WANT TO TRY SOMETHING NEW?  
WANT TO BE PART OF A TEAM?  
BELONG  
BUILD YOUR FUTURE?**





**Yorkshire Young Farmers is led by young people, for young people, the age frame to be a member is 10 to 28 years old. The clubs, district and county also rely on members out of age to help with the running of meetings and events. But the voice they all listen to and want to hear is the members.**

**Young farmers is a fantastic opportunity for young people. It is an organisation that is like no other. It gives young people the fantastic opportunity to meet lifelong friends, learn new skills, make a real difference to the local community and even travel the world!**

**Yorkshire Federation Of Young Farmers Clubs are always recruiting new members, and you don't have to be a young farmer to join their fantastic organisation.**

**The clubs plan a wide variety of activities that everyone can enjoy.**

**Why join your local Young Farmers Club?**

**Young Farmers or YFC is a fantastic organisation.**

**Across Yorkshire alone, they have 45 clubs, so your never too far away from your closest club.**

**Whether you are interested in farming or agriculture, or not – that doesn't matter.**

**YFC is open to everyone, who has an interest in everything from: arts & crafts, cookery, visits to local businesses, cinema & bowling, sports, raising money for charity, public speaking, competitions and SO MUCH MORE!!!  
Learn and develop new skills, meet friends for life, and have a good time!**

**Visit [www.yfyfc.org.uk](http://www.yfyfc.org.uk) to find out more about Young Farmers & how to join your local club.**



**YORKSHIRE FEDERATION OF YOUNG FARMERS' CLUBS**





The Pony Club is the world's largest equestrian youth organisation, with over 30,000 Members in the UK alone. Become a Member to improve your riding, horsemanship and take part in a huge range of sports and activities, whilst developing vital skills!

They have over 300 volunteer-led Pony Club Branches across the UK, together with nearly 400 Riding Centres who are linked to The Pony Club.

They all have a shared passion for horses and ponies so you can enjoy time with like-minded people doing a huge range of activities.

Whether or not you have your own horse or pony, they have a membership option for you! Check out the different membership categories on their website [www.pcuk.org](http://www.pcuk.org) to find what suits you best and find your nearest Pony Club centre.

For anyone who doesn't have access to a horse/pony  
You can go to a local Pony Club Linked Riding Centre to take part in Pony Club activities







# RDA



At Riding for the Disabled Association (RDA), they improve lives through the unique bond between people and horses. Each year, they support over 25,000 disabled children and adults through activities including riding, carriage driving, and non-ridden experiences such as Quiet Corners and Tea with a Pony.

They are pioneers in the therapeutic use of horses, leaders in disability sport, and the only major UK charity focused specifically on the health and wellbeing benefits of bringing people and horses together.

Their innovative programmes improve mobility, boost physical health and mental wellbeing, build confidence, and teach new skills. This is all made possible by over 13,700 volunteers, 1,700 qualified coaches, 2,800 equines, and more than 450 RDA centres.

They welcome people of all ages and abilities, including those with physical and learning disabilities, sensory impairments, long-term health conditions, and neurodiversity. With 24% of the UK population classified as disabled, they make a lasting impact through the therapeutic power of horses.

Their groups work across the UK, from cities to rural areas, bringing the joy and benefits of horses to as many people as they can.

Their life-changing work is supported by generous donors, dedicated volunteers, and the amazing horses that make it all possible.

To register your interest and find out more please visit [www.rda.org.uk](http://www.rda.org.uk)







**SCOUTS** EXPLORERS

**Jump in and get muddy. Give back and get set. Scouts ignore the butterflies and go for it, and soon so will you.**

**Preparing young people with skills for life  
Everyone is welcome at Scouts. Every week, they help almost half a million people aged 4-25 develop skills for life. Are you ready to join the adventure?**

**What do Scouts do?**

**Scouts is where young people make new friends, have amazing adventures, and learn new skills.**

**Scouts are do-ers and give-it-a-go-ers.**

**Yes, they go camping, hiking, swimming, abseiling, cycling and canoeing.**

**But, they also get to hang out with their friends every week – having fun, playing games, working in a team and taking on new challenges.**

**Every week they give almost half a million 4-25 year olds the skills they need for school, college, university, the job interview, the important speech, the tricky challenge and the big dreams: the skills they need for life.**

**Everyone's welcome at Scouts.**

**All genders, races and backgrounds. Regardless of your physical ability – there's a Scout adventure out there waiting for you. And they will help you find it.**

**Sign up online by visiting [www.scouts.org.uk](http://www.scouts.org.uk) to discover your 'thing': from archery to coding to the performance arts and everything in between.**







 **Rainbows**

**Brownies**



 **Rangers**

By girls, for girls, powered by volunteers  
Girl Guiding give over 300,000 girls from 4–18 a space just for them.

A space where they can try lots of activities from crafting to camping, sports to inventing.

There's something for every girl to explore.

Girls can do anything. And Girl Guiding help every girl discover this for herself.

Whether you would like to join Rainbows (4–7), Brownies (7–10), Guides (10–14) or Rangers (14–18), you can start your Girlguiding journey by visiting [www.girlguiding.org.uk](http://www.girlguiding.org.uk)

At Girlguiding, they want everyone to feel welcome and have an equal sense of belonging.

They want to see an equal world where all girls feel happy, safe and can enjoy fulfilling lives.

So, they encourage them to think big and be bold – each in her own way.  
They help girls know they can do anything.

They value and celebrate the different experiences of their members.

They are proud to welcome people from all backgrounds including individuals with disabilities, LGBTQ+ people, people of colour and those of all religions or philosophical beliefs and none.







**Wherever you're at, whatever else you've done up until now, if you're between 14 - 24, The Duke of Edinburgh's Award (DofE) is for you.**

**This is for the gamers, skaters, bikers and bakers. The dress-makers, film-makers and change-makers. The just-out-of-bedders, wheelchair-racers, dancers, DJs and none-of-the-abovers.**

**Whoever you are, this is you and your friends sharing amazing experiences, having fun and just maybe changing your futures along the way.**

**The DofE helps to turn the things you love, and the things you've always wanted to try, into powerful lifelong skills that can help you get a job, change your community and take on anything life throws your way. And yes, there's going to be a bit of camping involved.**

**A DofE Award is not just a prestigious Award much desired by colleges, universities, and employers. It's recognition of the huge effort you've put in to doing it, the people you've helped and the skills you've learnt along the way. Be proud. Be an Achiever!**

**To find out more visit [www.dofe.org](http://www.dofe.org)**







# Volunteer Police Cadets

Develop your volunteering and personal development opportunities through the Volunteer Police Cadets.

Have fun, exciting experiences and learn about policing.

North Yorkshire Police Volunteer Police Cadet scheme is open to young people aged 13 to 18.

As well as having fun, being a cadet is a great way to: meet new people, take part in loads of activities, gain new skills and experience, get involved in your local community and make a difference, learn about policing.

### What's involved?

Cadets meet for two hours on a weekday evening during term time. Cadet nights include:

learning about policing duties and skills, and basic law  
physical activities  
drill.

Additional events will also be arranged, some in conjunction with our surrounding forces.

After completion of your 12-week induction training you will attend a passing out parade where you will take the cadet oath. Your family and friends will be invited as guests.

You will also get to meet different departments within the police service such as local policing teams, the Dog Section, Firearms Unit, Roads Policing and Crime Scene Investigation units.

### Activities

In addition to the weekly training night, cadets are expected to volunteer at least three hours per month contributing towards local community policing objectives such as: assisting with local community events such as fairs, town shows, carnivals and other local events assisting the local Neighbourhood Policing Teams through leaflet drops, crime prevention initiatives, community safety events and street surveys, helping as role-play volunteers in the training of student police officers and special constables.







# NORTH YORKSHIRE FIRE & RESCUE SERVICE

Fire Cadets is an evening based youth course which runs at fire stations across the county, this is a 2 year course which is funded by parents, carers and guardians where cadets complete theory and practical activities in line with the National Fire Chiefs Council Fire Cadet scheme.

The course is delivered by experienced and competent fire & rescue service staff. Completion of this course results in each cadet being awarded a BTEC Level 2 in Fire & Rescue Services in the community

The recommended start age for this course is 13 or 14

During the duration of the course cadets will cover:

- The structure of Fire & Rescue services
- How to safely work at height
- How to operate pumps and hose
- Respond to fire service scenarios
- Learn about teamwork and leadership
- Create and deliver community safety campaigns

For cadets there will also be opportunities to assist with charitable events, community safety events, visits to other fire stations to look at different equipment and talks and discussions from other parts of the service such as business fire safety and control room operations.

Please note places for courses are limited and do not run at all fire stations. As schemes are launching they will be publicised on the North Yorkshire Fire social media channels, we encourage you to follow these to keep up to date with information.

Visit [www.northyorkshirefire.gov.uk/your-safety/youth/fire-cadets](http://www.northyorkshirefire.gov.uk/your-safety/youth/fire-cadets) to find out more.







**St John  
Ambulance**



**CADETS**

The St John's Ambulance Cadet programme gives young people aged 10-17 the opportunity to meet new people, learn new skills and build their confidence! Cadet groups typically meet once a week in the evening during school term time, where Cadets engage in fun activities to learn vital skills and develop lifesaving first aid knowledge.

The Cadet programme offers Cadets exciting opportunities, covering various topics and activities, including:

- Learning first aid, and the opportunity to practice these skills by volunteering at events

- Engaging in social action and helping your local community

- Learning about health and wellbeing

- Developing your confidence and communication skills through their additional Cadet Leadership courses

- Becoming a Peer Educator and helping to teach others first aid

- Enjoying a wide range of adventurous activities on a residential camp

These activities equip young people with essential skills like first aid, communication, teamwork, and leadership, fostering confidence, resilience, and critical thinking.

Within the Cadet programme, Cadets can work towards their Grand Prior's Award by completing 16 subjects. These subjects range from emergency planning, to patient care, leadership & teamwork, healthy relationships, and adventure skills – just to name a few! When all the aims and objectives within the subject are completed, it counts toward their Grand Prior's Award Total. Throughout the year, Cadet units run award ceremonies in their units to celebrate each Cadet's achievements.

And after completing their Grand Prior's Award, Cadets have further opportunities to develop their skills, such as in helping to plan and lead their weekly meeting sessions!

Many Cadets join St John Ambulance to gain relevant experience before pursuing a career as a paramedic or health care professional. With so many different activities to get involved with, there is something for everyone.







the **GIRLS'**  
**BRIGADE**  
ENGLAND & WALES



**Girls Brigade Ministries are passionate about helping girls and women to explore and engage with real life and the Christian faith in fun, informative and hopeful ways through a wide range of activities.**

**View their full range of activities including local community groups, leadership training, faith retreats, conferences, and award programmes online by visiting [www.girlsbrigadeministries.org.uk](http://www.girlsbrigadeministries.org.uk)**

**They have around 450 Girls Brigade community groups in England and Wales, around 9,000 girls and young women (primarily) and more than 2,000 volunteer leaders.**

**Visit [www.girlsbrigadeministries.org.uk/find-a-group](http://www.girlsbrigadeministries.org.uk/find-a-group) and search their map to find a Girls' Brigade group near you, then fill out the online form to join.**







**THE BOYS' BRIGADE**  
> the adventure begins here



Boys Brigade provide opportunities for children and young people to learn, grow and discover in a safe, fun and caring environment which is rooted in the Christian faith.

Over 20,000 children and young people get involved every week.

There's something for every young person whether it's camping or kayaking, first aid or five a side, music or crafts.

The Boys' Brigade is open to children and young people aged from 5 to 18, of any faith and background. Whilst some groups are for boys only others are open to boys and girls through membership of The Girls' Association.

More information about The Girls' Association and Boys Brigade is available on the website [www.boys-brigade.org.uk/girls-association](http://www.boys-brigade.org.uk/girls-association)

The best way to get involved is to find your local group (also known as a 'Company') by using the 'Find a Group' tool, on the website [www.boys-brigade.org.uk/find-a-group/all](http://www.boys-brigade.org.uk/find-a-group/all) you need is your postcode and you'll be given a list of your nearest groups.

You can also get in touch by completing the online contact form or just pop along on the day and time the group meets.

### JOIN THE ADVENTURE TODAY!



**ANCHORS** >

5-8 years



**Junior** >

8-11 years



**Company** >

11-14 years



**Seniors** >

14-18 years



SHERBURN IN ELMET BIRKIN  
CARLTON THORPE BARLBY  
SNAITH WILLOUGHBY CAWOOD  
RAWCLIFFE HAMBLETON  
WISTOW SOUTH MILFORD BUBWITH  
ULLESKELF BURN  
MONK GATEFORTH THORLBY  
FRYSTON THORPE  
SAXTON  
BARWICK IN ELMET NORTH DUFFIELD  
HENSALL  
RICCALL CAMBLESFORTH HEMMINGBROUGH  
CHAPEL HADDLESEY  
DRAX SOUTH DUFFIELD BIGGIN  
KELFIELD  
ESCRICK BARLOW  
CHURCH CROSSHILLS BRAYTON  
FENTON CLIFFE OSGODBY  
BURTON HILLAM SKIPWITH CARLTON  
SALMON  
STAINFORTH  
EGGBOROUGH BROTHERTON KELLINGTON  
BARKSTON  
ASH TADCASTER